

W I C NEWS



August 1995

S
-
L
V
E
R

J
U
B
I
L
E
E

1
9
7
0

-

1
9
9
5

Dear Members,

Twenty Five and Never Felt Better captures the spirit of our club at the time of my induction; and I am both honoured and delighted to be at the helm in this anniversary year.

Being at the helm is one thing, but of course it is the combined energies of the committee that nurture and ripen the fruits of success, and I am blessed with a most admirable team.

During my tenure we shall address the following matters which I know are on members' minds :

- to celebrate the silver jubilee in style; and this will culminate in a theatre dinner party on November 15th—make a note in your diaries to be free on that evening.
- to review the constitution to resolve, if possible, the conflict between length of membership and the need for space to introduce annually new, vibrant blood.
- to harness more actively the energies of members to maintain or even

improving the standard of speakers and performers at monthly events.

- to establish a wider range of optional venues for monthly events, by encouraging all members with suitable homes to throw open their doors; catering must not be a bar.

- to introduce a silver anniversary memento; by popular (committee) decision, this will be a stiff cover note pad.

- to review the shape and timing of the club year, with a view to changing it to start in May, with the first programme in September, rather than April and August (when many are away).

Though things go quiet as the mercury soars, I can assure you that the circle leaders have been hard at

work polishing their programmes and there are lots of treats in store.

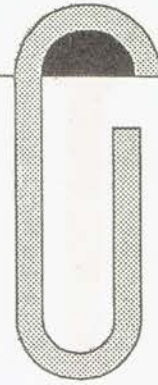
And lastly, may I wish you all a most healthy, enjoyable and active jubilee year.

Warmest wishes,

—Annie Howard



Editor's Note!



Dear Members,

I write to you today, as your newsletter editor. Since I have literally grown-up with in the club, most of you know me. I am thrilled that I have the exciting task of putting the news-letter together, and I hope that I will be able to fulfill this task well.

This is a very important year for us all. And truly stands as a fine example of International brotherhood, with twenty-five years of rich cultural exchanges under the WIC umbrella.

HERE'S TO ANOTHER 25 YEARS! CHEERS!

In keeping with the Silver-Jubilee Spirit, I intend to start a "SHARE A THOUGHT" page, where I invite you all to write in and share your thoughts, experiences, anecdotes etc. that may have left lasting impressions on you or your families. I eagerly await your contributions.

Now, let's get down to some business.

1. I would like to remind members to please, pay up their dues. Since our membership chairperson, Mrs. Josefina Young is away, Mrs. Aruna Verma has very kindly agreed to take in the membership fee at the August General Meeting.

2. Mrs. Annie Howard has been approached by SAVE THE CHILDREN SOCIETY TO TRY and help out a young seventeen year old boy, suffering from terminal cancer. His greatest wish is to enter the GUINNESS BOOK of Records as the person who collected the greatest number of Business cards.

So, on behalf of our club, we appeal to you all to assist in making Graig's dream come true. The card may be sent to Graig Sherwood, Make a wish Foundation, Atlanta, Georgia-30346 (U.S.A.)

And do remember—only ONE CARD PER COMPANY is permitted.

May I request those of you who will write in your thoughts, stories, recipes, information etc., to do so within the first week of each month. This will enable me to edit everything at a relaxed pace, to produce an interesting news-letter.

I thank you and wish you all the very best. Have a super year.

Surinder Dugal Jain

—Sinia Jain.

GENERAL MEETING

Wednesday, August 9, 3 p.m. at the Ashok Hotel, Convention Hall.

Dr. Vimla Rajan will give a lecture on Cosmetic Surgery. Her talk will be accompanied by slide projections. Dr. Vimla Rajan is a member of WIC since 1985 and she has specialized in cosmetic work for many years. She is going to talk to us about various aspects of this field. We look forward to a large gathering at the meeting, since I'm sure we are all keen to learn about remaining "The Young and The Beautiful!"

Cultural

Tuesday, 22nd August 3 p.m.
D-812, New Friends Colony

Prof. Dr. G.N. Pant, Director/Pro-VC, with The national Museum Institute of History of Art, Conservation and Museology will give a talk on Indian Mughal Miniature paintings with specific emphasis on the Babur-Nama. This is the bio-graphy of the first great Mughal Emperor and I am told has been illustrated by Akbar himself.



