



FEBRUARY 2007

WIC NEWS

# GENERAL MEETING

WEDNESDAY, 14th FEBRUARY at 11am

The Auditorium,  
INDIA INTERNATIONAL CENTRE  
Max Mueller Marg,  
Lodi Estate  
New Delhi.

*Beyond Work*  
*A Talk by S.R. Hiremath*

Success stories are very popular, we all love success stories, here is one a little different than most.

It is the story of how S.R. Hiremath, an engineer by training, set to improve lives of people around him and in the process changed not only their lives but also a region.

"S.R." as he is popularly known, will share with us the reasons he gave up a secure job and comfortable life in USA, and came to India with his American wife and two young boys. He will also talk about his NGO and his long battle with one of the largest industrial houses of India.



# PRESIDENT'S LETTER

## WIC COMMITTEE

2006 2007

**Vinu Baig, President**  
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**Smita Divan, 2nd Vice President**  
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**Meera Juneja, Treasurer**  
Phone: 95120-2513250/6053  
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**Nandini Pattani, Hospitality**  
Phone: 26254780/51640620  
Mobile: 9350818773

**Lynne Beauregard, Membership**  
Phone: 26143599  
Mobile: 9899801956  
Email: queenbeau@hotmail.com

**Mona Reinboth, Newsletter**  
Phone: 51001272  
Mobile: 9871565522  
Email: mona.reinboth@googlemail.com

## CIRCLE LEADERS

### Art and Film

Frenny Billimoria 51652520  
9811286353  
Nayana Goradia 24357859/9873441744

### Book Club

Urmila Sahay 24355050/9818653474  
Rita Gharekhan 24339740  
Susanne Pryde 9811795244

### Cuisine

Bubbles Suneja 23011411  
9810003354  
Mi-ran Lee 26878298  
9818111980

### Excursions and Tours

Mona Aggarwal 25693824/9810238810  
Parbeen Kaur 517551088/9810625869  
Christine Claeys 9811898866

### International Circle

Gugu Anup Singh 95124-5014772  
9811007710  
Norma Acevedo de Heine  
24116423  
Giovannella Armellini 26883302

### Philosophy and Culture

Prama Bhandari 26862807/9810645467  
Yumiko Goto 23358113  
9810021594  
Radikha Birla 23012713  
9811222402

The speed of life today permeates every area of our lives. For most of us, hurrying has become a habit. Even if you've simplified many of your daily routines, if you're still surrounded by fast-moving people and phones that never stop ringing (thank god for the 'sms'!) slowing down takes a major effort. I hope some of you have that kind of a holiday - a slowing down, relaxing holiday surrounded by your loved ones.

A big welcome to you all to 2007 from my Executive Committee and myself, and an especially warm welcome to our new members. I once again request each one of you, particularly our old members and some of our young members to make a concerted effort to make time and get to know our new Members. Organise a lunch or coffee morning and introduce them to your favourite shops or tailors, carpenters .....and to some of your favourite friends.

On a lighter note we have had some superb meetings in November and December. The Book Circle with MJ Akbar as speaker on his book Blood Brothers had our members mesmerized and didn't want him to stop. Gitanjali Prasad spoke on her book 'The Great Indian Family' - again members wanted her to go on and were disappointed when the talk had to come to an end. Art Circle had us see a superb film on Picasso and once again the members expressed a desire to complete the film and not end it due to time constraints. What was genuinely sad for both our Hostesses and Circle Leaders was that owing to space limitation a lot of members who wanted to come had to be left out. More 'no shows' than 'regrets'. On a more exciting note the Excursion to the Akshardham Temple was quite amazing. For me it was the Boat ride which showed India in all its pristine glory.

For those who attended the Lebanese and the Italian Cuisine the hospitality and welcome were indeed overwhelming. Husband Roger (who was present at the La Piazza and displayed a lovely sense of humour) and Jennifer Lienhard, a new member, were wonderful, gracious hosts. On behalf of those who attended I thank each one of the organizers. We did appreciate the warm hospitality and the good looking Chefs!!!!!!

Back to being school kids and enjoying the art of Origami - age really does not matter as we clumsily tried to learn the traditional Japanese Art. Thank you Yuriko Goto and your team - a lot of laughs and a lot of fun. Our gracious hostess and artist Sheila Thadani along with Naresh Kapuria, renowned artist had a one day work shop and members were able to show their skills in creating their own art work.

