

W I C NEWS

DECEMBER 1995

Dear Members,

From the heart of India - remotest Kawardha, Madhya Pradesh, re-charging our batteries before the silver jubilee celebrations and amidst the thunder, illumination and magic of Diwali - I send you early greetings for the Christmas festive season.

This is the country of Beghas and Gonds, the ancient tribals who still have a niche in the Maikal hills, though it gets more precarious with each passing year. It does the heart good to see how elegantly, if simply, and spotlessly cleanly these people live in their primitive dwellings, at one with nature.

How fortunate, and grateful, we are to have the freedom to get away like this and to be able to explore the rich tapestry of this ancient land.

Thank you for your support over the amendments to the constitution. It will be reprinted shortly, as also will the membership directory - and the latter will incur a charge of Rs.30/- to help defray printing costs. The directories will be on sale shortly at general and circle meetings.

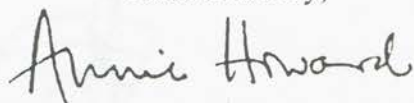
I am delighted to announce that Komal Dhindsa has been accepted as W.C.I. Liaison Member. Peggy Sood also volunteered, but in view of other heavy commitments, was content for Komal to take up this challenge unopposed.

I feel rather sheepish about revealing that we shall be tripping off yet again and not be here for Christmas, but in the British way of things, this is the prime occasion in the annual calendar for family gatherings, and we shall be going to UK on 16th December and returning after about three weeks. So I must wish you all a Happy and Healthy New Year also.

I wonder if there is a public spirited soul out there who would care to donate a carousel slide projector to our club. We use these so regularly that it seems silly to hire one each time.

And finally, if anyone has any bright suggestions for 1996 and how we might do things better, do let us know.

Yours sincerely,



Annie Howard
President

EDITOR'S NOTE

Well, we will be into December soon. The time has really flown by. The busy and festive month of October has set the mood for the Christmas and New Year celebrations. But before that, the heat is on for the Silver Jubilee function with feverish activity on various fronts and the occasional nervous knot in the stomach.

I would like you to please note that there is a special program on the 18th of November - which is mentioned separately - as well as another slip with an important message on it. Do read these carefully.

Finally, a very Merry Christmas and a Happy New Year to you all.

From your Editor,

SURINDER DUGAL JAIN



GENERAL MEETING

**WEDNESDAY, DECEMBER 20TH AT 3.00 PM
AT THE RUSSIAN EMBASSY, SHANTI PATH**

We bring you an afternoon of Russian Songs and Music, to usher in the Festive and colorful season of Christmas and New Year. A wonderful way to end the year in friendship and good cheer.





EXCURSION IN DECEMBER

TUGHLAKABAD FORT FRIDAY, DECEMBER 1 - 10.00 AM OUTSIDE INDIA INTERNATIONAL CENTER

Delhi is a fascinating city, and more so an incredible capital. It has been a seat of successive governments for more than 2000 years. Some of the kings chose to build new capital townships - and one of them was Tughlakabad founded by the rulers of the Tughlak dynasty in the 13th century.

Tughlakabad Fort is situated a few kilometers from the center of Old Delhi at the foot of the Aravalli Hills. Departure to the Fort will be from the India International Center at 10.00 am and we should be through by lunch time, so please be there a few minutes before ten and bring a picnic lunch if you wish to stay on and savor the "old world" charm a while longer.

FOCUS

**TUESDAY, DECEMBER 5 AT 10.30 AM
AT THE HOME OF SANDRA MAXWELL
16-B AMRITA SHER GILL MARG, PHONE : 4618510**

Mrs. Pepita Seth, our Speaker, will be talking to us about the Royal families of Kerala. She will illustrate her talk with tales and anecdotes.

This promises to be a scintillating program!

LIMITED TO 35 LADIES ONLY!



VISUAL ARTS



WEDNESDAY, DECEMBER 6 AT 3.00 PM
AT THE HOME OF HARASH KAPUR
3-B MATHURA ROAD, JANGPURA EXTN -B, PHONE : 4615048

Ms. Donna Elmandorf, a photographer-journalist is going to share her numerous experiences with us. Donna is a very widely traveled lady and would have unlimited tales to tell. We are certainly looking forward to having her.

LIMITED TO 30 LADIES!



