



JANUARY 2009

GENERAL MEETING

Wednesday, 21st January 2009, 4.00pm
At

The Residence of:
Mrs Gugu Anup Singh
Chhapri Farms
Old Jaipur Road
(route map inside)

LOHRI –

THE SEASONAL FESTIVAL OF NORTH INDIA

Lohri is a seasonal festival of northern India celebrated especially in the states of Punjab and Haryana. It falls on a fixed date, the thirteenth of January according to the solar calendar. Lohri is a festival celebrated by the whole community with much fun and feasting.

Lohri is usually celebrated in the evenings. A huge bonfire is built and lit, and people dressed in gay clothes dance around the bonfire. The men do their foot-tapping Bhangra dance to the beat of the dholak and women perform the more gentle Gidda dance. Bonfires also have a practical use of warding off the cold air, which is prevalent at that time of the year. People are offered rewri and other sweets along with peanuts, popcorn and puffed rice. The first Lohri of a newborn baby or new bride is celebrated with much more gaiety and fanfare. Everybody is invited to join the party and the dancing goes on till the wee hours of the morning. Sweets are also exchanged between people and in the bonfire, sugarcane stalks, parched rice and sesame seeds are thrown. Lohri is a fun filled festival of the fun-loving people of India.

Please join us in celebrating Lohri the authentic Punjabi way, with great joy and in a spirit of thanks giving.

Members, please note the date.

Will those members requiring transport, please mark "T" next to their acceptance. A bus will be arranged that leaves the India International Centre parking lot at 2.30 p.m.

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PRESIDENT'S LETTER

Dear friends,

November has been an amazing month.

India sent its first satellite CHANDRAYAAN to the moon successfully. One saw moonscapes sent by it with great pride; hoping to see one with the tricolour flying on the moon. On the other side of the world an audacious young politician succeeded in breaking all the existing barriers of colour, caste and creed of his country to win the highest post on the promise of change, harmony, peace and hope. With this single act world history has taken a new direction.

The world of WIC is also having exciting times. Lakshmi invited erudite journalist Renuka Narayanan to speak on Ragas for the General Meeting. She was accompanied by young sitarist Fateh Ali. It was an experience to be cherished. Renuka introduced members to Kedar, Malhar and Bilawal. Her vivid comparisons of Rag Malhar with Beethoven's Pastoral symphony was fresh and novel. Anita's garden gave a lovely backdrop to the event.

Mandy and her movie circle leaders Niru and Darshi showed us a stark realistic documentary on Mumbai Hijras, a poignant chronicle of their life, their beliefs and their attitudes. It was a moving experience for all present.

Our entire team is doing it's best to bring interesting programmes. If members have suggestions please do tell us, we would, if possible, include them.

With warm regards,

Smita Divan

WIC NOTICE BOARD

CIRCLE LEADERS

Books

Urmila Sahay	98186 53474
Nina Dey Gupta	98112 81607
Sigrun Srivastava	98101 18345

Cuisine

Leena Singh	98100 32426
Cindy Murdock	98175 35965
Kiran Anand	9810122700

Art & Culture

Rita Gharekhan	24 339 740
Zakia Zaheer	98100 67090
Mechtild Van der Lugt	98731 72289

Dance Away

Vaneeta Podewils	98916 66765
Sarla Daga	26 143 467

Delhi Discoverers

Gugu Singh	98110 07710
Emma Horne	98105 79143

Delhi Discoverers

Shireen Khemchand	9953984304
Mona Reinboth	98715 65522
Sheila Ghatate	98681 25252

Close Encounters

Nima Malhotra	98101 28029
Titli Sahni	98185 28900
Kim Narisetti	98101 72879
Sheila Dobson	9891988832

Health & Fitness

Shakuntala Dawesar	98114 40101
Katie Behrens	99586 75308
Indu Sahni	9810033860
Anita Meattle	98111 99111

Hindi Bolo

Sylvia Kaelin	98113 76569
Bina Deogun	98101 36589

Knitting Out

Talwar	98180 77882
Niti Judge	98105 64346

Movies

Niru Kapur	98100 76063
Sudarshana Singh	98186 75765

Special Philosophy Circle

Maria Polychronides	9873900969
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Trips and Travel - National and International

Bina Deogun	98101 36589
Niti Judge	98105 64346

Special Thanks go to the following members for their contribution of food at the Diwali General Meeting:

Emma Horne, Rabin Tania, Deepak Chopra, Shireen Khemchand and Sarala Daga.