Dr. Pant has many published books to his credit with a number of awards, medals and distinctions. This promises to truly be a cultural encounter of a special kind!

Focus

Tues. 29th August 10.30. a.m.
Bungalow 5 British High Commission



How Families cope with changing times! in dealing with adolescents, teenagers and Adults. A subject that is constantly on everyones mind. With a desire to understand and accept on both sides. Dr. Rani Goklaney, Psychiatrist and family counselor will speak on the above mentioned subject.

The Visual Arts

Tuesday, 8th August 3 p.m.,
63, Friends Colony (East)

What is design and what is the role of a designer in society Today? Design, dear friends, is a way of life. Laws are designed to keep society from living in a state of chaos, thus allowing us to maintain an acceptable pattern in our lives.

Gopika Nath, a textile designer and a member, will talk and explain about professional design and designers.



Garden & Gourmet

Sorry folks no GARDEN OR GOURMET this month, but to keep your heels cool in this hot, humid and (hopefully) wet month here are a few tips for the "Garden" and an interesting recipe of a cold Spanish Soup for "Gourmet".

Regarding Gardening in August

So long as the monsoons last, irrigation of all plants in the garden may be restricted.

Chrysanthemums : Final potting must be done by the end of the month and plants should be firmly stalked.

Climbers and creepers : including bougainvilleas, may be pruned wherever necessary.

Lawns : The blades of the grass cutter should be raised and no watering is required provided the rains continue.

Roses : If necessary you may start planting roses the end of the month.

Shrubberies : Wherever necessary, excessive growth of vigorous plants may be pruned carefully.

Vegetables : Cauliflower, cabbage, tomato, celery, lettuce seeds may be sown now. Sow small rows of lettuce at 10-day intervals for succession.

Winter Flowers : First sowings of hardy annual such as aster, phlox, salvia, calendula, cineraria, may be made.

Gourmet

Cold Gaspacho Soup. Serves 4 to 6

Crush together

1 to 2 cloves garlic

1 teaspoon salt

Add

2 tablespoons olive oil

5 tomatoes cut in pieces

1 chopped onion

1 chopped cucumber

½ chopped capsicum

½ teaspoon pepper

¼ teaspoon chilli powder

2 cups chicken stock

1 tablespoon worcestershire sauce

Mix all the ingredients together and let stand for 1 hour. Then put in a food processor or a blender. Taste and add more salt or spices as desired and chill. Divide into 4 to 6 bowls adding a cube of ice in each bowl when ready to serve. Pass around chopped cucumber chopped capsicum to each of your guest and if desired serve with melba toast.

Happy eating!



Excursions

During the hot and sultry season one can but sit in cool comfort inside with air conditioners, curtesy D.E.S.U. ?!, and long live the generators.

Now is time for "dining-table" travel, so while you are musing, train your mind on Khajuraho.

The temples of Khajuraho are one of India's major attractions. They are a legacy of the Chandelas, a Rajput dynasty that ruled Central India from the tenth to the twelfth centuries. Twenty of eighty-five temples have survived to astonish one with their unearthly beauty, and to sometimes shock one with their earthy sensuality.

The temples are superb examples of Indo-Aryan architecture but it is the stone work which has made the temples at Khajuraho so famous, the sculptors have shown many aspects of Indian life with two themes repeating themselves—women and sex. A most frequently asked question is "why are there so many erotic images?" A simple explanation could be that the Khajuraho sculptors were representing life as it was viewed by their society at that time. The carvings could also be seen as a joyous celebration of life.

Another intriguing aspect of the temples is why and how they were built in such a remote place Khajuraho is far off the beaten track now, but it was not so in the days of the Chandela empire which covered vast tracks of the Central India.

Today, large numbers of visitors come to Khajuraho in the first week of march for the dance festival. It lasts ten days and attracts the best dancers and singers in the country who perform with the temples as a spectacular backdrop. Maybe it would be most oppurtune to visit Khajuraho at that time.



