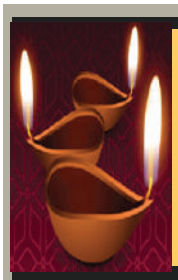


WOMEN'S INTERNATIONAL CLUB

NOVEMBER 2018

https://wicdelhi.wordpress.com/

From The President's Desk...

As we start 'spring cleaning' our homes to welcome Goddess Lakshmi and get set for the Diwali festivities, nature too has obliged. The last few delayed monsoon showers washed the Delhi air 'clean', the soft slanting rays of the sun now seem so pleasing, the trees and foliage look fresh -- the watered grass in the gardens, lawns and parks is slowly turning to lush green. I so look forward to these few weeks as we approach pre-winter. It's invigorating, to say the least.

At the same time, it has been an encouraging start for all of us with a robust participation at the Special General Meeting—there was sharing of thoughts, ideas, positive interaction, clarifying doubts and most of all the unflinching support to make the Club financially viable and to have a re-look at its Constitution.

And, there's more good news. The membership sub-committee chaired by Karima Kaderi got a head start and has inducted nine wonderful ladies as new members of the WIC. Congratulations are in order and on behalf of the membership committee, the Executive Committee, I am proud to welcome them amidst our fold. I have no doubt they shall enjoy the General and Circle meeting programmes, which have been fascinating, interesting and interactive. For me in particular each one of the activities so far has been a learning experience and encouragingly well-attended.

However, unfortunately during one of the programmes, our member Nayana Goradia had a nasty fall, undersent a surgery and is back home. I am sure you will all join me in wishing her a speedy recovery.

I, on behalf of the Executive Committee, take this opportunity to wish all our members and their families an exciting, joyous and a Happy Diwali.

Renu Mehra

Executive Committee Members 2018-19

President
Renu Mehra
renu.mehra.128@gmail.com
9811130422

1st Vice President
Leena Singh
leena_s455@hotmail.com
9810032426

2nd Vice President
Seema Bhalla
seemabhalla2003@yahoo.com
9316120551

Secretary
Dominique Chorosz
dominique.chorosz@gmail.com
8447334247

Membership
Karima Kaderi
karima.india@yahoo.com
7042890922

Treasurer
Anuradha Kumra
anuradhakumra1@gmail.com
9810277441

Hospitality
Stevie Clayton
stevieclayton174@gmail.com
8826049651

Newsletter Editor
Sabina Inderjit
sabina@infa.in
9810005349

General Meeting

For November General Meeting, we invite our members to embark upon a journey through an Art Performance of myths and narratives, real and imaginary.

Seema Kohli, the poet and artist takes us along into her own landscape of discoveries where fantasy is manifested.

Her inspiration comes from the mythical womb, *Hiranyagarbha Koham* or *The Golden Womb,* which is the source of joy and from the depth of which emerge many manifestations of her Universe.

Artist of eminent standing of the Indian art fraternity, Kohli has shown her works in Venice, Basel, Brussels, Melbourne, London, NY, Dubai, Singapore, Delhi, Mumbai, Kolkata, Hyderabad, Bangalore and other cities. Her experiential videos were well received in Venice Biennale 2013.

Recently Kohli held interactive sessions, workshops and performances during her visit to Harvard, UConn, UC Davis, UChico and Buffalo.

Date: Wednesday, 14 November
Venue: High Commission of Bangladesh
EP-39, Dr. S. Radhakrishnan Marg,
Chanakyapuri
Gate No.1
Time: 3 PM

Please carry your ID proof.

