



NOVEMBER 2008

GENERAL MEETING

WEDNESDAY, 12th, November 2008, 3pm

At

The Residence of Mrs. Anita Meattle
26 Prithviraj Road.
New Delhi

CLASSICAL NOTES:

STORIES OF RAGAS

as told by Renuka Narayan and demonstrated by Fateh Ali on the Sitar

Ragas are the scales and melodies that form the foundation of Indian Classical Music. We are extremely privileged to have Renuka Narayanan; Editor, Religion and Culture of the Hindustan Times, speak to us about the significance and history of particular ragas. Renuka is not only a brilliant scholar of the various schools of Indian philosophy and religious thought but also of Indian classical music and dance. Her writing is characterised by wisdom tempered with wit and humanity. She is an avid historian and leads history walks for the India Habitat Centre. She is also much in demand as a speaker on a wide ranging variety of subjects. In other words, Renuka is the complete renaissance woman and we are delighted to have her.

The Ragas will be played by young and brilliant Fateh Ali who belongs to the sixth generation of a family of Sarangi Players of the Moradabad Gharana. Fateh Ali was initiated into vocal music from an early age of seven by his grand father, (Late) Ustad Siddique Ahmed Khan Sahab. Presently, Fateh Ali is advancing his art form and skill in "Sitar" under the personal guidance and training of his father Ustad Ghulam Sabir Khan, again a well-known name in India for sarangi. His sitar gurus have been Guru Satish kumar ji and Ustad Shamsuddin Faridi Desai. His style of playing is unique and lyrical and is strongly rooted in classical music traditions, which appeals to the orthodox as well as progressive. He displays deep insight and understanding of ragas by blending their purity with imaginative experiments.

WOMEN'S
NEWS
W.I.C.

WIC COMMITTEE

2008 - 2009

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PRESIDENT'S LETTER

Dear Friends,

Our first general meeting was truly a joint effort. Lakshmi gave the initial plan and Frenny fine tuned it. Everyone participated with vigour and enthusiasm, from the senior most to the newest, speakers, singers and the band as well. Many thanks to each one of them.

It was also a day when we bid fond farewell to our Shakuntala Chandra - the founder President, whose casual conversation with friend Ann Stone resulted in this exciting animated group. Thank you very much Shakuntala for being with us all along.

Our circle leaders, too, have given us very interesting programmes. From Surya Namaskar Asana to the movie "Brick Lane", to a discussion on violence against women, laws and its uses.

One of the Executive Committee's concerns has been non-delivery of the Newsletter and reply card. Of course, most of them reach, however even a small number not getting them is not acceptable. Therefore we are considering sending the Newsletter by email. Most of our members have the facility, and those who do not will be sent the Newsletter by courier service, as usual. Are we ready for the change? Please do let us know. Your feedback would help.

Before I end let me share this Zen story I came across recently.

A stone cutter always pined to be like the wealthy merchant he worked for. To his utter surprise, one morning he WAS transformed into a wealthy man !

A few days later, he saw a powerful officer pass by, everyone was bowing to him, and he wished he was powerful like the officer. Low and behold he became a powerful man. He became ambitious and wished to be like the cloud and wind to roam about freely all over. All his wishes were granted.

As the wind he could roam anywhere except when he came across huge boulder which always stopped him from going further. So he wished he had the power to stop anyone and everyone. and he turned into an imposing boulder. He looked around with pride and power, but when he looked down what did he see!!- a Stone cutter ready with hammer to put a nail into him. !!

CHOOSE TO GREEN UP YOUR GRASS, RATHER THEN HOPPING THE FENCE.

Warm regards,

Smita

President

BOOK CIRCLE

CIRCLE LEADERS

Books

Urmila Sahay	98186 53474
Nina Dey Gupta	98112 81607
Sigrun Srivastava	98101 18345

Cuisine

Leena Singh	98100 32426
Cindy Murdock	98175 35965
Kiran Anand	9810122700

Art & Culture

Rita Gharekhan	24 339 740
Zakia Zaheer	98100 67090
Mechtild Van der Lugt	98731 72289

Dance Away

Vaneeta Podewils	98916 66765
Sarla Daga	26 143 467

Delhi Discoverers

Gugu Singh	98110 07710
Emma Horne	98105 79143

Focus

Shireen Khemchand	9953984304
Mona Reinboth	98715 65522
Sheila Ghatate	98681 25252

Close Encounters

Nima Malhotra	98101 28029
Tirdi Sahni	98185 28900
Kim Narisetti	98101 72879
Sheila Dobson	9891988832

