



# GENERAL MEETING

WEDNESDAY, 10<sup>th</sup> December 2008, 3.00pm

### At

The Residence of Mrs. Mechtild Van Der Lugt Royal Netherlands Embassy House Gate - 2, Chanakyapuri New Delhi

### A WOMAN OF COURAGE

### Rinchen Khando Choegyal

For our Christmas meeting, we are extremely privileged to have Rinchen Khando Choegyal address us. She has worked tirelessly during her varied and successful career to promote the importance of education and the preservation of Tibetan culture and language. She is the second woman in the history of Tibet to be elected as a Cabinet Minister in the Tibetan Government-In-Exile, a position she held from 1993 to 2001. She is one of the founding members of the Tibetan Women's Association (TWA) and served as its President from 1984 to 1993. She is currently Director of the Tibetan Nuns Project (TNP), a position she has held since its inception in 1987. Married to Ngari Rinpoche, youngest brother of His Holiness the Dalai Lama, she is the mother of two children.

Mrs. Khando Choegyal will talk to us about her inspiring life and about her efforts to help political exiles preserve religious freedoms and integral values in the most difficult of conditions.

The lecture will be followed by a short program by a group of Tibetan children.

A delicious Christmas tea is being arranged by the Cuisine Circle.

### <u>WIC COMMITTEE</u> 2008 - 2009

Smita Divan, President Mobile: 98117 70405 Email: smitadivan2002@yahoo.co.uk

Mandy Cunningham, First Vice-President Mobile: 98180 77286 Email: mcunningham81@hotmail.com

Lakshmi Chandra, Second Vice-president Mobile: 98110 55845 Email : lakshmichandra@gmail.com

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## PRESIDENT'S LETTER

Dear Friends,

How wonderful it is to arrive at that time of year when, apart from the lingering effects of fire crackers, the morning air is cool and crisp. I do hope that you had a wonderful Diwali celebration with family and friends.

I think our beautiful programme at the home of Sunita Kohli set the mood for the festive season and I would like to thank Sunita, on behalf of all our members, for putting so much effort into making that afternoon such a great success. Also, we should thank our Vice-President, Lakshmi Chandra, for bringing us such a beautiful programme. The performance by Guru Padmashri Bharati Shivaji was exquisite.

The month of October got off to an inspiring beginning with a special programm by writer Gurcharan Das who, on the eve of Gandhi Jayanti, gave an insightful talk on the relevance of Gandhian philosophy today. I was delighted that so many of you were able to attend that programme and given the number of questions, which continued long after the talk was over, I think those present were left in no doubt about the significance of Mahatma Gandhi's legacy sixty years after his death.

I think you will agree that our circles continued to go well. Those who attended the Nepalese cuisine demonstration also enjoyed a great lunch. Vinod Dayal gave us an interesting insight into the intricacies of the art of Meenakari. Close Encounters was a tremendous success - I think even those people who have known each other for many years found out a little more about their friends! And, although I wasn't there, I understand our budding Bollywood dancers were put through their paces by a professional dance coach. I can't mention all the circles here but ladies please ke up the good work, you are giving us a wide range of fascinating and fun activities!

Following my last letter, I have not received any feedback regarding the idea of making the newsletter an email, rather than a paper, publication. Since we've received no objections, we are going to pursue this idea and see where it leads us. If we do change to an email newsletter it would certainly save a lot of time, money and of course paper but rest assured the committee will not make this change without further consultation with members.

May the light of Diwali continue to shine over all of us during the winter months.

With warm regards,

Smita Divan

#### **CIRCLE LEADERS**

Books

Urmila Sahay 98186 53474 98112 81607 Nina Dey Gupta Sigrun Srivastava 98101 18345

Cuisine

98100 32426 Leena Singh 98175 35965 Cindy Murdock Kiran Anand 9810122700

Art & Culture

Rita Gharekhan 24 339 740 Zakia Zaheer 98100 67090 Mechtild Van der Lugt 98731 72289

Dance Away

98916 66765 Vanceta Podewils 26 143 467 Sarla Daga

Delhi Discoverers

98110 07710 Gugu Singh Emma Horne 98105 79143

9953984304 Shireen Khemchand 98715 65522 Mona Reinboth Sheila Ghatate 98681 25252

Close Encounters

Nima Malhotra 98101 28029 98185 28900 Titli Sahni Kim Narisetti 98101 72879 9891988832 Sheila Dobson

Health & Fitness

Shakuntala Dawesar 98114 40101 Katie Behrens 99586 75308 9810033860 Indu Sahni 98111 99111 Anita Meattle

Hindi Bolo

98113 76569 Sylvia Kaelin 98101 36589 Bina Deogun

Le bing Out

98180 77882 B Talwar Niti Judge 98105 64346

Movies

Niru Kapur 98100 76063 98186 75765 Sudarshana Singh

Special Philosophy Circle

Maria Polychronides 9873900969

Trips and Travel - National and

International

98101 36589 Bina Deogun Niti Judge 98105 64346

### WIC NOTICE BOARD

Special Thanks go to the following members for their contribution of food at the Diwali General Meeting:

Prama Bhandari, Sunaina Agarwal, Vinu Baig, Jyoti Wazir, Bindu Talwar and Nayana Goradia

The following New Members have been accepted into the Club. We welcome them and look forward to getting to know them better.

