



WIC *News*

The President's Letter - December, 1998

Happy Holidays! A Joyous New Year!

Dear Members,

December! And the year has come full circle. All our experiences, joyful and bitter, tragic or gay, will soon be part of the personal history of our lives. It's time to take account: have we measured up as friends, as relations, as citizens....have we done all we can to contribute towards a Brave New World? As the years slip by and hopefully, we all get wiser, the awareness grows that what we are will decide what is to be.

Nineteen wide centuries ago, Jesus Christ was born this month, in an obscure village, the child of a peasant woman. His story still and always will, fill one with the deepest of emotions. I have, in my little shrine, a colored print of Jesus given to me by an adored music mistress, while I was yet a school girl. It has an unforgettable inscription behind it written by James A. Francis, D.D. The beautiful words moved me then and continue to do so with each re-reading.

So while we celebrate with fun and feasting, let us also remember with reverence the occasion for our rejoicing. What Christ advocated nineteen centuries ago, holds firm today and always will.

I hope the first quarter of our Club Year has brought you enjoyment and that you will overlook and forgive any snafus with a true Christmas spirit!

Generous hostess Janet Burns-Walker and Zohra Shaw with her choral group have come together to offer us a delightful Christmas treat at our General Meeting on Wednesday the 9th December 1998.

A very big Thank You from us to you!

All good wishes,

President



General Meeting

9 December 1998

3:00 p.m.

Janet Burns Walker

4 Aurangzeb Road, New Delhi

"A Christmas Sing-Along"

Sing along this Christmas with the Capitol Minstrels under the baton of our very own Zohra Shaw. Listen to the haunting and well-loved melodies. And do come prepared to sing along. Let us all make this a wonderful start to the festive season.

A special request, no guests please.



MERRY XMAS



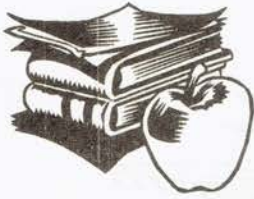
From the Editor

Christmas, is a Christian holiday that celebrates the birth of Jesus Christ. The word Christmas, comes from *Cristes Maesse*, an English phrase that means Mass of Christ. The whole world celebrates Christmas not only for Christians but Non-Christians as well. Christmas is celebrated and remembered for its religious practices like the Advent which represents the four Sundays before Christmas, the Nativity scene displayed during the Christmas season, the dawn masses or Misas de Gallo, the beautiful Christmas carols, the Christmas Mass or midnight mass celebrated on the eve and the whole season ending on the Epiphany or the festival of the Three wise Men or the Three Kings.

Christmas is also a time for giving of gifts, for families reuniting together and having fabulous feasts together, the roast turkey or chicken and the Christmas cake. It is also the time for putting up a Christmas tree, a time to be kissed under the mistletoe, and sending cards to everyone, and a time to receive a gift from Santa Claus if one has been good throughout the year! So I guess Christmas is the season for love, for caring, for renewing ties and friendship, for starting anew, a time for forgiveness, a time for silence and listening to one's spirit and one's God, a time for grace and faith.

A blessed Christmas everyone and a meaningful New Year!

Priscila R. Confiado



Circle Programmes



BOOKS

David Hunt, a retired English Public School master, and natural thespian, is renowned for his recitations from memory of such epic poems as Samuel Taylor Coleridge's "Rhyme of the Ancient Mariner" and "Khublai Khan." He will be in India on schools liaison work in December, and has offered to do the "Ancient Mariner" with explanatory introduction and musical interjections. This will be a sparkling performance, and one not to be missed.

Monday, 7th December 1998, 10:30 am.
At the residence of Mako Lutyens
88 Sunder Nagar,
Tel No. 464-9556/7
Limited to 40 persons



The Salam Balak Trust is one of the premier NGOs working for the rescue and rehabilitation of street and working children. The Trust aims at improving the quality of life of these children by building their confidence and vocational skills, and helping them become productive citizens.