Health & Fitness

Shakuntala Dawesar	98114 40101
Katie Behrens	99586 75308
Indu Sahni	9810033860
Anita Meattle	98111 99111

Hindi Bolo

Sylvia Kaelin	98113 76569
Bina Deogun	98101 36589

Shining Out

Bindu Talwar	98180 77882
Niti Judge	98105 64346

Movies

Niru Kapur	98100 76063
Sudarshana Singh	98186 75765

Special Philosophy Circle

Maria Polychronides	9873900969
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Trips and Travel - National and International

Bina Deogun	98101 36589
Niti Judge	98105 64346

'Life is Peculiar'

Tuesday, 14th October, 3.00 p.m.

Roswitha Joshi, a German who is married to an Indian and who has been living in India since 1971, is going to talk about her book 'Life is Peculiar'. The book contains a string of small anecdotes and incidents which are humorous, suspenseful and thought-provoking.

At the Residence of:
Raj Nanda
4/23, Shanti Niketan
Limit: 25



AS THIS IS SHORT NOTICE, CONTACT MI-RAN LEE IMMEDIATELY IF YOU WOULD LIKE TO ATTEND. PLEASE EMAIL HER - RATHER THAN PHONE HER - IF YOU ARE ABLE TO: kumgangindia@hotmail.com

CUISINE

Turkish Cuisine

Friday, 7th November at 11am

Turkey is known for an abundance and diversity of foodstuff due to its rich flora & fauna, and regional differences. The foundation of Turkish food is, if anything, dough made of wheat flour. Grilled meat kebabs are, of course, among the nation's favourites and not to forget the famous sweet, baklava.

Our morning will include a demonstration during which ladies can try their hand at various dishes. Emphasis will be on vegetarian recipes using locally available ingredients. Come and join us for an interesting Turkish morning.

At the residence of:
Seniz Yoruk
50N Nyaya Marg,
Chanakyapuri
New Delhi

Limit - 15



HINDI BOLO

Tuesday, 11th November at 11am

Join Bina for Hindi conversation. Make sure you attend. It's interesting and great fun!

At the residence of:
Bina Deogun
1-3 Maharani Bagh

हिन्दी

LUNCHING OUT

Moti Mahal Deluxe

Thursday, 13th November, 1.00pm

Moti Mahal Deluxe is the new contemporary look of the Moti Mahal which traces its pedigree and glorious past from the famous Old Delhi classic Moti Mahal at Daryaganj. It also signifies Moti Mahal's culinary trail from Peshawar to Delhi. This restaurant offers the cuisine that it truly pioneered in the city - Butter Chicken, Dal Makhani, various kebabs and more.

Cost: Rs. 500 approx. per person [as usual we will go dutch]

Moti Mahal Deluxe
M 30, M-Block Market
Greater Kailash I



HEALTH & FITNESS

Friday, 14th November, 3.00pm

Skin Care Specialist, Tania Sethi, of Nirvana Spa will be speaking about holistic and sacred skin care practices, the essence of true beauty and how to experience a subtle glow within and without. She will discuss practical as well as mystical anointing and adorning techniques, and she will offer dietary recommendations to sustain beautiful skin. Her experience is vast including 13 years as a licensed aesthetician, practicing mainly in New York City. She is also a 2nd generation skin care specialist and has been involved in her family skin clinic for 32 years. Come and join us for an hour of transformational beauty.

Flat 3, Ground Floor
1 Link Road, Jungpura
(under Defence Colony Flyover)

Limit: 30



DANCE AWAY

Friday, 21st November, 11.00am

Get fit, have fun and learn some new moves.
Learn to dance Bollywood style!

At the residence of
Vaneeta Podewils,
136, Golf Links

Limit: 15



MOVIES

Between The Lines

Monday, 17th November, 2.30pm

German film, *Between the Lines – India's Third Gender*, follows photographer Anita Khemka who sets out to explore the hidden hijra subculture of Mumbai. She penetrates the secret and complex world of the hijras who for centuries have lived on the fringes of Indian society.

Anita Khemka, whose work has been widely exhibited in India and overseas, hopes to join us for a discussion following the film.

At the Residence of
Taru Kanwar
3/3, Shanti Niketan

Limit: 25



DELHI DISCOVERERS

Visit to Khohar Haveli

(on the way to Sohna)

Wednesday, 19th November, 10.00am

We will drive 60 km to visit an amazing site in Haryana. It is ringed by the ancient Aravalli ranges (at 2 billion years, they are the oldest fold mountains of the world). Two havelis of the 17th and 18th centuries were restored by the well known Aman Nath/Francis Wacziarg duo between 1984 and 1988. Near them, at the foothills of Aravalis, they have created an underground architectural wonder around an excavated well. This is proposed to be developed into a Spa – aptly called “THE WELL-NESS WELL”!