Amrita Mankad P1-61 ATS Village Sector 93A, Expressway Noida 201 301 Tel: 0120 4228918

Mobile: 987 116 9444 nanimankad@hotmail.com

Reva K Singh (India) C 320 Defence Colony

New Delhi Tel: 2433 1010 Mobile: 981 0135716

The following members have resigned from the Club, we are sorry to see them go and wish them well in the future:

Christine Claeve Fiona Hedger Gourlay Janet Jackson Neeham

Please Note the Following Changes to the Last Year's Members Directory:

There were several errors in this directory and we will be adding the corrections as we have space in the Newsletter. Please make the corrections in your Directory, and apologies to anyone whose correction has not appeared in this newsletter.

Maryam AWWARD Maryam awward@hotmail.com

Vinu BAIG Fax: 95124 407 1262

Ariane Grey Hubert (France)

J 10 Green Park Main

Mobile: 987 149 2722

New Delhi 110 016

Tel: 41756516

2 Floor

Mohini BAZAZ Tel: 24615361

Please remove all other phone/fax numbers for Mohini and remove the email address

Frenny BILLIMORIA F-17 (2<sup>nd</sup> Floor) Hauz Khas Enclave New Delhi 110 016 Tel: 26512444, 41652520 Mob: 981 112 86353

russifrenni@yahoo.co.in

Maya CAROLI Lakshmi CHANDRA Remove Tel: 29552742 Remove Mobile no. Correct telephone number: 241 16000 mayacaroli@gmail.com

Emma HORNE (not HORA) horneemma@yahoo.co.uk

Chopra DEEPAK dchopra@lycos.com Mandy CUNNINGHAM Tel: 24652330

Veena DAS Telefax: 23010128

Komal DHINDSA Remove fax number. Mob: 995 8549899

Sheila DOBSON I-19 Maharani Bagh New Delhi 110 065

Smita DIVAN

Remove existing telephone number and replace: Tel: 26862616, 26863664

Regula ENDERLE 3/27 Shanti Niketan

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Sheila GHATATE Navana GORDIA Remove tel: no. 23325925 Goradia prafull@vsnl.net

Regula.enderle@bluemail.ch

Dr Nina GUPTA DX-27 Kendriya Vihar PO Box. No. 3 Sector - 56 Gurgaon 122 011

Nina S GUPTA Fax: 25694421 Mob: 981 004 7479 Tel: 25693162 (remove no. 258694421)

Dr. Shakti GUPTA Mob: 981 012 9688

Renu GUPTA

7 Western Avenue (Ground Floor) Maharani Bagh New Delhi 110 065

Annie HOWARD Remove Fax no.

### SPECIAL PROGRAMME

### ROMANCING THE DIVINE

Monday, 1st December, 11.00am

The youngest disciple of Begum Akhtar, Rekha Surya, has also trained under Girija Devi and has carved a niche for herself in the world of Hindustani light classical music. She has sung in prestigious festivals all over the world. She is also a scholar who has researched the traditions and histories of the various forms of Indian light classical music. Rekha Surya belongs to the Lucknow Gharana which includes Ghazal in its repertoire. She sings Thumri, Dadra, Hori, Kajri, Jhoola, Ghazal and Sufi poetry. Rekha will give us a short talk on the mystic traditions of Sufi poetry, followed by a vocal performance of Sufiana Kalam.

You are cordially invited to lunch after the programme. at the residence of:
Lakshmi Chandra
A 32 West End

### ART & CULTURE

### AN AFTERNOON OF URDU POETRY

Tuesday, 2nd December, 3.00pm

Last year we had a very enjoyable afternoon with Sri Ratan Daga who is from Nagpur. He initiated our members not only into the art of wine making but Ghalib's poetry as well. As he is in Delhi again for a few days, and some of our members wanted more from him, he has agreed to talk to us not only about Ghalib, but other poets as well and recite some exciting poetry. Polish your Urdu or be ready to learn and joins for a delightful cultural afternoon.

At the residence of: Kanwarani Rani Sohinder Nabha 10 A Kasturba Gandhi Marg Limit - 30

## DELHI DISCOVERERS

#### WALK INTO THE STREET LIFE OF DELHI

with the

Salam Baalak Trust Wednesday, 3<sup>rd</sup> December, 10.30a.m.

Today we wish to show you the 'other side' of Delhi. The Salaam Baalak Trust works with the street children of Delhi, offering them a chance of a better life and a future.