We will meet at the Oak Room of the Park Hotel, where a group of children will present a short play highlighting their concerns. Ms. Praveen Nair, their dynamic Chairperson, will also speak about the work of the Trust.

Thursday, 17th December 1998, 3:00 pm
At The Park Hotel
Limited to 65 persons

An Appeal

It is noted with distress, that members continue to absent themselves, without explanation nor apology, from programmes they have signed for. To discourage this discourtesy, we shall be compelled to publish names.

Members, it is now up to you.....

Recipe for Living

"Shangung" (Nice Smelling Chigong)

Shangung is one of the most effective self healing ancient exercise. It was developed by Chinese Master Tian Rushin after 50 years of meditation. This fifteen minute-exercise, when practiced regularly not only rejuvenates the body, but cures many diseases such as asthma, stomach disorders, heart ailments and other disorders. It can be performed anywhere in a standing, sitting and lying position.

Before introducing Shangung and demonstrating some of these exercises, our own member Sigrun Srivastava will speak on the energy level that surrounds our physical body - its various layers, channels and energy wheels called the Chakras. Pranik Healer Ranjana Ohri will give the clairvoyant view of the contaminated parts of our aura and its effect on the body.

Sigrun Srivastava is a sculptress by profession and has written and illustrated 30 books for children. She is practicing and teaching Pranik Healing, Reiki, Shangung and many other Chinese and Taoist Self-Healing Exercises.

Thursday, 10th December 1998 at 3:30 p.m.
At the residence of Ms. Raj Nanda
4/23 Shanti Niketan, New Delhi
Tel Nos. : 688-4833, 688-2395
Limited to 35 persons



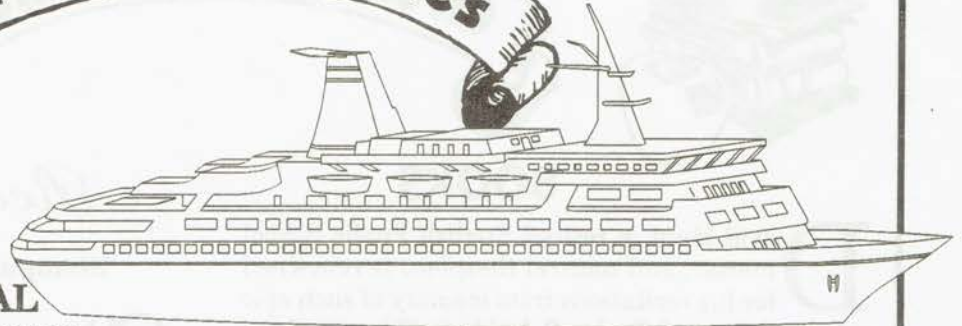
CULTURE/ PERFORMING ARTS

Mrs. Hulya Buluc, wife of the Turkish Ambassador, has kindly agreed to give our Circle a talk on the art of porcelain painting. Mrs. Buluc trained in Brussels, under the guidance of a porcelain painter who supplied painted porcelain to the Royal Belgian Family.

Monday, 14th December 1998, 3:00 p.m.
At the residence of Mrs. Buluc
22 Prithviraj Road,
Tel. Nos. : 301-3612 or 301-6520
Limited to 40 persons



Circle Programmes



INTERNATIONAL CUISINE & GARDENS

Lebanese food is internationally known. The hostess wants to give us a surprise and enjoy the morning with her by giving us a taste of Lebanese cuisine.

Friday, 4th December 1998, 11:30 p.m.
At the residence of Mrs. Viviane Bitar
3 Panchsheel Marg, Chanakyapuri
Tel. No. 687-5817
Limited to 20-25 persons



Excursion

1. "Walking Tour of Mehrauli"

It has been a long time since any of us visited the Qutab Complex. We plan to take you on a walking trip into the past. This area is known as Mehrauli and is approached through Aurobindo Marg. Even as Aurobindo Marg climbs up to the complex, it cuts across the walls of Qila Rai Pithora, a part of the medieval Rajput stronghold of LaL Kot. Then starts our exploring and discovering various sites of the pre-Mughal settlements. We meet at 10:00 a.m. sharp at the car park of the Qutab Minar complex on 11 December 1998.