Culinary Trails

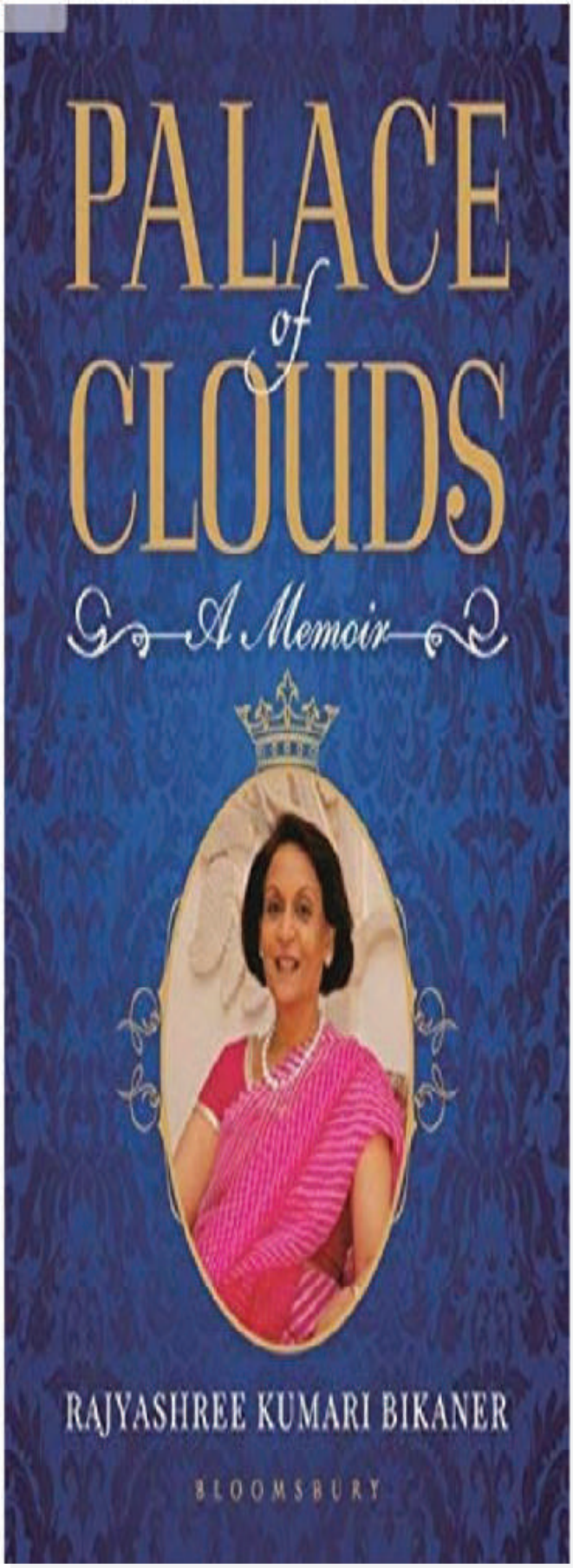
Jamie's Italian Restaurant

Jamie's Italian was founded by Jamie Oliver and his Italian mentor. Jamie's Italian serves rustic Italian dishes using recipes that have been tried, tested and loved. All the dishes are made fresh daily, at site. Our member Meagan Reid is planning an exciting tasting menu.

Venue: Jamie's Italian
3rd floor, Ambience Mall
Vasant Kunj, New Delhi
Date: Thursday 15 November
Time: 12.30pm

Limit: Strictly 20 people (first come first serve basis) Rs 500 per person approx. Do specify if you are vegetarian or non vegetarian.

Book Club



This book evokes the romance of the rugged desert kingdom of Bikaner and its Rajput royal family. It is a richly woven tapestry encompassing five generations of an aristocratic family's past and present. Tales of valour, battles and coronations, the splendour of the royal courts, Rajput culture and traditions are set against the backdrop of palaces, forts and hunting lodges. The author describes her formative years during the Sixties and her adventurous journey from her home in Bikaner to life in London. The author brings to life a treasure trove of anecdotes and introduces us to a world of style and sportsmanship.

Maharajkumari Rajyashree Kumari has written two other books. She has also had a distinguished sporting career including winning the Arjuna Award for shooting at the age of sixteen. She is devoted to preserving heritage properties and is passionate about animals.

Date: Tuesday 20 November

Time: 3.00 pm

Limit: 25

Venue: Resience of Lakshmi Chandra,

9/1, Shanti Niketan, Ground Floor

Directions: When you enter the Shanti Niketan main gate from Rao Tula Ram Marg, please take a left at the large circle on to street 3. Proceed straight, the house is the last gate on the right hand side, adjacent to 3/45.

For those who would like the author to sign a copy of this fascinating book, please find it at all leading bookstores and at this link

https://www.amazon.in/Palace-Clouds-Rajyashree-Kumari-Bikaner/dp/9386950626

The Arts

Christian Dior: Ten years of creations which revolutionised the fashion world!

Christian Dior set a style and elegance that is still pursued today by the brand. He was a visionary man and his name is legendary!

French haute couture won't be the same without fabulous embroideries. Many of these were sourced from India!

Our member, Dominique Chorosz, will give a fascinating audio visual presentation about this interesting aspect of high fashion!

We will also have Olivia Dar, who has worked on some projects for French designer Christian Lacroix, using the skill of Indian craftsman. She will be bringing some samples of these embroideries.

Please don't miss this exciting programme!