A response from one our members to the idea of having an email newsletter:

Dear Smita,

I think a WIC email newsletter is a wonderful idea - long overdue. I wish to sign up for it, saving an enormous amount of the earths natural resources.

I have an idea to make things more streamlined. You could release the newsletter say a week before the general meeting - and place a box at the general meeting where the acceptance postcards could be dropped in. saving of postal costs, freedom from postal services, and again saving cost time, and more important Paper and our trees!!!
love and regards, Serita Kakar

Anyone else have further comments on this idea?

The following New Members have been accepted into the Club.

We welcome them and look forward to getting to know them better.

Rosie Rameet (Gulbir Singh),
F3 Roseleen Farm,
Pushpanjali
Bijwasan
Delhi 110 061
Tel.28064681
Mob. 9899117527
roseleen@vsnl.com
Indian

Florence Chaux
(Cedric)
6 Nizamudin East
New Delhi 110013
Tel9717740253
French

Francesca Toscano
(Roberto)
50E Chandra Gupta
Marg
Chanakyapuri,
New Delhi110021
Tel no. 26883302
Mob. 9958555179
Italian

Kelly Jarvis
(Jonathan)
A22 Westend
New Delhi 110021
Tel No. 24111022
Mob. 9958870714
American.

Eva Schlaga
(Christian)
21 Green Park Main,
Tel No. 26602166
Mob. 9873077704
German.

Barbara Bilman
(Leyent)
22 Prithviraj Road,
New Delhi110011.
Tel No. 23794759(or
60)
Mob. 9711371006,
Turkey.

Alice Gough (Neil)
106 Jor Bagh
New Delhi 110003
Tel No. 43596725
Mob. 9811653420
thegoughfamily@aol.c
om
British

Ada Aldana De Silva
(Alfonso)
1 Palam Marg
Vasant Vihar
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ad.aldana@gmail.com
Chilean

Margarita Barahona
(Luis Filipe)
13 Pancheel Marg
Chanakyapuri
New Delhi 21
Tel No. 26888189
Mob. 9910853111
Portugese

**Maria Belen
Etchevenny Boneo**
(Alejandro)
Tel no. 46040932
Mob. 9891777964
Argentina

.Giovano Mangano
(Filipo),
A11/8 Vasant Vihar
New Delhi 110057.
Mob. 977687072.
Italian.

Marie-eve Schever
(Mattia)
40 Jor Bagh
New Delhi 110003
Tel. No. 43543276
mevecelio@free.fr
Swiss.

Change of Address

Josefina Young
W-79, Ground Floor,
Greater Kailash-II, New
Delhi-110 048
Mobile No. 9810009634

Enderle Regula
3/27, Shanti Niketan,
New Delhi -110021

CUISINE CIRCLE

BREADS OF INDIA

Wednesday, 7th January, 11.00 am

No Indian meal is truly complete without its accompanying "Breads". These include the humble everyday chapatti to romali (or Handkerchief) roti to fried pooris and paranthas--plain and stuffed with potato, mince or vegetables to tandoor, (oven) baked naans, layered paranthas and rotis. Come and explore the delicious world of tandoor baked breads.

At the residence of:
Mona Aggarwal
2 Church road
Delhi Cantt.
Limit - 35



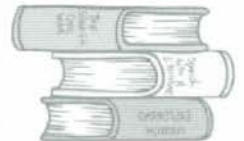
BOOK CIRCLE

SMOKE AND MIRRORS – AN EXPERIENCE OF CHINA

Thursday, 8th January, 3.00 pm

Author Pallavi Aiyer, Beijing Correspondent of The Hindu, will join us to talk about her book. In it she gives an intimate look at a society evolving at double digit pace. She also raises and answers questions about the deeper concerns of development and freedom, relevant to both India and China.

