

# WOMEN'S INTERNATIONAL CLUB

## NOVEMBER 2017



### EXECUTIVE COMMITTEE 2017-2018

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janchawla@gmail.com  
98102 40416

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#### 2nd Vice President

**Marjan Franzen**

marjanfranzen@gmail.com  
96501 18773

#### Secretary

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9811035648

#### Membership

**Monika Sharma**

monika25sharma@hotmail.com  
9811076630

#### Treasurer

**Vibhuti Sharma**

Vibutisharma@yahoo.com  
9811061461

#### Hospitality

**Renu Gupta**

renusg@gmail.com  
9818271544

#### Newsletter

**Anca Radulescu**

ank.radu@yahoo.com  
8375824739

### ANNOUNCEMENT FROM NEWSLETTER EDITOR

Following several inquiries, I would like to clarify a few things:

1. The email containing the newsletter for the following month is sent, without fail, by 20th of the month. If you do not receive the email by that time, please check your spam folder or send an email to [wic.exec@gmail.com](mailto:wic.exec@gmail.com).

2. Alternately, if you do not receive the newsletter email by 20th of the month, please visit (click on link) <https://wicdelhi.wordpress.com/>

On this website, you can easily locate all this year's newsletters, including the current one. All the documents are password protected and you can view them by using the password "wic" (small letters, no quotation marks). The newsletter for the following month will always be uploaded by latest 20th of the month.

3. As some WIC members do not have access to email or internet, please help us identify these individuals so we can arrange to either:

- provide them with a basic printed copy at the General Meeting or

- provide them with a basic printed copy by post at their address. For this, we will need to have the member's UPDATED AND CORRECT address.

If you are aware of members who need one of these support options, please ask them to confirm their address with Membership Chair, Monika Sharma or Hospitality Chair, Renu Gupta.

Anca Radulescu

### ANNOUNCEMENT FROM HOSPITALITY

Please send your RSVPs through the Doodle link:

<https://beta.doodle.com/poll/rhdpxvfctr3kieru>

Instructions on how to use Doodle - Please click on the link and it will open a new website. There, you will be able to see a spreadsheet with all the dates in an image above and boxes for the names on the left side. Enter your name in the name field at the bottom of the table and make a tick mark in all the fields of the dates you want to participate. Leave the box free if you don't want to participate. After that please don't forget to click "Save". That's it!

In case you are unable to send your RSVP through Doodle then please send me your responses through email ([renusg@gmail.com](mailto:renusg@gmail.com)) or sms (9818271544).

Renu Gupta

### ANNOUNCEMENT FROM TRAVEL CIRCLE

We are cancelling the trip to Nagpur/Pench, as we have not been able to get the minimum required number.

Thank you!

### Remembering Maki Mehta

Maki Mehta has passed away.  
Our prayers and thoughts are with her family.  
May God bless her soul to Rest In Peace...



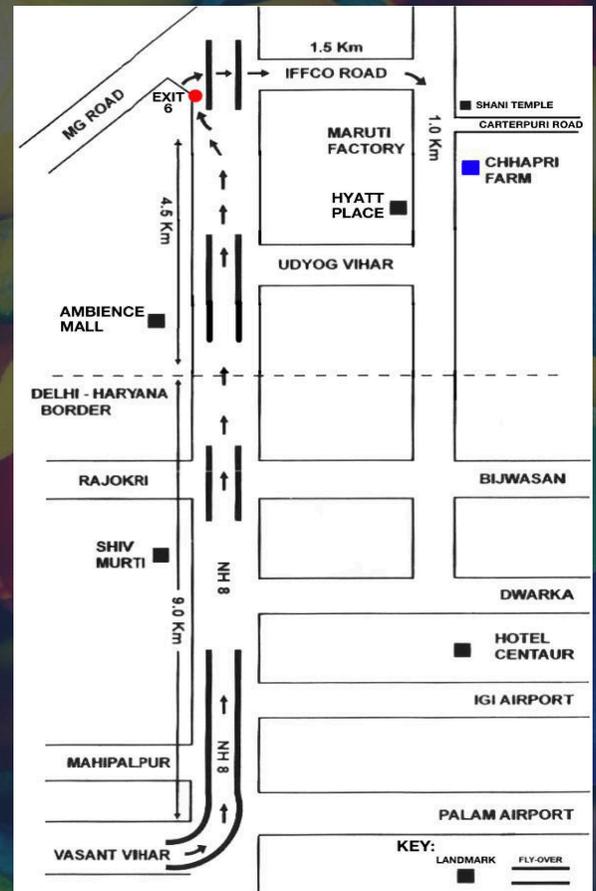
# General Meeting WIC November 8th 2017 'Inspiration of the WIC and its members'

