



WIC News

General 3rd
Bookmark 24th (25)
Food 12/11 (30)
Spotlight 11 (2)
Healthwise 25 (40)
culture 19 (40)
Mrs Anus 17 open

The President's Letter November 1999

Dear Members,

November brings us beautiful weather, an increasingly busy social life, and the Diwali festival - a special occasion of dance, fireworks and an exchange of gifts and sweets. Happy Diwali to all our Hindu friends.

To celebrate this occasion, renowned dancer and scholar Sonal Mansingh, will talk to us about the traditions surrounding Diwali, amidst Gujarati song, dance and food. Please come in festive dress to add to the colour and ambiance, and do also bring a diya so that we may together add our illumination to the occasion.

The Hauz Khas madrassa will be our Trips and Tours highlight this month; and Indian cinema fans will be thrilled by Maura Sabin's lecture and film clips, covering fifty years of Indian cinema; while Manju Kapur will discuss her book *Difficult Daughters*, which received the 1998 Commonwealth prize for a first book in Eurasian literature. Those of you who plan to participate in the Thai cooking (and eating) demonstration will probably also want to learn more about body fat, courtesy of our Healthwise group!

I do hope that you all enjoy our November offerings.

Sincerely,

Mona Madi
President



**GENERAL PROGRAMME
NOVEMBER**



DIWALI DIWALI DIWALI ...

We have a special Gujarati celebration planned for Navratra and Diwali.

On the 3rd of November at 4 pm, we will gather on the lawns of Anita Meattle's home. Wear your colourful lehenga choli, drink masala chai, munch Gujarati goodies and - DANCE!

Garbha of Dhandiya Ras will be performed by a group of Gujarati girls. They will teach us this fabled folk form. Danseuse and scholar, Sonal Mansingh, will speak to us, explaining the spiritual and ritual traditional which surround Navratra and Diwali.

**Wednesday 3rd November
at 4 pm, at Anita Meattle's Home
26 Prithviraj Road**



CELEBRATING
29th
YEAR

WOMEN'S INTERNATIONAL CLUB

EXECUTIVE COMMITTEE 1999-2000

Mrs. Mona Madi	<i>President</i>	1/50M, Niti Marg, Chanakyapuri, New Delhi - 110021	Tel. : 6114094,6114097 Fax : 6885355 Email : monamadi@hotmail.com
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Vacant	<i>Membership</i>		
Mrs. Titli Sahni	<i>Hospitality</i>	67 Friends Colony West New Delhi - 110065	Tel. : 6311962/6311944
Mrs. Annie Howard	<i>Newsletter Editor</i>	3 Central Lane, Babar Road New Delhi - 110001	Tel. : 3352272 Fax : 3351272



CIRCLE LEADERS

1999-2000

CELEBRATING
29th
YEAR

BOOK MARK *Formerly Books*

- Mrs. Maya Carolli 129 Sainik Farm, New Delhi - 110062 Tel. : 685 9153
- Mrs. Nina Dey Gupta Bulbul House 5 Mahatma Gandhi Marg, New Delhi - 110024 Tel. : 643 4836
- Mrs. Nicky Gablin B-31 Soami Nagar South New Delhi - 110017 Tel. : 628 8877

CULTURE PANORAMA *Formerly Culture & Performing Arts*

- Mrs. Veena Dass 27 Aurangzeb Road New Delhi - 110011 Tel. : 301 2713 Fax : 301 0128
- Mrs. Mona Aggarwal 2 Church Road, Delhi Cantonment New Delhi - 110010 Tel. : 569 3824 Fax : 569 4552 Fax : 335 4712
- Mrs. Ruth Max 134 Golf Links New Delhi - 110003 Tel. : 463 6846 Fax : 463 6594