Last, but not least the General Meeting with Director, of the National Gallery of Modern Art Rajeev Lochan, had members crying for him not to stop in spite of the air conditioner not working!! Do please give your names to Smita Divan, our 2nd Vice President. Rajeev Lochan has promised a work shop to those interested but only if members can spend three hours as that is how long the course will take.

Thanksgiving at Shawn's provided members a morning of entertainment. For some of us who stayed back for the Turkey let me tell you it was superb. As always, we had great fun! The meeting never ended!!!! Thank you, Shawn.

Although I don't attend the French and German coffee mornings I promise to give a write up in the next Newsletter but I would like to once again thank Marie-Anne Derron (who leaves in December) and Diana

Banz-Derez who has taken over the organisation of the French Coffees.

Please members with all due respect to our First Vice-President, Vaneeta Podewils, our Circle Leaders and our Guest Speakers, think before you sign and send in your cards. WIC should not treat our members as a school where marking attendance is more important than a sincere desire to attend. Please do give genuine members a chance to attend meetings of their choice. Our Hospitality Chairperson has to turn down so many members only to find out that the requisite numbers were not present. It becomes an embarrassment for those who have taken great pains to organise an event with sub-requisite attendance. Do make this a New Year Resolution and try and attend the General Meetings where the whole Club meets at least once a month. We are trying very hard to adhere to the Constitution and the General Meeting is held every second Wednesday (ie only once a month!) However, we do understand the constraints that some of our members may have helping their husbands with delegations and travels: also those who themselves are involved with a regular job. A letter /email to the Membership Chairman, Lynne Beauregard and to the President when you can't attend a General Meeting will be appreciated as a sign of courtesy. Regrets for Circle Meetings should be addressed to Hospitality Chairperson, Nandini Pattani.

Once again my Executive Committee and I look forward to welcoming you to 2007 at the General Meeting in January. In the meantime I'm sure you have had a wonderful Christmas and we wish you a fabulous New Year.

Vinu Baig  
President



# DECEMBER GENERAL MEETING

Smita Divan and the Executive Committee would like to thank Emma Horne for so generously hosting and organising the December General Meeting.

Additionally, I (Emma), would like to thank all the International Members who contributed food for this General Meeting. Thanks to your generosity I think we laid on a splendid International spread for our friends from India, and around the globe. Thank you to everyone who attended for making it such a delightful start to the Festive Season. With best wishes to you all for the New Year.  
Emma.

## NOMINATIONS COMMITTEE

The President and Executive Committee are happy to announce the Chair person of the Nominations Committee for 2006-2007 will be Emma Horne.

If you have any suggestions for possible candidates for the Executive Committee these should be sent to the Chair of the Nominations Committee in writing before 28th February.

## WIC NOTICE BOARD

The following member has resigned from the Club, we wish her well with her future endeavors and thank her for her contribution whilst a member of WIC: **Ute Laser**

## FEBRUARY CALENDAR

With thanks to our member Bina Deogun we are able to give you details of dates of Religious and Cultural importance this month.

FEBRUARY 2007 (PHALGUN)

February 16th MAHASHIVRATRI

February 19th SAFAR (30) (Muslim)

February 21st ASH WEDNESDAY (Christian)

FULL MOON 2ND NEW MOON 24TH

# ART AND FILM



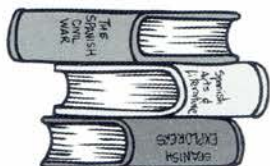
## **An Artistic Morning**

Naina Goradia and Frenny Billimoria invite you to an artistic morning, where the Creator is the artist--enjoy the profusion of colours and herald in the advent of Vasant--the spring festival. The morning will also include a short talk on "water colours."

**Wednesday, 28th February at 11.30am**

**20A Aurangzeb Road**

Limit - 50



# BOOK CLUB

## **The Inheritors**

By Dr. Aruna Chakravarti

Aruna Chakravarti is a well known academic writer and translator. She is the recipient of several awards including the prestigious Sahitya Akademi Award. Her novel 'The Inheritors' was published to critical acclaim and was short listed for the Commonwealth Writers' Prize in 2004.