When we all feel a fire in the belly, we know by experience that there is something going on! Something good. Our curiosity, motivation and eagerness to know more is being triggered. We can surf on the new energy within us enabling us to run and jump into the unknown.

On November 8th 2017 (between 12 noon and 13:30 hrs followed by lunch) we will explore our own inspiration, as unique individuals, as a team of WIC members, and as a club of more than 150 members inspired to enhance international friendships. Under the guidance of facilitators we will find the true colors of our inspiration by sharing stories, painting our visions and listen to an inspirational speaker who will open up and share her inspiration.

We invite you all to be part of this GM at Gugu's farm on November 8th from 12 noon onwards!

Address: Chhapri Farm, Gurgaon.



# The Performing Arts

## Yuriko Lochan speaks on 'dumb type'

"dumb type"

started off as an Artists Collective in Kyoto, Japan, in the early 1980's. Members are trained in varied disciplines, including visual arts, theatre, dance, architecture, music composition and computer programming.

'dumb type' is known for portraying a dark, cynical, and humorous world in which technology is a way of life—if not necessarily a welcome one. While based in Kyoto, Japan's ancient capital, 'dumb type' is oriented more to the global than the local, the contemporary over the traditional.

Notably, 'dumb type' rarely uses spoken language, but they do use projected texts, usually in English, even in Japan. However, communication through bodies in the physical act of performance transcends language. Even the group's name, 'dumb type', seems to refer to a certain silence of written (typed) text. Their name does not contain any capital letters; the letters themselves are dumb in the sense of being mute.

Yuriko Lochan is a Delhi based artist and was one of the founding members of this Collective. She completed her undergraduate studies and obtained a Master's in painting from the Faculty of Fine Arts, Kyoto City University of Arts. She has participated in many group and solo exhibitions in Japan and in India.

Yuriko will talk about the focus and dynamics of drive of the Collective, as well as share memories, images and video clips of some of their major works.

Date: Thursday, 2nd November, 2017

Time: 11.00 am

Venue: Residence of Ms. Sohinder Nabha  
10 A Kasturba Gandhi Marg  
New Delhi – 110001  
Mob: 98100 91469

Limit: 25 - 30



The Book Club  
"The World Is What It Is"  
An Authorised Biography of  
V.S. Naipaul By Dr. Patrick French



"Between the pages of a book is a lovely place to be".....

"The World Is What It Is is the first major biography of V. S. Naipaul, the controversial and enigmatic Nobel laureate - a stunning writer whose only stated ambition was greatness, in pursuit of which goal nothing else was sacred."

Dr. Patrick French is the Dean of the School of Arts and Sciences and Professor for the Public Understanding of the Humanities at Ahmedabad University, and a Visiting Fellow at Cambridge University's Centre for Research in the Arts, Social Sciences and Humanities.

An award winning historian and biographer, his books include *Youngusband: The Last Great Imperial Adventurer*, *Liberty or Death: India's Journey to Independence and Division*, *Tibet, Tibet: A Personal History of a Lost Land*, *The World Is What It Is: The Authorized Biography of V.S. Naipaul* and *India: A Portrait*.

He is presently working on the official biography of the Nobel Laureate Doris Lessing. His work has won prizes including the Somerset Maugham Award, the Royal Society of Literature WH Heinemann Prize, The Sunday Times Young Writer of the Year Award, the Hawthornden Prize and the US National Book Critics Circle Award.