Book Circle

They Say The early bird gets the worm. So go out, all you birds and get these books, early! To read and enjoy them. In preparation for exchange of ideas and discussions.

The list of books is as follows :

1. Sept. **Knickerwallahs, Silly Billies and Other Curious Creatures.**
By : Mani Shankar Aiyer, M.P.
2. Oct. **Battle Cry of Freedom**
By : James M. McPherson.
(Available with Bina Deogan.
Rs. 320/- Per copy).
3. Nov. **The Road From Coorain**
By : Jill Kerconway.
4. Dec. **Palace Walk**
By : Naquib Mahfouz
5. Feb. **Strange Pilgrim**
By : Gabriel Garcia Marquez.
6. Mar. **Tragedy of Errors**
By : Tavleen Singh.
7. April **Modern Times : A History of the World from 1920 to 1990s.**
By : Paul Johnson.

The above mentioned books should be available at Bahri's in Khan Market. If not, then please contact the book Circle leaders Vinu Baig, Nancy Gooch or Anne-Scott Morey.

The Film Circle



To celebrate the American Film Century, The USIS is showing award-winning films at the USIS American Centre.

WIC has a confirmed reservation for 25 seats for 16th August. When "The Unforgiven" (A recent film of 1992) will be shown at 3 p.m. However, from the 1st to the 16th August there will be two shows (3 p.m. & 6 p.m.) for the public of the following films :—

- | | |
|--------------------------|------------------|
| 1. Wings (A Silent Film) | 2nd Aug. |
| 2. Gone with the Wind | 3rd Aug. |
| 3. Laura | 4th Aug. |
| 4. American in Paris | 5th Aug. |
| 5. Psycho | 7th August |
| 6. Rocky | 8th & 12th Aug. |
| 7. Alien | 9th & 14th Aug. |
| 8. The Unforgiven | 10th & 16th Aug. |

Should members wish to attend on any of these days they can make prior reservations by calling Sigrun Srivastava at 646 8908.



List of Members who were inducted on 10 April 1995

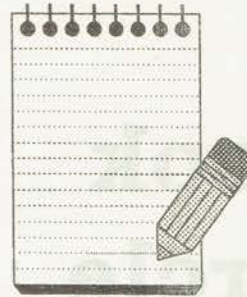
- | | |
|---|--|
| 1. Mrs. Awatif Ali Sharif,
(Amb. Mohammad Bashir)
Sudan * 10/4/95 | 3 Shantipath,
Sudan Embassy,
New Delhi - 110021
Tel : 6870082 |
| 2. Mrs. Elita Sagala,
(Maruli Tua)
Indonesia * 10/4/95 | C-8/5, Vasant Vihar,
New Delhi
Tel : 6874029 |
| 3. Mrs. Carmen Menchu
Pascual (Alfredo. E.)
Philippines * 10/4/95 | A-53, Vasant Marg,
Vasant Vihar,
Tel : 6113739 |
| 4. Mrs. Laila Nelson,
(Ridley)
Afgn/American * 10/4/95 | 24, Jor Bagh,
New Delhi
4618336 |
| 5. Mrs. Nelly Mirkasymova,
(Amb. Surat)
Uzbekistan * 10/4/95 | D-4/6, Vasant Vihar,
New Delhi - 110057
Tel : 6803334 |
| 6. Mrs. Nancy Gooch,
(Amb. Stanley)
Canadian * 10/4/95 | 4 Aurangzeb Road,
New Delhi - 110011
Tel : 3792137 |
| 7. Mrs. Angel H. Berry,
(John F.)
Filipino * 10/4/95 | 19, Sunder Nagar,
New Delhi
Tel : 4618870 |
| 8. Mrs. Amele Bereksi,
(Abdel Hamid)
Algeria * 10/4/95 | 23 Kautilya Marg,
New Delhi
Tel : 3792558/
3792347 |
| 9. Mrs. Jenniffer, Sikazwe
(Amb. I.C.B.)
Zambia * 10/4/95 | 7 Panchsheel Marg,
Chanakyapuri,
New Delhi
Tel : 3013400 |

Fare-well to members

We wish Mrs. Sarah Salama and Her family Bon Voyage, and every success for the future.

