

WIC NEWSLETTER



OCTOBER, 1996

Dear Member:

Hello there! Welcome to the first programme of the year--I do hope you enjoy it as much as we have putting it together.

Delhi is still sweltering--life (or lack of it!) is being hounded and compounded with no lights, at home or at traffic crossings, and V.I.P. movements adding to our woes!! Hopefully the weather will improve and we look forward to more outdoor activity in the coming months.

We have made a good beginning on our membership campaign and we welcome our new members. I am looking forward to more suggestions coming to Maggie Knight and her Membership Committee from you all.

See you all next month and wishing a Happy Dussehra.

Sarabjit Anup Singh, President



THE OCTOBER GENERAL SOCIAL MEETING will be held at October 9, at 3 p.m. in the home of Christine Wisner at the U.S. Embassy Residence. Due to security, members are kindly requested to provide the names of their guests on the RSVP card or call Zakia Zaheer (tel: 3327382 or 3329472) to make arrangements. Many thanks.



During the summer we received a long newsletter from the **Welcome to Washington International Club**. In it was a brief review of the Zurich WCI Conference held in early June. Details were scanty but plans have been firmed up for the next such conference: **May 3 to 9, 1998 in Naples, Florida (USA) at the LaPlaya Beach Resort**. Watch this space over the coming months (years!) for more information in case you wish to attend the conference.

While in the US, I rang Ruth Munn, Chairman of the WCI Advisory Committee. She is delighted to have a Delhi branch of the WCI and sent her best wishes to the WIC for the coming year.

If any members contacted WCI branches during the summer, perhaps they would let me know so I can add that information to our files.

Peggy Sood, WCI Liaison

WIC EXECUTIVE COMMITTEE 1996-1997

Sarabjit (Gugu) Anup Singh	President	5563788(H), 6119449(Ofc)
Anthea Marsden	1st Vice President	4675074
Shireen Khemchand	2nd Vice President	6517573, 6515123
Anita Batra	Treasurer	4602791
Angeliki (Kiki) Theophilou	Secretary	6874892
Zakia Zaheer	Hospitality	3327382, 3329472
Maggie Knight	Membership	6883447
Renate (Ronnie) Coleshill	Newsletter	6872045(H) , 3316841(Ofc)

CIRCLE LEADERS 1996-1997

BOOKS	Tahmina Islam Nina Dey Gupta	6886178 6434836
EXCURSIONS	Helga Sarna Sheila Ghatate	6103319, 6166095 3329823, 3329346
FOCUS	Noni Singh Jyotsna Govil	6848817 6514787, 6855174
GOURMET & GARDEN	Maki Mehta Yuni Mochany	8350314, 8350311 6461458
INDIAN & INTERNATIONAL CULTURE	Jyoti Wazir Laxmi Chandra	4698143, 4631983 6885545
RECREATIONAL ACTIVITIES	Christine Wisner Vinu Baig	6113033, ext 2226 6838946, 6835801
VISUAL & PERFORMING ARTS	Surla Daga Amrita Mankad Alexandra Tomasikova Agnel Berry	6143467 6888761 601015 4618870
YOGA	Indu Sahni	6841840, 6822960



VISUAL & PERFORMING ARTS

The NGO Child Relief and You (CRY) will present a Street Play performed by 18 children of their shelter school. The children are aged between 5 and 14 years. The play will be followed by a short film and talk on the work of the shelter.

Tuesday, October 29, 3 p.m. - Hostess: Amrita Mankad; D-1/59 Satya Marg, Chanakyapuri; tel: 6888761.



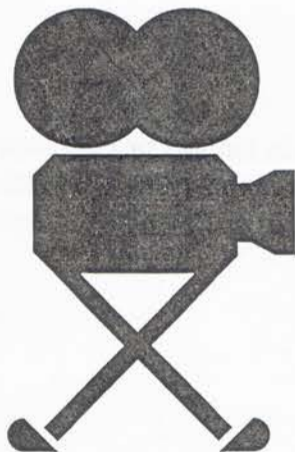
BOOKS

The Books Circle speaker unfortunately could not confirm his schedule in time to make the October Newsletter deadline. Program and venue will be announced.



YOGA

This group will re-start in November with the cooler weather. More details in the November Newsletter.

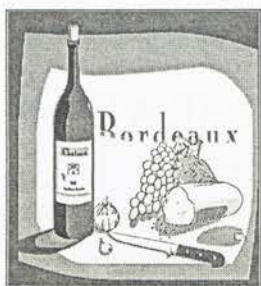


FOCUS 96

CRY - Child Relief and You - is dedicated to restore the rights of children. Recognizing that women can best guide the lives of their children, CRY, also empowers them through various programmes. Anita Kapur, President of CRY, will talk to us about their success and their problems.