Date: Friday, 3rd November, 2017

Time: 3.00 pm

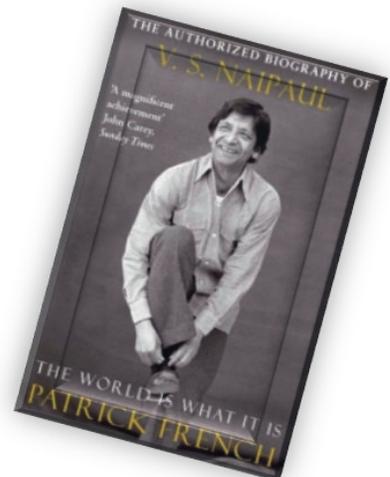
Venue: Residence of Ms. Madhavi Divan

9 Nizamuddin East

New Delhi – 110013

Mob: 98738 19504

Limit: 40



Body n Soul  
"The Ancient Spiritual Discipline of  
Breath Control"  
A Talk and Practice Session by Sunita Arya,  
Baba Ramdev's Patanjali Yoga Instructor

In recent years, 'Yoga Pranayam' has proven its effectiveness in combating stress related disorders and modern life style diseases much beyond the scope of any other system of medicine.

The Sanskrit word 'Pranayam' is divided into two words – 'Prana' means the life force or energy, 'Yama' means control. 'Pranayam', the science of Breath Control, consists of a series of exercises to keep the body in good health. By controlling 'prana', we control the mind and ensure adequate supply of oxygenated blood to all parts of the body.

Sunita Arya, as Baba Ramdev's instructor, represents this great yogic tradition and follows Ramdev's Patanjali concept of revived yoga, simplified to suit contemporary lifestyle. She has had background study in the discipline of Yoga, Naturopathy, Acupressure, Diet and Nutrition.

Sunita will explain the concept and methodology of Breath Control (Pranayam) to us. She will guide us through a basic practice session - namely, Anuloma and Viloma, Kapalhati, Agnisar, Bhramari, etc. The talk will be followed by members' participation and a question - answer session.

Please come dressed in comfortable clothing.

Date: Tuesday, 21st November, 2017

Time: 3.00 pm

Venue: Residence of Ms. Anita Dua

B-3 Defence Colony

New Delhi - 110024

Mob: 98109 89433

Limit: 30

# Culinary Trails

## Eating Out At 'Jom Jom Malay'

Jom Jom your way through Malay food at this new restaurant ---first of its kind authentic Malaysian cuisine.

A well lit welcoming restaurant with a Malay rickshaw adorning its entry.  
If you have a taste for Asian food-----chances are you'll be going nom nom at Jom Jom!!

Vegetarians welcome - there's plenty for you!!

Date: Friday, 24th November, 2017

Time: 12.45 pm

Venue: 'Jom Jom Malay'

BG 04 Ground Floor

Ansal Plaza

Khel Gaon Marg

New Delhi

Cost: Approximately Rs.750/- per person (as usual, we go dutch)



## Cultural Kaleidoscope Carpets, Rugs and Qilims by Dr. Seema Bhalla

Hand knotted Carpets are an integral part of a majority of the interiors. These floor coverings are not merely enhancers of a décor. They carry unspoken tales, woven intricately within the quiet world of their waft and weft.

In her talk, *Carpets, Rugs and Qilims*, Dr. Seema Bhalla, a club member and an Art Historian, will share the narratives that various designs have to tell to their owners. The talk will be based on identifying some of the symbols that might simply be taken as a part of the design, but are actually carrying a meaning and a narrative.

We, the Circle of Cultural Kaleidoscope, invite all the WIC members to share the stories - woven in their carpets, rugs and qilims. If you have any pieces that you would like to share with other members, please send the pictures and contact Seema Bhalla (9316120551) for including these pictures with stories of the patterns on your woven beauties.