After the tour (about 2 hours), we have an option of visiting the Ambavatti Complex where you could partake of a sumptuous Thai meal at the Spice Restaurant (discounted for our members at Rs. 200).

Friday 11th December 1998 at 10:00 a.m.
(assembly at the carpark of the Qutab Minar Complex)

2. Seven Days Carribean Cruise"

Seven days Carribean Cruise on Royal Carribean's "Grandeur of the Seas". This ship has a gross tonnage of 7400 tons and a passenger capacity of approximately 2000. Sails from Miami on 12 June 1990 and visits Labadee (Haiti), San Juan (Puerto Rico), St. Thomas-US Virgin Islands and Cococay (Bahamas).

If we book now, we get a 30% discount and pay US\$ 1,400 per person (payable in Indian rupees and it includes port charges). Cabins are generally for two, but there are also cabins for three or four persons, and the 3rd and 4th only pay US\$ 402-great news for families!

This being an international liner, bookings are worldwide and computerized, but rates may increase in the coming months. We can, however, guard against this by blocking our cabins now by paying a deposit of US\$ 250 (payable in Indian rupees). All cabins have an ocean view. In case of cancellations, the deposit money will be fully refunded provided the cancellation is done two months prior to the sailing.

We are trying to get the best possible air fares to Miami and back. We also want to provide reasonable travel flexibility to our members. Approximated cost of cruise plus the air fare is Rs. 1.15 lacs per person (members desirous of making their own travel arrangement to Miami can do so, hence, they only need to pay for the actual cruise).

Interested parties may contact Bina Deogun (tel. 683-2736) or Gugu Anup Singh (tel. 614-9669, 614-5986, 91340365) latest by 20th December 1998

Congratulations



We felicitate delighted grandparents Hemant & Sukhcharan Singh Pasrich and Jyoti & Vinod Wazir on the recent arrival of a bonny grand-daughter.

Specials

OUTREACH

In our Outreach programme, we will encourage a multifaceted interaction between members of WIC, the children of Cambridge School, INTACH and a well known monument of Delhi.



As Radhika, a 13 year old said, "Monuments are not dead. They're alive with the stories of people who lived, loved, laughed and cried like us."

We are going to listen and hear the stories from the gardens and stones of "Our monument" through music, dance, theatre, myth, history, horticulture and food. To do that we need the active and enthusiastic support of our International and Indian members, especially those who are amateur painters or artists, who are willing to share a craft that they know, who like to act, or write or declaim, who are willing to research history and tell stories, who are willing to experiment with the food of that era or help with plants, flowers and trees, and who are willing to dance.

The monument and the children will be our focus as we try to bring alive the era of "our monument" through songs, history, painting competitions, a play, stories, dance, horticulture and food. In this way, we hope to create an awareness of the wonderful heritage we are privileged enough to enjoy in Delhi.

In case your are wondering about our "monument", three names have been suggested to us but we thought we would let the school decide the one they would like to be involved with!

For those who are interested please sign up in the reply card & call Prama Bhandari 686-2807 or Nandita Lahiri 91360539

Condolences

We extend our heartfelt condolences and sympathy to Veena Dass, Aruna Verma and Bindu Talwar, who lost their beloved Father on the 1st of November 1997. You are in our thoughts and prayers.

WCI

Welcome Clubs International

Included in this Newsletter is a copy of the Welcome Clubs International Newsletter, Autumn '98 Edition. It was suggested at the WCI Conference in May 1998 that each member Club consider starting an interest group on the theme "When Women Care." While each Club is free to interpret this theme in any way appropriate, it was hoped that such a group would continue for at least 2 years. As our Circles are already defined for the 1998-99 Club Year, it has been suggested that we plan to start a "When Women Care" interest group as the Club opens the 1999-2000 year. I invite all members to consider this proposal.