We wish Jennifer Sikazwe bon voyage and are sorry to lose her so quickly.

We wish Ferooz Ragalini Bon-Voyage and the very best for the future.

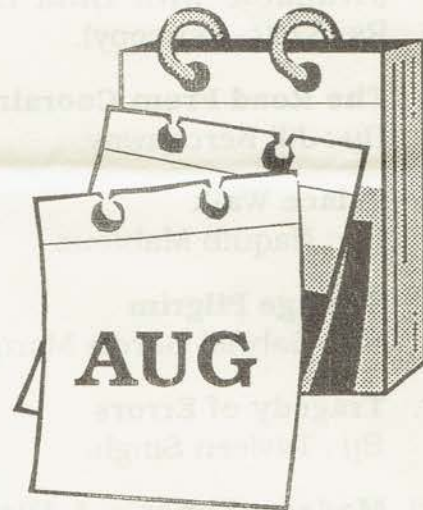


Notes

We are delighted to have Bapsi safely back in our midst after her travels to UK and the USA, where she met old members Robina Arbuthnott and Chandranee Newoor, both of whom are in good health and wished to be remembered to members of the club.

We wish Barbara Bryska, Darshan, Inderjit Singh & Mona Aggarwal a speedy recovery come back soon amongst us.

KINDLY NOTE THAT THE PERFORMING ARTS, FILM FOLK DANCE AND MUSIC, YOGA AND CHORUS GROUPS WILL WRITE IN THEIR PROGRAMMES AS AND WHEN THEIR PROGRAMMES ARE FINALIZED.



Govt. of India Holidays

- | | |
|----------------|------------------|
| 1. 10th August | Id-UI-Milad. |
| 2. 15th August | Independence Day |
| 3. 18th August | Janam Ashtami. |

WIC Executive Committee 1995-96

Annie Howard	President
Bina Deogan	1st Vice President
Chrysanthe Epaminondas	2nd Vice President
Prem Gupta	Secretary
Connie Gupta	Treasurer
Harash Kapur	Hospitality
Josefina Young	Membership
Surinder Dugal jain	News Letter

Circle Leaders for 1995-96

Book Circle	Vinu Baig	6835801
	Nancy Gooch	3792137
	Annie Scott-Morey	4610556
Performing Arts	Prama Bhandari	6862807
	Jennifer Sikazwe	3013400
Excursions	Sarabjit (gugu) Singh	3291788
Cultural	Mona Aggarwal	3293824
	Maggie Kenward	6436288
	Gisela Elias	384188
Focus	Rupa Sahni	4619553
	Ina van der Struik	6118580
	Sandra Maxwell	4618510
Gourmet and Garden	Bapsi Nariman	6862980
	Kiki Theophilou	6874892
Films	Sigrun Srivastava	6468908
	Frenny Billimoria	6882520
Yoga	Indu Sahni	6841840
Indian Folk	Usha Ventateswaran	2250730
music & dance	Kavita Ratra	012832244
Visual Arts	Shakti Gupta	6913136
	Sudarshana Singh	6844204
Chorus	Zora Shaw	6960198

Desiderata

Go placidly amid the noise and haste and remember what peace there may be in silence.

As far as possible without surrender, be on good terms with all persons.

Speak your truth quietly and clearly; and listen to others, even the dull and ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexatious to the spirit.

If you compare yourself with others, you may become vain and bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans.

Keep interested in your career, however humble; it is a real possession in the changing fortunes of time.

Exercise caution in your business affairs; for the world is full of trickery.

But let this not blind you to what virtue there is; many strive for high ideals; and everywhere life is full of heroism.

Be yourself.

Especially do not feign affection.

Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass.

Take kindly the counsel of years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune.

But do not distress yourself with imagining. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you perceive Him to be, and whatever your labours and aspirations, in the noisy confusion of life keep peace with your soul.

With all the sham, drudgery, and broken dreams, it is still a beautiful world.

Be careful.

Strive to be happy.

(found in Old St. Paul's Church, Baltimore, dated 1692).