Nobody knows Delhi's streets better than these young people and today they will be our guides. The streets were their only home until Salaam Baalak trust offered them a chance for a new life. Now fully trained as guides, these spirited youngsters will share their personal stories of freedom and survival and take us on an insider's walk of the colourful street-life in and around New Delhi Railway Station and Paharganj. The walk also gives a feel for life here in yester-years and we will see the heritage of the area.

Please note this is a walking tour, it will take about 2 hours. Please wear comfortable shoes and carry water. A donation of Rs 200 is requested.

#### **Meeting Point:**

Entrance to Car Park, New Delhi Railway Station Paharganj Side in case of problems finding us call Emma – 981 057 9143

## LUNCHING OUT

### **OLIVE BEACH**

Thursday, 4th December, 1.00pm

Set in the heart of the Diplomatic Enclave, Olive Beach is an up market Italian and Mediterranean restaurant with an enchanting, bohemian ambience. The warm personalized service heightens the experience of dining here.

Approx. cost Rs. 900 per head (as usual we will go dutch)

Olive Beach Hotel Diplomat 9 Sardar Patel Marg Chanakyapuri



## MOVIES

### WARIS SHAH

Friday 5th December, 11.00am (sharp)

During the reign of the Mughal Emperor, Aurangzeb, artists & musicians were persecuted & suppressed. It was during this time that Waris Shah tried to popularize music. To fulfill the last wish of his Guru, Baba Makhdoom, Waris Shah reached a village to write the epic love story of Heer Ranjha, which had become the sole mission of his life. This film captures the emotions & circumstances he encountered while writing this book. Till today his 'Heer' is sung in the same old style and is the most loved Punjabi poetry the world over. (This movie is in Punjabi with English Subtitles)
A light lunch will be served following the movie.

At the residence of: Deepak Chopra E2 Defence Colony Limit - 20



# HEALTH & FITNESS

### ALZHEIMER'S DISEASE

Tuesday, 9th December, 3.00pm

In response to popular demand, our members Dr. Katie Powell Behrens and Dr. Shakuntala Dawesar will give a presentation on Alzheimer's disease. So ladies, come prepared with your volley of queries....we will all edge into this danger zone sooner or later!

At the residence of Katie Behrens, E 102, 2<sup>nd</sup> Floor Malcha Marg, Chanakyapuri Limit: 25

## BOOK CIRCLE

### DREAMS AND BEYOND

Thursday, 11th December, 3.00 pm

Madhu Tandan, who majored in psychology, spoke to us about her successful book FAITH AND FIRE some years ago. It was an exploration of her own dreams. She has conducted workshops and spoken about dreams at many international conferences including the Nouvelle Sorbonne in Paris. On this occasion, she will introduce us to her book, DREAMS AND BEYOND, to be released in November. By synthesizing research, theory and people's dreams and by balancing the religious, the paranormal and the psychological she gives a complete picture of what our dreams could mean. She will allow time for questions and a few dream interpretations following her presentation. I am sure this will be an interesting programme.

At the residence of: Nayana Goradia 145, Sunder Nagar

# DANCE AWAY

Monday 15<sup>th</sup> December, 11.00am

Get fit, have fun and learn some new moves. Learn to dance Bollywood style!

Ladies, please note that we now have a professional teacher for our Bollywood dancing sessions. He is charging us Rs. 200 per person, per class. His first class was great fun and a work-out for the brain as well as the body!

At the residence of Taru Kanwar, 3/3 Shanti Niketan

Limit: 15

### HINDI BOLO

All ladies interested in joining Bina's Hindi group should telephone Sylvia Kaelin (9811376569) or Bina Deogun (9810136589) to check on the date and venue.

This group is small but enthusiastic. Therefore they want the flexibility to meet more than once a month!

हिन्दी

## CUISINE

Cuisine circle is not holding a demonstration in December as it is helping to provide a special tea for the general meeting on December 10th.

Come and enjoy festive fare from around the world!



# DECEMBER CALENDAR

The month: Pausa – first month of Sisira Season

9<sup>th</sup> Vaikunth Eladasi

9<sup>th</sup> Idu'l Zuha (Bakrid)

22<sup>nd</sup> Hanukah (Jewish)

25<sup>th</sup> Christmas

Full Moon: 12th

Compiled by Bina Deogun

| SUN | MON                              | TUE                      | WED                              | THU                          | FRI                | SAT |
|-----|----------------------------------|--------------------------|----------------------------------|------------------------------|--------------------|-----|
|     | Special<br>Programme<br>11.00 am | Art & Culture 3.00 pm    | Delhi<br>Discoverers<br>10.30 am | 4<br>Lunching Out<br>1.00 pm | Movies<br>11.00 am | 6   |
| 7   | 8                                | Health & Fitness 3.00 pm | General Meeting 3.00 pm          | Book<br>Circle<br>3.00 pm    | 12                 | 13  |
| 14  | Dance Away                       | 16                       | 17                               | 18                           | 19                 | 20  |
| 21  | 22                               | 23                       | 24                               | 25                           | 26                 | 27  |
| 28  | 29                               | 30                       | 31                               |                              |                    |     |