We meet in the car park of Nehru Park (behind Australian & Pakistan High Commissions) and proceed in our own cars. Since it is an one hour drive, please try to be punctual!

After the visit to the site, we propose having a picnic – so please bring along whatever you may like to eat and drink.

FOCUS

Corporate Social Responsibility

Monday, 24th November, 3.00pm

(CSR) is a concept whereby organizations consider the interests of society by taking responsibility for the impact of their activities. This responsibility extends beyond statutory obligation and sees corporations voluntarily taking steps to improve the quality of life for employees and the wider community. In India, women are playing a predominant role in spearheading CSR initiatives.

Internationally acclaimed management expert, **Dr. Vinayshil Gautam**, will be joining us to explore this topic. He has facilitated Management Development activities overseas as well as in some of India's finest organisations. He has been a visiting faculty to universities such as Cambridge, Sussex, London, Brunel and Dominican. Among other things, Dr. Gautam has been on major administrative reform committees of the Government of India and made significant contributions at the policy level.

At the residence of:
Mona Reinboth,
Royal Norwegian Embassy,
50-C, Shantipath
Chanakyapuri

Limit - 35



ART & CULTURE

A Journey through Uzbekistan - a cultural ride along the Silk Route

Wednesday, 26th November, 3.00 pm.

Dr Syeda Hameed, Member Planning Commission and Chancellor, Maulana Azad National University, Hyderabad is no stranger to this club, as she has addressed us twice earlier. Being an erudite speaker she will talk to us about her journey through Uzbekistan, giving us a glimpse of this artistic, historical newly born Republic and its most exotic monuments. Munish Chopra, a young graphic designer, will be showing selected slides from his collection of 680! A fascinating journey.

Hungarian Cultural Centre,
1-A, Janpath

GLAD TIDINGS

Our Member Katie Behrens has had a baby Girl- Clementine Alice India-born on 22nd July 2008 [Weight 6 lb 10 Oz]

**A Charming
Letter from our
founder president
and past member
Ms. Shakuntala
M. Chandra** ▶

CORRECTION

In the September newsletter, under the circle, Close Encounters, we inadvertently mentioned politics and religion as topics that may be discussed This is against club policy and we regret this error.

50, Anandlok
New Delhi-110049

September 11, 2008

The Executive Committee
Women's International Club
New Delhi

Dear *Smita*

I would like to express my thanks to you, the Executive Committee, and to my friends and members of the Women's International Club for their warm welcome, and for the beautiful bouquet of flowers that was presented to me at the September General Meeting on September 10th.

It was a very kind and a most thoughtful gesture to have invited me, which I greatly appreciated, as it gave me an opportunity to say goodbye to friends who did not know that I had resigned in May, 2008 at the end of the Club year.

It was a lovely ending to my long association of 37 years with WIC. I will always remember the happy memories I have of the friendship and support of the members that I enjoyed through all those years.

I will certainly continue my interest in everything connected with WIC, as it was a big part of my life for so long.

Wishing the Women's International Club a very successful future.

Yours sincerely,

Shakuntala M. Chandra

NOVEMBER CALENDAR

The months :

Kartik till Nov 22 then Agrahayana

The Season: Hemant

In India we have 12 Months, and 6 Seasons.

4th Chhat Puja (Bihar)

11th Vaikuntha Chaturdashi

13th Guru Nanak's Birthday

13th Pushkar Fair,

13th Kartik & Rasa Purnima / Jain Rathayatra

14th Children's Day (Nehru's birthday)

30th Zulhijja --Muslim (30) / Ist Sunday in Advent (Christian)

Complied by Bina Deogun

NOVEMBER 2008

SUN	MON	TUE	WED	THU	FRI	SAT
30						1
2	3	4	5	6	7  Cuisine 11.00 am	8
9	10	11 हिन्दी Hindi Bolo 11.00 am	12  General Meeting 3.00 pm	13  Lunching Out 1.00 pm	14  Health & Fitness 3.00 pm	15
16	17  Movies 2.30 pm	18	19 Delhi Discoverers 10.00 am	20	21  Dance Away 11.00 am	22
23	24  Focus 3.00 pm	25	26 Art & Culture 3.00 pm	27	28	29