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FEBRUARY 2012

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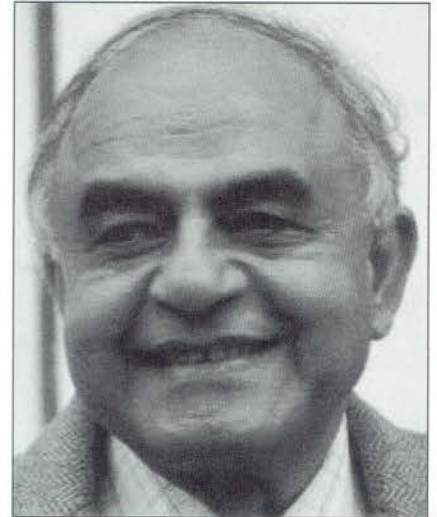
GENERAL MEETING

An Afternoon with Gurcharan Das

Date: Monday, 6th February Time: 3:00 p.m.

Residence of: Naghma Karim

**Address: EP-39, Dr. S. Radha Krishnan Marg,
Chanakyapuri Mobile: 98189.92747**



At February's General Meeting, world-renowned author Gurcharan Das will be speaking to WIC members about his current bestseller, "The Difficulty of Being Good," and about his views on current affairs in India and abroad.

In addition to being a successful author, Mr. Das is a commentator, public intellectual and the former CEO of Procter & Gamble India. In 1995, after a 30-year career in six countries, he took early retirement to become a full-time writer and speaker.

"The Difficulty of Being Good" is a riveting examination of moral failure, bad governance and corruption in our modern world. *The Financial Times* called it "a richly insightful meditation on the application of ancient philosophy to issues of modern moral conduct and right and wrong," and Martha Nussbaum, Professor of Philosophy at the University of Chicago proclaimed, "one of the best things I've read about the contribution of great literature to ethical thought."

Mr. Das' other literary works include the international bestseller, India Unbound: The Social and Economic Revolution from Independence to the Global Information Age; the critically acclaimed novel, A Fine Family; a book of essays, The Elephant Paradigm; and an anthology, Three Plays.

He is a sought-after speaker and consultant to some of the world's largest corporations. In addition to authoring a regular column for *The Times of India*, Mr. Das is a popular contributor to *The Financial Times*, *The Wall Street Journal*, *Foreign Affairs* and *Newsweek*. A frequent commentator for CNN, BBC, and PBS, Mr. Das is currently working on his next book, *The Dharma of Capitalism*.

"The Difficulty of Being Good" is available at all major bookstores and also online through Flipkart or Amazon. We urge all participants to read the book beforehand to enrich their appreciation and the discussion.

NOTE : DATE CHANGE

Ladies, please note, the date for Let's Learn, Making Kimchi, of January 27th has been changed to February 2nd, from 3.00 pm. Venue remains the same.

PRESIDENT'S MESSAGE

Dear Ladies,

How quickly time is going by! We are now into February with only four months left of the WIC year. I hope that you all are enjoying the General Meetings and Circle Meetings being offered to you this year. Please feel free to express your thoughts to myself and the Executive Committee. We are always looking for new ideas and new ways to make the Club better for all.

In February the new Nomination Committee starts to work to find the most suitable people for the job of running this wonderful Club for the next year's tenure. These positions require a full commitment, some of our free time, and a willingness to work together as a team. For this we need a strong and charismatic future President and Executive Committee to move the club forward following our constitution.



WIC Executive Committee 2011-12

President

Kelly Jarvis Tel: 9958870714
kellyjarvis@me.com

First Vice President

Sheila Ghatate Tel: 9868125252
sghatate@gmail.com

Second Vice President

Patty Dhar Tel: 9818992747
pattydhar@yahoo.com

Secretary

Rosie Sahni Tel: 9899117527
roseleenvsnl@gmail.com

Treasurer

Veena Dass Tel: 9811292020
veenadass1@gmail.com

Hospitality

Veena Hora Tel: 9811035648
veenahora1979@yahoo.com

Membership

Shawn Runacres Tel: 9811300610
srunacres@hotmail.com

Newsletter

Kiran Jhangiani Tel: 9717700133
jhangianikiran@yahoo.com

So permit me to present to you the Nominating Committee for the next year. At the same time I will ask you for your official nominations for the Executive Committee of 2012-2013. Please send your individual nominations in writing to the Chairperson Nomination Committee, after obtaining prior permission of the candidate. Please refer to the Constitution and By-Laws under Article VI - "Nominations and Elections."

