



JANUARY 2010

WIC NEWS



Happy New Year

GENERAL MEETING

Wednesday, 13th January, 2010, 3.00 pm

At the residence of Dr. Kusum Ansal
26, Feroze Shah Road

Teacher, author, anchor and independent producer of TV documentaries, Pushpesh Pant is obsessed by food and for past two decades has drifted happily away from international relations and Indian foreign policy to Indian cuisines. Having in past studied ancient Indian history, international relations, law, culture, as well as Ayurveda.

Our speaker, will explore and explain the culinary heritage of the subcontinent. The main theme will be that food is the key to Indian civilization and as much an integral part of its composite culture as music, dance or monuments. He will also enlighten us about the effect of Ayurvedic food in Indian cuisine.

To top it all, this will be served to us with a light touch and not as a heavy meal, as he is a delightful and mesmerizing speaker.

We will also try some of the different and delicious dishes suggested by him.

WIC COMMITTEE

2009 - 2010

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PRESIDENT'S LETTER

Dear Members and Friends,

As the year passes and the New Year is here and we reflect on the past for better or worst. Some of us have made new resolutions and others prefer to take life as it comes.

Reflecting back, I would like to individually thank all our Circle Leaders and Hostesses who have made such a success of all our Programs.

I would like to extend my thanks to Gita Devi of Kapurthala for the magical book circle afternoon with Rajshree of Bikaner who showed us what life in the Raj era was like.

Thanks to Lakshmi Chandra who in spite of not being there gave us the hospitality of her beautiful home, where we were made to feel very welcome.

Neena Malhotra organised a wonderful afternoon where her daughter in law enlightened us on the important issue of Heart Diseases and how it differs in men and women.

I thank you Neena, Rita Garekhan and Anita Dua for your input in the program.

I was told by the Members how interesting the visit to Sanskriti was. Emma, keep up the good work!

Those who were not there for the Russian cooking missed out on an excellent Program. Thank you Ala Madhu who went out of her way to make it a Special Event. Thanks also to Rosie, Sylvia and Tatiana -- without their backup it would not have happened.

The Fun and More afternoon was really a lot of fun and more as we discovered the hidden talents of our Members and got to know each other better. If you have hidden talents do let us know about them! Thanks to Dr. Vimla Rajan for opening her lovely home and garden. Nima Malhotra and Kelly Jarvis thank you for going out of your way to find those hidden skills.

Nandini, to you and your Mother, Shakuntala Mahesh Chandra thank you for those lovely pies and Radhika, a special thanks to you as well for an interesting "Shakti" afternoon.

Last but not least, may I thank one of our most talented member's Shovana Narayan who with her students and musicians wove a magical spell with Amir Khusro's poetry for our Eid programme. Thanks are due to Dr. Syeda Hameed for being present at this occasion and for her generosity. We also thank our First Vice President, Zakia who contributed so much to make this an unforgettable General Meeting.

We look forward to giving you more interesting programs in the year ahead. Once again a "Healthy and Peaceful New Year" to you and your family!

*In The New Year
We wish you the best year you've ever had,
and that each New Year,
will be better than the last
May you realize your fondest dreams
and take time to recognize and enjoy
each and every blessing.*

Happy New Year, and many more!

Vaneeta Podewils
President

CIRCLE LEADERS

The Written Word

Gita Devi Kapurthala 9810149150
Erica Chammas 9958436655
Reva Singh 9810135716

Gourment Delights

Sylvia Kaelin 9811376569
Rosy Sahni 9899117527

Pack a Bag: Voyages Limite

Barbara Bilman 9711371006
Sheila Ghatate 9868125252
Niti Judge 9810564346

Know Your City

Nandita Lahiri 9811988366
Emma Horne 9810579143

International Interaction

Gugu Anup Singh 9811007710
Fanciskano Toscano 9958555179
Josefina young 9810009634