Date: Wednesday 21 November.
Time: 3.00 pm
Venue: E 52 Sujan Singh Park, Residence of our member Deepak Chopra.
Limit: 25.

Body & Soul

Nada Vibronics: Vibrational Healing with Shruti

Have you heard of or experienced NADA VIBRONICS, the vibration – healing ecosystem for wellness and the cure of the autoimmune system? Do come and hear about this astonishing and fascinating healing system by its Pioneer, Shruti Nada Poddar, the lady with the awesomely amazing voice, known globally as a musician and healer with Nada (Sound).

Benefits of Nāda Vibronics:

- Cure of Disease, Holistic Well-Being and Personal Empowerment
- Simple and Practical Methods for Self-Healing
- Recognising Our Energetics, Vibrational flux and disorders
- Understanding Chakras and their Alignment with Human Body
- Effect of Mantra on different planes and parts of our being
- Simple Techniques of Thought Transmutation
- Healing With SEED sounds
- Mudra Pressure Healing
- Nada And Visualization Therapies
- Inner Travel for Healing
- Harmonization at Home and Work

Shruti is a Mentor, a Wellness Coach, a Cultural Expert, Educationist and Faculty Trainer. She is also a cultural and wellness consultant and an exponent of heritage conservation, art history and Indigenous Knowledge Systems.

Her healing sound ecosystems are used by individuals, medical, educational and research institutions worldwide. She has been awarded for her healing music and international relations by the Govt. of India and Diaspora institutions since 2002.

Date: Thursday 22 November
Venue: Nandini Pattani, 50 Anand Lok, New Delhi-110049
Time: 3. p.m.
Limit: 20-25

Indian Heritage & Sites

This November we are honoured as the renowned historian, academic and filmmaker, **Sohail Hashmi,** who is also a true '*Dilliwalah'* will take us for an immersive heritage walk.

This walk will begin at **Chawri** stopping at Shyam Sweets for the traditional Delhi breakfast of *Bedmi Poori* before going on to visit **Jama Masjid**. On way to the mosque we take a small diversion to the **first Girls school** started in Delhi in 1904 before entering the market of the jewellers. **Dareeba** is also the place where you can shop for perfumes. From Dareeba Kalan we will go into the market of the lace makers, **Kinari Bazar** and the heritage enclave known as inhabited by several families of Shwetambar Jains. **Nau Ghara** is also the site of a beautifully preserved late 19th century temple. The walk concludes with a visit to ***Gali Parathey-waali*** with shops that have been serving *Paratha* lovers from early 1870s. Beyond *Gali Parathey Waali* is **Kunwarjis Namkeen** and then **Chandni Chowk**. We conclude with a short introduction to Chandni Chowk. This walk with all the stops takes about 3 hours.

After the walk concludes we will visit the **Haveli Dharampura**, a Welcome Heritage property for some refreshments.

Date: Friday 23 November
Time: 8 a.m.
Limit: 15
Price: The cost of the Heritage Walk is Rs 6000/- which will need to be equally shared amongst those attending. Other costs would be on actuals for the food/drinks.

Contact:
Anushree Mahajan @ 9818249594; Parbeen Kaur @ 9810625869; Bubbles Suneja @ 9810003354

World Panorama

Japanese Art form Furoshiki

& Tenugui

Dominique Chorosz our very talented member will introduce us to Tenugui, a long kitchen towel and Furoshiki, a square piece of cotton are found in every Japanese household. From a basic use some are so beautifully printed that they have become decorative items. She will talk about this evolution and show you how to make elegant wrapping with a simple piece of cloth or why not use it as a nice centre on your table cloth. While living in Tokyo, she had the opportunity to visit a house where they printed Tenugui, an extraordinary journey into authentic traditional Japan! There is plenty to say about these amazing Japanese cotton fabrics. Our other member Atsuko Jakhar will kindly assist her, adding her own knowledge.

Date: Tuesday 27 November
Time: 11.30 a.m.
Hostess: Sheila Thadani
A-17 Mayfair Gardens,
New Delhi-110016
Limit: 20

Notice Board

Sad Demise

As informed earlier our senior member Mrs Kamla Sondhi passed away last month. A big loss to the club and we will miss her.

