Women's International Club

March 2018

https://wicdelhi.wordpress.com/

International Women's Day WIC Celebration on March 14th 2018 (3-5 PM)

During our General Meeting we will celebrate International Women's Day. A day that we, as women, will focus on our added value to society, our gained knowledge and experiences and how we would like to be recognized as creative, proud and professional ladies with all our own unique personalities.

For this GM, we have invited two inspiring personalities who will share their unique experiences, professionally as well as personally: Ms. Nivedita Varshneya, Country Director - Deutsche Welthungerhilfe and Ms. Arati Kakatkar, General Manager Procam India.

Please join us to celebrate our sisterhood at the following venue:
B-39 Gulmohar Park

Please take note of the following:
1. Gala details are not available at the moment. We will do our best to update you at the earliest.
2. Landline of Mrs. Sheila Ghatate is (011)40111870.
Thank you!

EXECUTIVE COMMITTEE 2017-2018

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Body n Soul

An Introduction to Bach Flower Remedies

By Khurshed Batliwalla

Dr. Edward Bach discovered that certain flowers in nature have the ability to affect our emotions and health positively. His original Bach Flower system of 38 remedies and their combinations are simple and easy for everyone to understand and use.

The Bach Flower Remedies work in conjunction with herbs, homoeopathy and medications and are safe for everyone, including children, pregnant women, pets, elderly and even plants.

Khurshed Batliwala, who has had a few years of experience using them, will speak to us about them. Khurshed holds an M.Sc. in Mathematics from IIT Bombay. More than 20 years ago, he decided he would rather teach people how to meditate and make them happy instead of teaching them math and making them miserable. He became an Art of Living teacher and this allowed him to do exactly that and gave him the freedom to explore many of his varied passions. He loves music and plays the piano, is a foodie and runs the Cafe at the Art of Living Bangalore Ashram, enjoys long walks, is a certified Cranio Sacral Therapist, has designed his own board game called Mumbai Connection, is passionate about the environment, likes movies and theatre with happy endings... and absolutely enjoys teaching!

His interest in the Bach Flower Remedies was sparked when he saw a book about them. He got the book, didn't read it for 5+ years until providence forced him to read it (another story). He created the remedies for himself and others around him and saw for himself how effective they were.

He went on to become a certified practitioner of the Bach Flowers and has been using them for over 3 years and has treated hundreds of people with them.

Bach Flower Remedies are one of the most wonderful non invasive ways of healing. We look forward to an informative and enjoyable afternoon with Khurshed Batliwala.

Date: Monday, 5th March, 2018 at 3.00 pm
Venue: Residence of Ms. Prama Bhandari
Mob: 98106 45467
8 Padmini Enclave, Hauz Khas
New Delhi – 110016
Limit: 30
RSVP: https://doodle.com/poll/tgb6qm7a8ucktrrr

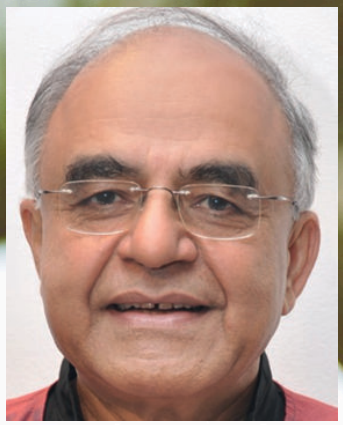
Cultural Kaleidoscope
Womens International Day with
Moroccan Culture, Costume & Food

Morocco is the gateway to Africa……. It is a country of dizzying diversity with epic mountain ranges, ancient cities, sweeping deserts…… and warm hospitality. Morocco is best described as a nation of both Arabs and Berbers. The Berbers were Morocco's original inhabitants. This country is distinguished by its Berber, Arabian and European cultural influences.

Karima Kaderi has graciously opened her home to celebrate Women's International Day with Moroccan culture, costume & food.

Date: Thursday, 8th March, 2018 at 3.00 pm
Venue: Residence of the Kingdom Of Morocco
12 Shivji Marg, Westend Greens
New Delhi
RSVP: https://doodle.com/poll/tgb6qm7a8ucktrrr

The Book Club
" Making a Living vs Making a Life"
By Gurcharan Das



Gurcharan Das is an Indian author, a commentator and a public intellectual. He is the author of The Difficulty of Being Good': On the subtle art of dharma which analyses the epic, Mahabharata, and the international best-seller, India Unbound, amongst many others.
He is a regular columnist for six Indian newspapers and writes periodic pieces for the New York Times, Wall Street Journal, Financial Times, Foreign Affairs, and Newsweek.

His other literary works include a novel, A Fine Family, a book of essays, The Elephant Paradigm, and an anthology, Three Plays, consisting of Larins Sahib, a prize-winning play about the British in India, which has been presented at the Edinburgh Festival; Mira, which was produced off-Broadway to critical acclaim from New York critics; and 9 Jakhoo Hill which has been performed in major Indian cities. He is presently editing for Penguin The Story of Indian Business in 15 volumes, of which six have already appeared. He lives in New Delhi with his wife.

He will be speaking on "Making a Living vs. Making a Life".

DATE: Wednesday March 21st, 2018 at 3.00 pm
VENUE: Residence of Ms. Smita Divan (Mob: 98117 70405)
B - 39 Gulmohar Park
New Delhi - 110049
LIMIT: 25
RSVP: https://doodle.com/poll/tgb6qm7a8ucktrrr

Culinary Trails
Eating Out At Diggin

Brunch anyone?

Tucked away in the Santushti Shopping Complex is Diggin Café..……a perfect blend of magical ambience and delicious food. It is a delightful place with refreshing interiors and an open section amidst greenery. They specialise in Italian and Continental cuisine and have amazing deserts. Crispy zucchini fries, artichoke baby corn and fennel salad, baked goat cheese, cheese jalapeno poppers, lasagna or spaghetti all sound like a treat. See you there for a lazy brunch and maybe a spot of shopping later....

Date: Thursday 29th March, 2018 at 12.30 pm
Venue: Diggin, 11 Santushti Shopping Complex
Race Course Road, Chanakyapuri
New Delhi -110003
(Italian/Continental Café)
Price: Rs.700/- Per Person (Approx.)
RSVP: https://doodle.com/poll/tgb6qm7a8ucktrrr

News from Executive Committee

The Executive Committee organized a Welcome Coffee Morning for the new members 2017/2018 on 8th of February, which was hosted by Vibhuti Sharma.
Again, please welcome:

Mahwisch Sohail Mahmood, Pakistan, mah786wish@yahoo.com
Marion Wortberg, Germany, marion2911@freenet.de
Noor Anand Chawla, India, nooranand@gmail.com
Sukh Mishraa, India, sukhmishraa@gmail.com
Dr. Poonam Batra, India, drpoonambatra@gmail.com
Dr. Palwasha Haider, Pakistan, palwasha.haider@gmail.com

In addition, we would like to introduce you the members of the Nomination Committee for WIC Executive Committee 2018-2019.

Chairperson-Parveen Kaur

Indian members
Sheila Ghatate
Anushree Mahajan
Anita Dua

Foreign members
Ruchika Rajan
Atsuko Jhakar
Salonica Aggarwal

MAR

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 Body n Soul (3.00 pm)	6	7	8 Cultural Kaleidoscope (3.00 pm)	9	10
11	12	13	14 General Meeting (3 PM)	15	16	17
18	19	20	21 The Book Club (3.00 pm)	22	23	24
25	26	27	28	29 Culinary Trails (12.30 pm)	30	31