The Nominating Committee - 2012 :

Chairperson: Brenda Beck

Members : Frenny Billimoria
Nandita Lahiri
Jyoti Wazir
Valerie Brandt
Lakshmi Chandra
Maeve O'Connor

On behalf of my Executive Committee and me I wish the Nomination Committee 2012 good luck and trust they will do a great job in their selections.

Fondly,
Kelly Jarvis

LET'S LEARN

Date: Thursday, 2nd February Time: 3:00 p.m.
Residence of: Patty Dhar Address: 16 Golf Links
Mobile: 9818992747 Limited to: 40 participants

How to Make Kimchi

Kimchi is a Korean dish made of vegetables, such as cabbage or radishes, that are salted, seasoned, and stored in sealed containers to undergo lactic acid fermentation. Kimchi is loaded with vitamins A, B, and C, but its biggest benefit may be in its "healthy bacteria" called lactobacilli, found in fermented foods like kimchi and yoghurt. This good bacteria helps with digestion, plus it seems to help stop and even prevent yeast infections, according to a recent study. Koreans serve kimchi at almost every meal and kimchi has recently gained popularity around the world. Historians believe that Asian peoples were consuming the dish as long as 3,000 years ago.

Our member, Kyu Na Kim, will demonstrate how to make Kimchi.

Museum Tours

Date: Thursday, 9th February Time: 10:45 a.m.
Address: Museum of Modern Art, India Gate
Tel: 24101015

Company Art

A tour has been organized to view the beautiful paintings of the "Company Art" – art of the British East India Company period. Who were these artists and how did this art originate? Come and see the fabulous display. Meet at the ticket counter at 10.45 sharp.

WIC Circle Leaders 2011-12

The Arts

Devika Anand Puri 9810010547
Frenny Billimoria 9811286353

Book Circle

Gita Abhyankar 9958629912
Nandita Lahiri 9811988366
Marina Marangos 9717620707

Cultural Kaleidoscope

Shakuntala Daweswar 9811440101
Theresa Herzog 9717388220
Manya Kostova 9910999573
Louanne McCurdy 8800324448

Gourmessa

Mona Aggarwal 9810238810
Azzah Almaani 9873889700
Niti Judge 9810564346
Bindu Talwar 9818077882

Hindi Bolo

Bina Deogun 9810136589

Let's Learn

Salonika Aggarwal 9811064701
Tracy Flannery 8800523131
Kyu Na Kim 8860372549
Hong Li 9811097350
Atsuko Watanabe 9871780190

Meet My Country

Silvia Jakhar 9971090987
Rita Gharekhan 01124339740

Museum Tours

Bina Deogun 9810136589

Tours – Explore India and the World

Leena Singh 9810032426
Bubbles Suneja 9810003354
Zakia Zaheer 9810067090

Yoga and Health

Anita Dua 9810989433
Dr. Divya Malhotra 9871727402

Date: Saturday, 11th February Time: 11:00 a.m.
Residence of: The Ambassador of Ethiopia
Address: 7/50-G, Satya Marg, Chanakyapuri
Mobile: 9810074136 Limited to: 25 participants

Ethiopia – the country with thirteen months of sunshine

Ethiopia is located in the Horn of Africa with a total area of 1.14 million square kilometres and a population of more than 80 million. It is a cradle of ancient civilization and has many diverse cultures.