FOOD & FLOWERS *Formerly International Cuisine & Gardens*

- Mrs. Aruna Varma A123 New Friends Colony New Delhi - 110065 Tel. : 684 8925-692 6743
- Mrs. Parbeen Kaur 16 A, Palaam Marg, Vasant Vihar New Delhi - 110057 Tel. : 611 5425 Fax : 688 0064 Fax : 611 3705

HEALTHWISE *Formerly Recipe for living*

- Mrs. Frenny Billimoria A2/2 Safdarjung Enclave, New Delhi - 110029 Tel. : 618 2520 Fax : 618 2444
- Mrs. Tess Herzog 35, Poorvi Marg, Vasant Vihar, New Delhi - 110057 Tel. : 614 0187 Fax : 614 0187
- Mrs. Neena Malhotra E-51, 2nd Floor Greater Kailash - II New Delhi - 110048 Tel. : 628 3677 Fax : 622 8039

SPOTLIGHT *Formerly Focus*

- Mrs. Priscilla Confiado J-1204/A, Palam Vihar Gurgaon, Haryana Tel. : 91-36 5420
- Mrs. Stella Kirton 186, Jorbagh New Delhi - 110 003 Tel. : 464 2873
- Mrs. Indra Rani Jerath 74 Anand Lok, New Delhi - 110049 Tel. : 625 0560

TRIPS & TOURS *Formerly Excursions*

- Mrs. Harash Kapur 3-B Mathura Road Jangpura Ext. B New Delhi - 110014 Tel. : 432 1012 Fax : 431 4016 Fax : 431 5048
- Mrs. Rupa Sahni 20 Amrita Shergill Marg New Delhi 110003 Tel. : 461 1977 Fax : 461 9553
- Mrs. Helga Sarna 31 Poorvi Marg, Vasant Vihar, New Delhi - 110057 Tel. : 615 1297 Fax : 615 1298

CIRCLE PROGRAMMES

TRIPS & TOURS

HAUZ KHAS Madrassa

We will take a walk through the ruins of the Madrassa (college for religious and language study) at the Hauz Khas great tank. It was built on an L-shaped plan by Feroze Shah Tuglak in 1359. Lattice windows, medallions in stucco and deep niches for books, make this a unique complex. The grave of Feroze Shah stands in one corner. A special attraction will be a Thai lunch in a private tree house a five minute drive away - price per head around Rs. 200, (optional lunch).

For those who wish to read about this and other monuments, Percival Spear's "Delhi its Monuments and History" is recommended.

on Wednesday 17th November;
meet at the IIC parking lot at 10 am sharp.

Healthwise

Body FAT

Dr Anjali Arora, is an MD in clinical bio-chemistry. During post graduation, she dealt extensively with lipids - body fat - in normal pregnant women. Her interest in lipids led her to establish a hyper-lipidaemia clinic, perhaps the first of its kind, at the Escorts Heart Institute and Research Centre in 1993.

Looking after patients with hyper-lipidaemia, she realised that lipid, obesity and related diseases were more problematic in women than in men.

This should be an enlightening talk for us ladies!

Thursday 25th November, at 3 pm
at the home of Shyama Gurbachan Singh
12 Kasturba Gandhi Marg Tel : 332 9611

Parking will be available at Shyama's and also at Sohinder Nabha's (10A KG Marg)
Limit - 40 persons

Food & Flowers

Thai for all seasons

Come and revel in a Thai cooking demonstration amidst Thai antiques, objects d'art, exotic flowers, ponds and fishes.

Thai food is light and healthy as well as being visually appealing, and sometimes excitingly spicy. Drawing on centuries old and traditional recipes, and eschewing mono-sodium glutamate so often used in Asian cooking, the Blue Elephant chefs will have our taste buds popping.

Friday 12th November, at 10 am to 12 noon
at the Intercontinental Hotel's

Blue Elephant Restaurant, on Barakhamba Avenue, Connaught Place.
Limit - 50 persons

CIRCLE PROGRAMMES

Spotlight

Humour in Media

Heart to Heart with Daniel Lak

Spotlight is indeed very pleased to welcome Daniel Lak of the BBC to the club. Daniel, a Canadian by birth, started his journalistic career in that country, where he worked extensively in radio and television in the nineteen eighties before leaving for Britain in 1987., to join the BBC.