At the residence of:
Dr. Shanno Khurana
C-42 Defence Colony
Limit – 25



ART & CULTURE

INTANGIBLE HERITAGE OF INDIA

Speaker: Kamalini Sengupta
Monday, 12th January, 3.00 pm

The intangible arena of culture is something that encompasses the vast living traditions of a people--craft, textiles, rituals, music, dance, painting, murals, costume, food, festivals, fairs and so on. UNESCO defines intangible cultural heritage as "the mainspring of our cultural diversity and its maintenance a guarantee for continuing creativity".

Kamilini Sengupta, a former member of the IAS, novelist, and documentary film maker and presently at the INTACH, in charge of the cultural heritage programme, will shed light on this esoteric and fascinating subject.

At the residence of:
Prama Bhandari
8 Padmini Enclave
Hauz Khas
Limit - 30

MOVIES

ZWARTBOEK (Black Book)

An award winning Dutch film
(with English subtitles)

Tuesday 13th January, 2.30 pm sharp

Director Paul Verhoeven is better known for Hollywood blockbuster movies such as RoboCop, Total Recall and Basic Instinct. Returning to make a film in his native Netherlands for the first time in 20 years, Black Book (Zwartboek) takes up the story of a young Jewish woman, Rachel Steinn, in hiding in September 1944, near the end of World War II. When a bomb destroys her family home she begins a journey to the Hague. Then, with a change of hair colour and using the name Ellis de Vries, she becomes involved in resistance missions, ending up as secretary to Gestapo chief, Ludwig Muntze.

At the Residence of:
Mrs. Mechtild Van Der Lugt
Royal Netherlands Embassy
House Gate - 2 , Chanakyapuri
New Delhi

Limit - 25



DINING OUT

KARIM

Friday, 16th January, 8.00 pm

Karim is one of the most historic, and by all accounts, one of the best eating houses in Delhi. Karim is strongly recommended for those who savour true Mughlai cuisine. Legend has it that the Khansamas (cooks) here trace their genealogy back to the kitchens of the later Mughals. Also, getting to Karim in Jama Masjid ...through the congested by lanes of the area is a major expedition in itself. Still Karim remains eternal.

We meet at the residence of Niti Judge at 8 p.m. for a drink and then proceed in our cars to Jama Masjid where Karim is located. Spouses or partners of members are most welcome.

Meet at residence of:
Niti Judge
2B Tata Apartments
Prithviraj Road



We leave from Prithviraj Road at 9 p.m. to go to Karim. Approx. cost: Rs. 300 per person

CLOSE ENCOUNTERS

Friday 16th January, 3.00 pm

Our first programme elicited a truly enthusiastic response from members who attended. This month's programme will be equally stimulating. The topic to be discussed: "Who or what has impacted your life the most and why." So come prepared!

At the residence of:
Titli Sahni
67 Friends Colony, West
Limit - 30

HEALTH & FITNESS

OSTEOPOROSIS & OTHER BONE ISSUES

Tuesday, 20th January, 3.00 pm

Our own circle member Indu Sahni will share some of her secrets and home remedies which are easy to follow and have provided her much relief from bone problems. Dr. Shakuntala Dawesar will give us a brief talk on Osteoporosis, backache and Arthritis. Together they will demonstrate some specific exercises which are recommended for the prevention and treatment of Osteoporosis.

At the residence of:
Aruna Mehta
4/7 Shanti Niketan
Limit - 30



DELHI DISCOVERERS

VISIT TWO ARCHAEOLOGICAL SITES IN SOUTH DELHI

Thursday, 22nd January, 10.00am

Firstly we will visit Sultan Ghari's Tomb in Vasant Kunj (near the Spinal Injuries Hospital, near Vasant Valley School). This is the first example of a monumental Muslim tomb in India, built in 1231 AD.