The country has a mosaic of languages, cuisines, music and dance. According to Ethnologue, there are 90 individual languages spoken in Ethiopia. It is also the only country in Africa whose official language has its own script. Ethiopia is the oldest country in Africa where all the three Abrahamic Religions (Christianity, Islam, and Judaism) are practiced.

Due to its rich culture, the people of Ethiopia have unique cuisine called "Injera and Wot" similar to Indian Dosa and stew. Being the birthplace of coffee, Ethiopia's unique coffee ceremony stands out as a visible symbol of the people's warm hospitality.

Her Excellency, Gennet Zewide will introduce us to this amazing country which is a cradle

**CULTURAL
KALEIDOSCOPE**

Date: Wednesday, 15th February Time: 11:00 a.m.
Residence of: Jyoti Wazir
Address: C-515, Defence Colony
Mobile: 9810066774 Limited to: 30 participants

Personal Mandalas

The vast and intermingling variety of cultural traditions of WIC is our pride and joy. The Cultural Kaleidoscope circle invites you to join us as we create a personal mandala/shield of beliefs and life experiences, an activity that creates a powerful tool to connect you to what inspires, fulfils and replenishes you. Listen to the voice(s) in you that get forgotten or haven't been heard for a long time. What are they ready to whisper or shout to the world. Find the beauty in your own extraordinary, ordinary life....

Penni Blythe-Jones delivers powerful bespoke workshops and programmes around the world. She established "Women of Wit, Wisdom and Wonder: the Fire of the Feminine," which is Penni's expression of her passion for, and curiosity about people." She is researching and writing a book: Women of Wit Wisdom & Wonder – Women Who Inspire and is passionate about conversations for compelling change. A singer and story teller from Northumberland, UK- the Scottish Borders, Penni brings humour, a fascination for life and a passion for all voices be heard, celebrated and valued.

Date: Monday, 20th February Time: 11:00 a.m.
Residence of: Frenny Billimoria Address: F-17, Haus Khas Enclave
Mobile: 9810074136 Limited to: 25 participants

Vastu

Geopathic Stress : the silent killer of the 21st century

Dr. Coralie Srivastava, is a London-based researcher, writer and Vastu advisor and has received her doctorate degree from the Zoroastrian College on the importance of using the Universal Scanner and Vasati Yantras to obtain optimum health and create a stress-free environment and life.

Vastu knowledge has a vast base of remedial Vastu techniques to remove all kinds of "faults and shortcomings in your land, the construction of your property or its interior arrangements as well as the surrounding environment. Using the Universal Scanner Coralie checks the compatibility of the land/house with the client, the direction of the entrance, the grids in the house, whether negative or positive. Wherever possible she tries to apply *Vastu Shastra* and *Geopathic stress* and *Negative UV* and *IR rectification* remedies without any major structural changes."

As part of her talk on Geopathic Stress, Coralie will be scanning a few properties. If you are interested, please bring along a plan of your property with the correct north, south orientation mentioned on it.

Happy Birthday to the following members in February :

1st Frenny Billimoria
2nd Tracy Flannery
9th Brenda Beck
12th Valerie Brandt
12th Indu Sahni
14th Nandita Lahiri
18th Francesca Del Soldato
19th Amita Agrawal
20th Taru Kanwar
25th Rekha Kripalani
27th Sheena Sharma
27th Ramindra Singh

NOTICES

- We apologize to anyone whose birthday we have missed. Please help the Club by ensuring that we have your latest details, including the date of your special day. Attn: Shawn Runacres, Chairperson of Membership.
- Ladies, we would like to bring to your attention, that a trip is being organised to Bangladesh. The dates are February 15th to 29th. Please contact, our member, Naghma Karim, at naghmaka@gmail.com for further information before February 6th.
- We Request you to save Saturday, March 3rd, 2012 for the WIC Annual Gala.

FEBRUARY 2012

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
				Let's Learn		
5	6	7	8	9	10	11
	General Meeting			Museum Tours		Meet My Country
12	13	14	15	16	17	18
			Cultural Kaleidoscope			
19	20	21	22	23	24	25
	Yoga & Health					
26	27	28	29			