He has had extensive experience in the sub-continent, having worked in Islamabad, Kabul and Herat, to name but a few. Then he had a short stint in London as the BBC foreign affairs correspondent, before coming to India in March 1997.

"People often ask me if it's my choice to be in India", says Lak, "and I tell them the truth, that I competed against seven other people to get this job; and it is the one I have always wanted"

Thursday 11th November 1999, at 3 pm.

at the home of Deepak Chopra, E-2 Defence Colony, New Delhi - 110 024

Tel. : 462 3773, 462 8844

Limit 50 persons

CULTURE PANORAMA

INDIAN

CINEMA

6288877

DECODED

Maura Sabin developed her love and encyclopaedic knowledge of Indian cinema while studying Hindi during her early posting with the US Embassy in Lahore. Says Maura, "I thought that if I had to study the language for many hours, this was an easy way to do it.: Her span of study covers fifty years of Indian cinema, and is laced with humour and accompanied by film clips.

Friday 19th of November, at 3 pm

at the Oberoi Hotel, Zakir Hussain Marg

hosted by Evelyne Jochem,

last minute queries to Tel : 628 8877

Limit : 40 persons

CIRCLE PROGRAMMES



Book Mark

Difficult Daughters

The book is set around the time of partition, and is the story of a woman torn between family duty, the desire for education and, illicit love.

The author, Manju Kapur, was born in Amritsar. She teaches English literature at Miranda House, Delhi university, and received the 1998 Commonwealth prize for a first book in the Eurasian literature category.

Wednesday 24th November at 3 pm.
at the Home of Rehka Kripalani
20 Sunder Nagar, New Delhi - 110 003
Tel : 462 4632, 469 0794
Limit : 25 persons

From the Editor's Desk



1. Change of Venue -
October's BOOKMARK programme will now be held at
188A Jorbagh, 2nd floor, opp. Rajdhani Nursery at 3 pm on 21st Oct. (ZAKIR ZAHEER - Tel : 464 0639)
2. Change of Address -
Barbara Wittenberg is now living at
Mehrauli Road, Empire Estate, Bungalow 1B, Sultanpur. Tel - 98110 98038
3. Farewell -
Rather belatedly, we say "au revoir" to members Dorothea Metten, Susan Carter, Kanta Stanchina, Marianna White, Viviane Vitar and Suhardini Suwardi
4. Condolences -
Sadly, in recent months, members have lost loved ones, and our sympathies go out to Gita Devi in respect of her mother
Pam Mohan Singh who lost her husband
Janet Burns - Walker who lost her father.
5. For personal reasons, Josefina Young has resigned from the Executive Committee as Membership Chairperson.
6. Stella Kirton has agreed to join the Spotlight group in place of Smita Ghatate
7. Group Courtesy - it is requested that mobile phones be switched off during all WIC meetings.
8. Members who sign for Circle activities are requested to inform the organiser if for any reason they have to drop out, as there is often a waiting list, and someone else could step in.

November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 GENERAL MEETING Diwali - 4.00 pm 26 Prithviraj Road	4	5	6
7	8	9	10	11 SPOTLIGHT Humour in Media 3.00 pm E-2, Defence Colony	12 FOOD & FLOWERS THAI for all Seasons 10.00 am to 12 noon Intercontinental Hotel	13
14	15	16	17 TRIPS & TOURS Haus Khas - 10.00 am IIC Parking lot	18	19 CULTURAL PANORAMA Indian Cinema - 3.00 pm Oberoi Hotel	20
21	22	23	24 BOOK MARK Difficult Daughters 3.00 pm 20 Sunder Nagar	25 HEALTHWISE Body Fat - 3.00 pm 12 K.G. Marg	26	27
28	29	30				