- **Warm Welcome To Our New Members**

1. Lan De Hartingh (France/Vietnam) 9319402826; ian@dehartingh.fr
2. Binita Bah (Guinian) 9650980038; fatoumatabinta.bah@lapooote.net
3. Misayo Yagi (Japan) 9560004267; kaemichimi@yahoo.co.jp
4. Kano Hori (Japan) 9711883791; cherokki2007@gmail.com
5. Lorna Wood (UK) 8826469071; woody3376@hotmail.co.uk
6. Nadia Yahia Jenane (Morocco) 9717184237; yahiajenanenadia@gmai.com
7. Zahra Slassi (Morocco) 7042386688; zahra.slassi@gmail.com
8. Mapulane Phohleli Tsikone (Lesotho) 9667874169; mapulanephohleli@gmail.com
9. Catherine Dubruel (France) 9818998105; dubruel_roma@yahoo.it

- **Treasurer, ANURADHA KUMRA**: For those who are yet to clear their annual subscription of Rs 4,500/- please do so at the earliest given that the Constitution in Article IV states, I quote: "Dues are payable from May 1 onwards, but not later than November 15th of each year. Any member whose dues are not paid during this period ceases to be a member."

  Please note the cheque should be only in the name of: Women's International Club. Do put your name in capital letter and phone number at the back of the cheque. Collect your receipts at a General Meeting.

- **Hospitality, STEVIE CLAYTON:** For those who would like to RSVP via email please do so at email id stevieclayton174@gmail.com and NOT tevieclayton1@gmail.com or SMS at 8826049651.

- **Newsletter Editor, SABINA INDERJIT**: Those who require a printed copy of the newsletter may please collect it at the General Meetings. And for those who haven't given their names please do so with full and correct address, to ensure it reaches you well in time. If you haven't received your copy feel free to call and let me know.

  Also, those who have a change in their email id please let know as while I get no failure notice, some members say they haven't got the NL. Further, while we would not like to flood you with emails, the Executive Committee decided that a Gentle Reminder could be sent out two days prior to the programmes.

Motions Passed at the Special General Meeting

Two motions were passed by the membership at the Special General Meeting held on 19 September at the India International Centre Annexe:
The first was a *Special Resolution* to amend the *Constitution and By-Laws* of the Women's International Club, Delhi which was passed unanimously; and the second was an increase in membership dues which, after amendment, was passed by a simple majority of those members present and voting.

Special Resolution
Remove *Article IV*, *Section 1 (d)*:
"**Section 1 – Annual Dues**
(d) Any increase in dues shall be announced with justification ahead of the Annual General Meeting and approved by a simple majority of the General Body."
And **replace** it with:
(d) Any increase in dues shall be proposed, with justification, at an Annual General Meeting or a Special General Meeting. In either case notice of at least 14 days must be given and the increase must be approved by a simple majority of those present and voting. In any event, the membership dues may only be increased once in any Club Year."
Amend *Article III*, *Section 7 (a) 3)*:
"**Section 7 – Termination of Membership**
The Executive Committee has the right after due notice to terminate membership of any member, who …
3) Participates in the name of the Women's International Club in any activity, or uses the Women's International Club, its Activities Meetings, Membership List, or Newsletter in furtherance of any activity which may be construed as
i. Unlawful,
ii. Political in nature,
iii. For personal financial gains."
By **inserting** after point iii.: "This section is not intended to prevent sponsorship of Club activities such as the annual Gala."
Amend *By-Law, Article III, Section 6 (d)*:

"**Section 6 – Obligations of Membership**:
(d) No commercial transactions whatsoever shall take place during any Meeting or Group Activity or at the premises where such Meetings and Activities are held."
By **inserting** at the end of Sec 6 (d): "This section is not intended to prevent sponsorship of Club activities such as the annual Gala."

Proposed	**Seconded**
Renu Mehra	Stevie Clayton
President	**Hospitality Chairperson**

Motion

The annual *Membership dues* for the *Women's International Club, Delhi* for the 2018-19 Club Year be increased to 4,000 rupees;

This change take effect immediately from the conclusion of the meeting; and

it does not take effect retroactively, so members who have already paid their annual membership dues will not be affected.

Proposed	**Seconded**
Anuradha Kumra	Renu Mehra
Treasurer	**President**

This motion was amended at the meeting to make annual membership dues 4,500 rupees.

Proposed	**Seconded**
Vibhuti Sharma	Anita Dua

This was passed by a simple majority

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 General Meeting 3.00 PM	15 Culinary Trails 12.30 PM	16	17
18	19	20 Book Club 3.00 PM	21 The Arts 3.00 PM	22 Body & Soul 3.00 PM	23 Indian Heritage & Sights 8.00 AM	24 South India Trip
25 South India Trip	26 South India Trip	27 World Panorama 11.30 AM South India Trip	28 South India Trip	29 South India Trip	30	