Afterwards we will visit the well known Jamali Kamali Mosque and Tomb near the Qutab. This monument and mosque is attributed to the famous sufi saint and poet 'Jamali' and dates from the 16th century

Please note this is a walking tour and will last into the afternoon. Please wear comfortable shoes and carry water.

Meeting Point:

We meet in the car park of Nehru Park (behind Australian & Pakistan High Commissions) at 09.45am for departure at 10.00am in our own cars. Car pooling should be possible.

FOCUS

'LIVING IN IS LIVING OUT'

Thursday, 29th January, 3.00 pm

How do you feel about this concept? It would be good to have a discussion on live-in relationships. The subject will be introduced and then thrown open for discussion. It should make for an interesting afternoon!

At the residence of:
Shireen Khemchand
C-2 Gulmohar Park
Limit - 25



DANCE AWAY

Friday, 23rd January, 11.30 am

Get fit, have fun and learn some new moves. Learn to dance Bollywood style!

Don't forget we now have a teacher, so there will be a charge for the class –Rs 200 per person.

At the residence of:
Vaneeta Podewils
136 Golf Links
Limit - 15



HINDI BOLO

All ladies interested in joining Bina's Hindi group should telephone Sylvia Kaelin (9811376569) or Bina Deogun (9810136589) to check on the date and venue.

This group is small but enthusiastic. Therefore they want the flexibility to meet more than once a month!

हिन्दी

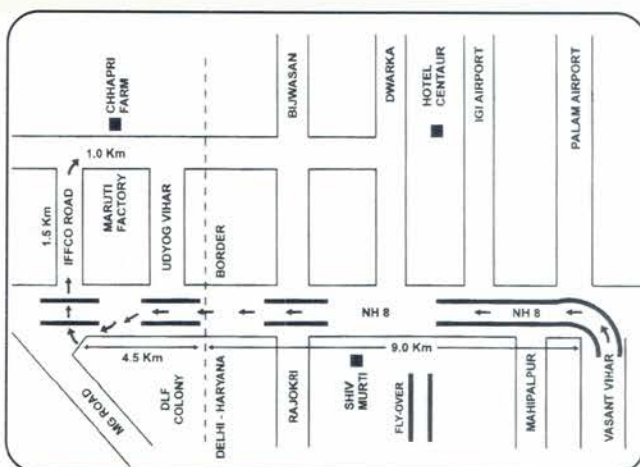
JANUARY CALENDAR

This month Bina writes:

Sorry folks, but no calendar dates are ready for January. However, here is some interesting information:



The Gregorian Calendar The Julian year of 365.25 days was longer than the true year of 365.2422 and led to discrepancies noticed in the observation of Easter. By 1582 the error accumulated to 10 days so Pope Gregory XIII revised the calendar and declared Friday 5th October to be Friday 15th October and maintained that if future centurial years that were not divisible by 400 were not to be treated as leap years, hence century years 1700,1800,1900,2100 though divisible by 4 were not leap years. Over a period of 400 years the leap years were only 97 and not 100. In Great Britain in 1752 Thursday 3rd September of the Julian calendar was designated as Thursday 14th September of the Gregorian Calendar and the beginning of the year was changed from the 25th March to 1st January. Some countries adopted the Gregorian calendar only in the 20th/21st centuries.

BINA DEOGUN



Directions on how to reach Chhapri Farm for January General Meeting

JANUARY 2009

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7  Cuisine 11.00 am	8  Book Circle 3.00 pm	9	10
11	12 Art & Culture 3.00 pm	13  Movies 02.30 pm	14	15	16 Close Encounters 03.00 pm Dinning Out 8.00 pm	17
18	19	20  Health & Fitness 3.00 pm	21  General Meeting 4.00 pm	22 Delhi Discoverers 10.00 am	23  Dance Away 11.30 am	24
25	26	27	28	29  Focus 03.00 pm	30	31