Date: Thursday, 30th November, 2017

Time: 3.00 pm

Venue: Residence of Ms. Sheila Thadani

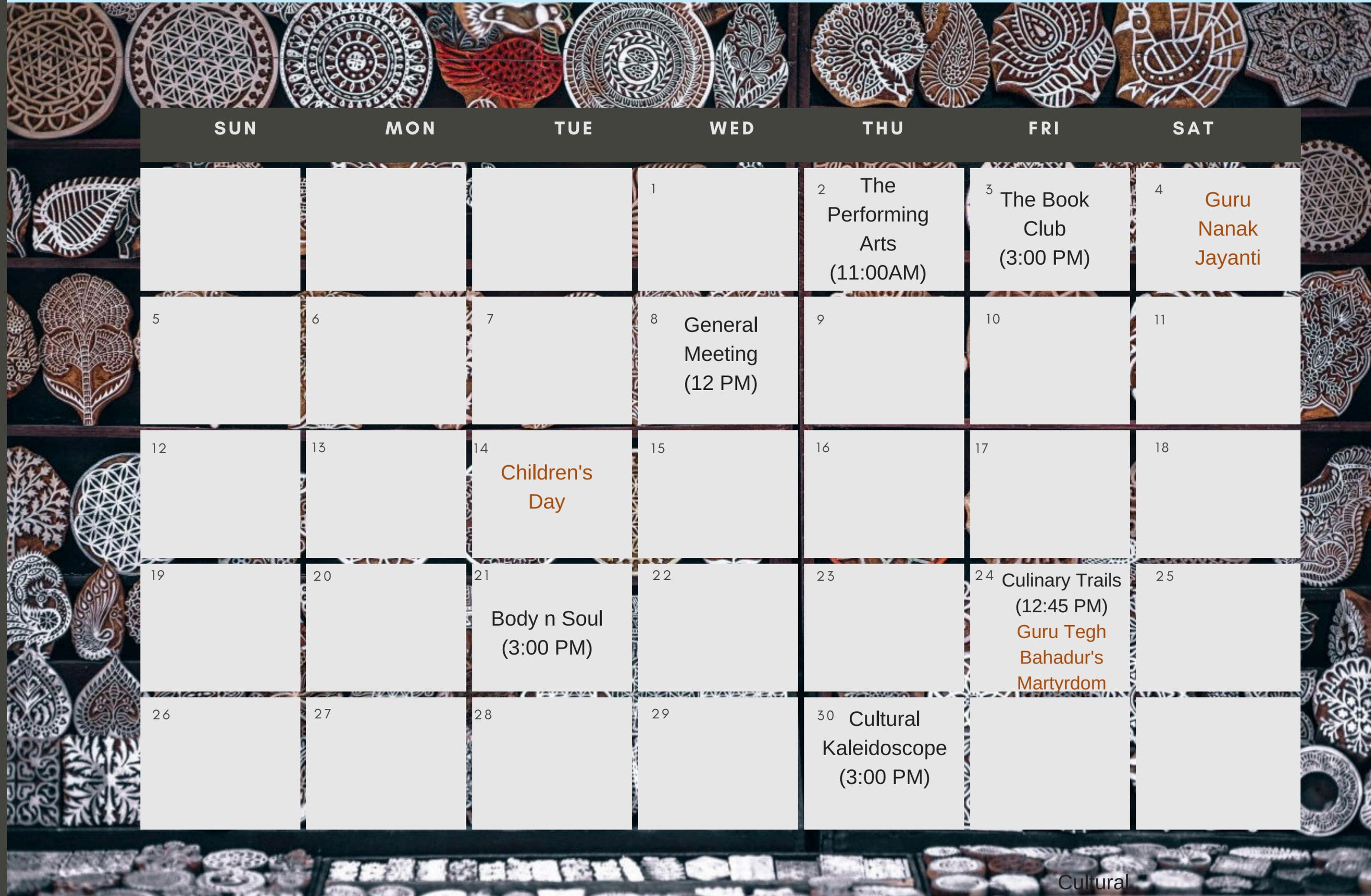
A- 17, Mayfair Gardens,

New Delhi - 110016

Mob: 98103 08345

Limit: 25

# NOVEMBER 2017



SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 The Performing Arts (11:00AM)	3 The Book Club (3:00 PM)	4 Guru Nanak Jayanti
5	6	7	8 General Meeting (12 PM)	9	10	11
12	13	14 Children's Day	15	16	17	18
19	20	21 Body n Soul (3:00 PM)	22	23	24 Culinary Trails (12:45 PM) Guru Tegh Bahadur's Martyrdom	25
26	27	28	29	30 Cultural Kaleidoscope (3:00 PM)		