The Inheritors follows the shifting life patterns of a family through a mélange of narratives, memories and characters; from the ritual bound household of an orthodox scholar in a small village in Bengal in 1897 to Germany and Mumbai at the turn of the new millennium.

We will have a dramatised reading from the book, along with singing, by the author's colleagues, bringing alive the vibrant tapestry of the narrative.

**Tuesday, 27th February at 3pm**

At the residence of Mrs Eleni Spachi  
**1 Aurangzeb Lane  
New Delhi 110 011**

Limit - 30



## CUISINE

### **Taste of Taiwan**

Mrs Jine Jeou Kao cordially invites you to her residence for some Taiwanese New Year dishes, accompanied by the famous Taiwan High Mountain OoLong Tea.

(Please note the dishes will contain meat.)

**Thursday, 1st February 11.00am**

at the residence of Mrs Jine Jeou Kao  
**E 1/20 Vasant Vihar Ground Floor**

Limit - 20



## PHILOSOPHY & CULTURE

### **Transformational Yoga**

By Swami Vidyanadji

Yoga means 'Union' or 'Yoking'. It is the process by which we bring into harmonious balance our many levels of being (body, mind, spirit) and experience the centre of supreme consciousness inherent in each of us.

Transformational Yoga is inspired by the yogic philosophy of Sri Aurobindo and The Mother. It is a unique synthesis of the diverse systems of yoga -- (Hatha, Raja, Kundalini, Bhakti, and Mantra) drawn from Swamiji's 25 years of study of yoga under various Masters. This participative lecture cum demonstration is a must for every man and woman, especially 21st century householders, who need to cultivate inner strength to cope with the pressures of daily life.

**Thursday, 15th February 3pm**

at the Residence of Mrs Sohinder Nabha  
**10A Kasturba Gandhi Marg  
New Delhi 110 001**

Limit - 35



# INTERNATIONAL CIRCLE

## Pilates with Vesna Jacob

Pilates is a physical fitness system created by Joseph Pilates in the early 20th century. This non-aerobic workout is especially designed to strengthen the body core and provide support for the spine, thus helping to alleviate and prevent back pain.

Vesna Jacob, from Romania, is a fitness instructor and pilates expert currently living in Delhi. This morning she will introduce us to some pilates exercises.

As this is a participatory session only members wanting a work-out should attend. Appropriate clothing should be worn and an exercise/yoga mat would be useful. Afterwards Gugu will be serving some light refreshments to revive us!

**Thursday, 22nd February 11.00am**

at the residence of Mrs Gugu Singh  
**Chhapri**  
**Old Jaipur Road, Gurgaon**  
(see map)

Limit - 40





# EXCURSIONS AND TOURS

## Parliament Museum

### Walk the Talk with Mr F. Christopher

Mr Frank Christopher, Joint Director of this Museum, will give a talk on Indian Democratic Parliamentary Heritage. A High Tech parliamentary interaction! We will have the opportunity to see and hear animation of important historical events, including Pandit Nehru's famous speech "Tryst with Destiny".

Wednesday, 7th February 11am

Parliament Museum  
Parliament Library Building  
Pandity Pant Marg, New Delhi 110 001  
(We will meet in the Reception)

Limit - 30

Please note that you will need to give your name, age and profession to Mona Aggarwal in advance to attend this meeting.



## FRENCH COFFEE MORNING

Diane Banz-Derez will be hosting an informal coffee for all our French speaking members on:

Monday, 12th February at 10.00am

4/24 Shanti Niketan  
New Delhi 110 021  
Tel: 516 63903

If you wish to attend the coffee morning please contact Diane at least 48 hours prior to the date.



## GERMAN COFFEE MORNING

For further information and details of the February Coffee please contact:  
Maya Caroli: 2955153, 989 9490088

# FEBRUARY 2007

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Cuisine 11.00 am 	2	3
4	5	6	7 Excursions and Tours 11.00 am 	8	9	10
11	12 French Coffee Morning 10.00 am 	13	14 General Meeting 11.00 am 	15 Philosophy & Culture 3.00 pm 	16	17
18	19	20	21	22 International Circle 11.00 am 	23	24
25	26	27 Book Club 3.00 pm 	28 Art & Film 11.30 am 			