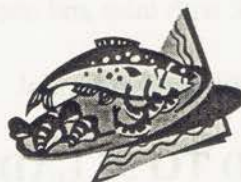
GARDEN AND GOURMET

THURSDAY, DECEMBER 7 AT 3.00 PM
AT THE HOME OF CHRYSANTHE EPAMINONDAS
18 FRIENDS COLONY WEST, PHONE : 6830153

The Embassy of Greece and the High Commission of Cyprus come together to demonstrate how to make and then share with us typical Christmas eats from their countries.

Come, see, learn and then add these goodies to your Christmas collections!

30 TO 40 LADIES ONLY!



PERFORMING ARTS

**MONDAY, DECEMBER 11 AT 3.00 PM
AT THE HOME OF NEENA MALHOTRA
26 GOLF LINKS, PHONE : 4693202, 4619395**

A talk on Thakalis by Asha Chopra. The Thakalis are most interesting people of the Himalayan region, who have over centuries passed on the tradition of painting Thankhas with vegetable dyes.



We have a limit of 30 ladies to this most interesting program.

YOGA

**TUESDAY, DECEMBER 12 AT 10.30 AM
AT THE HOME OF KOMAL DHINDSA
40 GOLF LINKS, PHONE : 4619137**

It's time to repair any damage due to the overindulgence during Diwali, and at the same time be prepared for the fresh onslaught of the Christmas goodies!

- (1) Let the yogic Stomach Asanas for the toning up of the digestive system - keep our tummies tucked in.
- (2) We shall then recharge ourselves with simple Pranayam.
- (3) Cool off with Shavasana (dead body pose)

WIC Executive Committee 1995-96

Annie Howard	President	4631143
Bina Deogun	1st Vice President	6832736
Chrysanthe Epaminondas	2nd Vice President	6830153
Niru Kapur	Secretary	6415855
Connie Gupta	Treasurer	4618459
Harash Kapur	Hospitality	4615048
Josefina Young	Membership	678593
Surinder Dugal Jain	News Letter	4699448

Circle Leaders for 1995-96

Book Circle	Vinu Baig	6835801
	Nancy Gooch	3792137
Performing Arts	Annie Scott-Morey	4610556
	Prama Bhandari	6862807
Excursions	Lakshmi Chandra	68885545
	Sarabjit (Gugu) Singh	5563788
Cultural	Nancy Gooch	3792137
	Mona Aggarwal	3293824
Focus	Maggie Kenward	6436288
	Gisela Elias	3384188
Gourmet and Garden	Rupa Sahni	4619553
	Ina van der Struik	6118580
Films	Sandra Maxwell	4618510
	Bapsi Nariman	6862980
Yoga	Kiki Theophilou	6874892
	Sigrun Srivastava	6468908
Indian Folk Music & Dance	Frenny Billimoria	6882520
	Indu Sahni	6841840
Visual Arts	Indra Rani Jerath	6470560
	Usha Venkateswaran	2250730
Chorus	Kavita Ratra	012832244
	Shakti Gupta	6913136
	Sudarshana Singh	6844204
	Zohra Shaw	6960198

MONTH AT A GLANCE

CIRCLE	WHAT	WHEN	WHERE
✓ General Meeting	Festive Songs and Music of Russia	Wednesday, Dec. 20, 3.00 pm	The Russian Embassy Shanti Path
Excursion	Tughlakabad Fort	Friday, Dec. 1 10.00 am	To meet outside India International Center
Focus	Pepita Seth - Tales & Anecdotes on Royal Families of Kerala	Tuesday, Dec. 5, 10.30 am	Home of Sandy Maxwell, 16-B Amrita Shergill Marg
✓ Visual Arts	Donna Elmandorf Photographer-Journalist	Wednesday, Dec. 6, 3.00 pm	Res of Harash Kapur 3-B Mathura Road
✓ Garden and Gourmet	Christmas Eats from Greece and Cyprus	Thursday, Dec. 7, 3.00 pm	Home of Chrysanthe Epaminondas, 18 Friends Col. West
✓ Performing Arts	Tankha Paintings	Monday, Dec. 11, 3.00 pm	Home of Neena Malhotra, 26 Golf Links
Yoga	Repair System with simple Asanas and Pranayam	Tuesday, Dec. 12, 10.30 am	Home of Komal Dhindsa, 40 Golf Links



MERRY CHRISTMAS & A HAPPY NEW YEAR