Art Appreciation and Museum Tours

Bina Deogun 9810136589
Marie Eve Celio 9711201457

Burning Issues

Nina Malhotra 9811031436
Rita Garekhan 24339740

Performing Arts

Nandini Pattini 9350818773
Radhika Birla 9811222402
Ala Madhu 9999986573
Ariane Gray 41756516

Relaxed Moments

Niru Kapur 9810076063
Leena Singh 9810032426

Secret of Good Health: Yoga

Anita Dua 9810989433

Fun and More

Nima Malhotra 9810128029
Meera Juneja 9810347333
Kelly Jarvis 9958870714

Tete a Tete over a meal

Bindu Talwar 9818077882
Vibhuti Sharma 9811061461

Shake a Leg

Vibhuti Sharma

Speak in Delhi like a Delhiite

Bina Deogun 9810136589

RELAXED MOMENTS

GANDHI MY FATHER

While Gandhi was hailed as the father of the nation, his son Harilal always resented the fact that for him, he was like a father who never was. Even Mahatma Gandhi accepted the fact once and apologized to his son for the same. But rather than forgive his father, Harilal chooses to tread the path that is completely against his idealistic father's principles. A frustrated Harilal goes haywire in a bid to embrace success. He cheats people by using his father's pious name, he doesn't bat an eyelid before visiting brothels and converting to Islam. His wife disowns him and in the end even his doting mother asks him to leave her house when he comes drunk to meet his parents.

Date : Thursday, 7th January 2010

Time : 2.30 pm

Venue : N-58, Panchsheel Park

Tel : 9810032426, 9810076063

Limit : 25

THE PERFORMING ARTS



Shloka Vaidialingam, a young, versatile and extremely talented dancer, has been a student of Padma Bhushan Gurus Raja and Radha Reddy for the last 17 years, and has performed in solo and group choreographies in National Festivals of Music and Dance all over India. She is also an advocate enrolled with the Bar Council of Delhi, having previously studied at Modern School, Barakhamba Road, Lady Shri Ram College for Women and also at the Faculty of Law, Delhi University.

Shloka will be doing a short dance piece for us this afternoon.

Date : Friday, 8th January, 2010

Time : 3.00 pm

Venue : Residence of Nayana Goradia
145, Sundar Nagar, New Delhi

Tel : 9873441744

Limit : 30

INTERNATIONAL INTERACTION

An interesting afternoon at the Chinese Embassy with the filming of two video shows titled "Beijing Impressions" and "Su Embroidery", from which you could take a dip into the capital city's charm and southeast China's delicate embroidery skill dated from hundreds of years ago. This will be followed by Chinese folk dance and Taichi Fan performance presented by amateurs in the embassy. Madam Chen Wangxia has very kindly arranged for delicious Chinese snacks after the meeting. You can enjoy delicious Chinese snacks while talking your friends.

Date : Saturday, 9th January, 2010
Time : 2.30 pm
Venue : 50-D, Panchsheel Marg
Chanakyapuri, New Delhi (Entry through Gate No.7)
Tel : Gugu Singh; 9810882862

Limit : 50

WRITTEN WORD



Barack Obama, "Dreams from my Father"

'Whatever else people expect from a politician, it is not usually a beautifully written personal memoir steeped in honesty.'

Elizabeth Fitzsimmons, Press Secretary of The American Embassy will be our speaker.

Venue : The home of Kelly Jarvis,
Date : Wednesday, 20th January 2010
Time : 3.00 pm
Venue : Residence of Kelly Jarvis
A-22 West End
Tel : 24111022
Limit : 35

GOURMET DELIGHTS



Welcome to an exciting sunny afternoon tasting delectable, mouth watering delights from the beautiful country- Switzerland. Most famous for its cheese and chocolate. Yum! That's what you will get to savour- desserts and snacks made from the same. What's more- We will teach you how to cook A Hot Chocolate Melange.