Please send me your thoughts, comments, suggestions, questions, preferably in writing:

**Peggy Sood, B-12 West End, New Delhi,
Fax: 686-8234 Attn: Peggy Sood**

E-mail: dnsood@aieindia.com

I will compile and report to the Executive Committee the suggestions submitted.

Thank you for your support on this matter.

An email from former WIC member Sandy Maxwell tells us that she and her family have landed in Washington, DC after their posting in Mexico. They are moving back into their old home in Bethesda, Maryland and she has joined the Welcome to Washington Club. She hopes to continue doing volunteer work, teach a bit of Spanish and join a choir. Sandy sends regards to all WIC members but special mention goes to Rupa Sahni, Monika Sharma, Maya Carolli and Shireen Khemchand, Sandy's email is <maxwellsmex@compuserve.com>

Peggy Sood
Liaison for WCI





NOTICE BOARD



WIC EXECUTIVE COMMITTEE 1998-99

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Jyotsna Govil	2nd Vice-President	Tel. 6514787	Fax 6855174
Zubaidah Kamilan	Secretary	Tel. 6151786	
Sohinder Nabha	Treasurer	Tel. 3714824; 3324725	
Shireen Khemchand	Hospitality	Tel. 6517573; 6515123	
Sharon Graefe	Membership	Tel. 4679248; 9810126532	
Priscila Confiado	Newsletter Editor	Tel/fax 651-9020	

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	Annie Howard	Tel. 4631143; 4611750; 4692100
Culture	Lakshmi Chandra	Tel. 6145545; 6149503
Performing Arts	Kanta Stanchina	Tel. 6113643
Focus	Ina von Welck	Tel. 6873658
	Sheila Ghatate	Tel. 3329823; 3736150 (o); 3329346
	Smita Divan	Tel. 686-2616; 686-3664
International	Ramindra Ajit Singh	Tel. 6176507
Cuisine & Gardens	Jovenita Goeppert	Tel. 4676106
	Josefina Young	Tel. 6141683
Recipe for Living	Kavita Ratra	Tel. 01283-42244/42266
	Sigrun Srivastava	Tel. 6468908, 6442756, 6234004 Fax 6468908
Excursions	Gugu Anup Singh	Tel. 5563788; 9134 0365 Fax 6i49445 981011529
	Bina Deogun	Tel. 6832736

SPECIAL INTEREST GROUPS

Outreach	Prama Bhandari	Tel. 6862807
	Nandita Lahiri	Tel. 91-360539
Rhythm of Life	Zohra Shaw	Tel. 686-7976
	Usha Venkateswaran	Tel. 2250730; 225-6804

NEW MEMBERS

Maria Cristina FUHS *Germany*
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Maria Theresa HERZOG *Philippines*
35 Poorvi Marg, Vasant Vihar
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Tel. : 614 0187

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186 Jorbagh, New Delhi 110 003
Tel. : 464 2875

Lyn MOSS *Australia*
1st Floor, E 392 Greater Kailash-1
New Delhi 110 048
Tel. : 648 8384

Milagros RENTSCH-TIZON *Switzerland*
Khanna Farm, Kapashera,
New Delhi 110 037
Tel. : 5563180

December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 BOOKS "Ancient Mariner" 10:30 am 88, Sunder Nagar	8	9 GEN. MEETING Christmas Sing-Along 3:00 pm 4, Aurangzeb Road.	10 RECEIPE "Shangung" 3:30 pm 4/23 Shanti Niketan	11 Lebanese Cooking 11:30 am 3, Panchsheel Marg	12
13	14 CULTURE "Porcelain Painting" 3:00 pm 12 Prithviraj Road	15	16	17 FOCUS Oak Room, 3:00 pm The Park Hotel	18 Walking Tour of Mehrauli 10:00 am Qutab Minar Car Park	19
20	21	22	23	24	25	26
27	28	29	30	31	Christmas Day	