Date : Thursday, 21st January, 2010
Time : 2:30 pm
Venue : Embassy of Switzerland
Nyaya Marg, Chanakyapuri
Tel : Sylvia Kaelin (9811376569)
Limit : The more the Merrier

FUN AND MORE

She was the cornerstone of our lives to whom we could go with problems big and small.... Please join us for what is expected to be a rousing exchange of thoughts and ideas between a great grandmother, grandmothers and mothers underlying the changing perspectives of parenting and grandparenting roles. Meet a great grandmother Shanno Khurana , two grandmothers Janet Chawla and Anita Meattle, two mothers Kelly Jarvis and Nandini Pattani. As well as Frenny Billimorial acting as moderator during the discussion. Some of the broad ideas being addressed will be: How has parenting and grand parenting changed over time? What is the focus of parenting today compared to the focus of the past? What is the role of the grandparent today? Have values and concepts changed throughout the years? The audience is free to join in with their own comments, experiences and views on the subject!

Date : Monday, 25th January, 2010
Time : 2:30 pm
Venue : Residence of Kimberly White
17, Amrita Shergill Marg, New Delhi
Tel : 9958095475

Limit : 35

PACK YOUR BAG TO ORISSA

28th January – 1st February 2010

A treasure trove of magnificent temples, caves, *chaityas*, *stupas* and centers of pilgrimage. besides sun drenched beaches, beautiful lakes, tribal villages and exquisite crafts: that is Orissa Our pack a bag: voyages limited has planned an exiting trip to Orissa.

The group will visit Bhubaneswar, Konarak and Puri besides other places of interest to savour the architectural marvels and the cultural and artistic heritage of this ancient land which was known as Kalinga,

The group shall be visiting the famous Sun temple at Konarak which is a world heritage monument. The entire complex was designed in the form of a huge chariot drawn by six spirited horses on twelve pairs of exquisitely decorated wheels.

Orissa is known for its exclusive saris, metal works, sand arts, stone, wood, terracotta work and hornwork. The group will be visiting craft centres and relax on the beaches for which Orissa is famous.

Contact:-

Niti Judge : 9810564346
Sheila Ghatate : 9868125252
Barbara Bilman : 9711371006

REMEMBERING RAJ



“TRUE FRIENDS ARE HARD TO FIND” HOW TRUE.

Raj Nanda was one of them. So concerned and caring. Her warm hospitality and generosity was beyond words. Her beautiful home was always open for club meetings.

She made an excellent friend and was sincere towards me. I along with other Club Members will miss her. May God Bless her and look after her always. Amen.

Maki Mehta

Suggestion: It will be a good idea if we visit our members sometimes if they are not well and unable to attend meetings. It will make them so happy.

- **We will miss you Erica Chammas.**
- **We wish Mrs. Aruna Mehta lots of good health.**
- **Mrs. Neena Malhotra lost her father. May his soul rest in peace.**

MEMBER'S PAGE

How To Plant Your Garden

First, you come to the garden alone,
While the dew is still on the roses.....
For the garden of your daily living,



Plant three rows of peas:

1. Peace of mind
2. Peace of heart
3. Peace of soul



PLANT THE ROWS OF SQUASH:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness



PLANT FOUR ROWS OF LETTUCE:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another



NO GARDEN IS WITHOUT TURNIPS:

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another




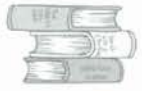
TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:

1. Thyme for each other
2. Thyme for family
3. Thyme for friends



WATER FREELY WITH PATIENCE AND CULTIVATE WITH LOVE.
THERE IS MUCH FRUIT IN YOUR GARDEN BECAUSE YOU REAP
WHAT YOU SOW.

JANUARY 2010

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7 Relaxed Moments 2:30 pm	8  The Performing Arts 3:00 pm	9 International Interaction 2:30 pm
10	11	12	13  General Meeting 3:00 pm	14	15	16
17	18	19	20  Written Word 3:00 pm	21 Gourmet Delights 2:30 pm	22	23
24	25 Fun And More 2:30 pm	26	27	28	29	30
31						