Tuesday, October 15, 3 p.m. - Hostess: Noni Singh, B-41 Maharani Bagh; tel: 6848817

Anyone working with an NGO which would make an interesting program, please let Jyotsna Govil (tel: 6514787, 6855174) know. Many thanks.



GOURMET & GARDEN

Tuesday, October 15, 10:30 a.m. - Taj Palace

For your November schedule reserve **Friday, November 29, 10:00 a.m.** for a demonstration of Chinese cooking for up to 40 ladies at the Taj Mansingh Hotel.



INDIAN & INTERNATIONAL CULTURE

Manipuri Lecture Demonstration by Padma Shree Guru Singhajit Singh and his disciple-wife, Charu Mathur. Guru Ji has received the national awards of Sangeet Natak Akademi Award and Nritya Choodamani Award from Madras plus several others.

Friday, October 18, 3 p.m. - Hostess: Sandra Tomasik, Slovak Embassy, 50M Niti Marg, Chanakyapuri; tel: 601015

For your November schedule save **Monday, November 4** for an Indian & International Culture program at the British High Commission hosted by Mary Gore-Booth.

RECREATION, RECREATION, AND MORE RECREATION



Beginning September 17 through October, every Tuesday morning, Christine Wisner has invited the members of WIC to swim at her residence from 9:30 to 11 a.m. U.S. Embassy, Shanti Path, Chanakyapuri. There is keen for someone to organize and lead water aerobics. Any volunteers?



RECREATIONAL ACTIVITIES continue at Gugu Shing's, 16A, Palam Marg on Tuesday, September 22, at 10:00 a.m. Bring your cards, board games, handicrafts, friends, news of friends and join enjoy a sociable morning.

This regular Circle activity will be held on Fridays. Which Friday of the month will be determined on an ad hoc basis.



PRELIMINARY NOTICE

Golf at the Meadows Golf & Country Club

We propose a light-hearted golf morning sometime in January or February. Every golfer or would-be golfer is welcome. Please let Ninu Baig (tel: 6838946 or 6835801) know as soon as possible if you are interested. Golf lessons may be possible.

EXCURSIONS

Excursion in Delhi - **Visit Begumpur--Bahai Temple** - Few cities claim the long continuity and status that Delhi enjoys. Delhi has been the centre of power almost continually for many centuries and the rulers established a new city in different parts of Delhi. We have some fascinating medieval period monuments and plan to visit the Begumpur Masjid on our excursion October 10. Built during the 14th century, this Masjid was one of the important mosques during the reign of Ferozeshah Tughlak.

Later, we shall visit the Bahai (Lotus) Temple known for its beauty and unique architecture.

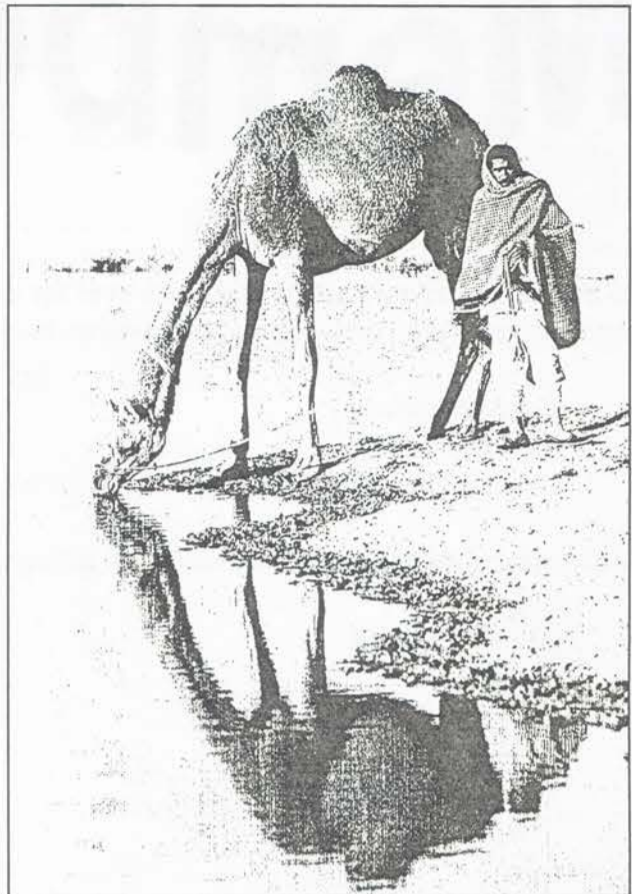
Join us at the gate of the Aurobindo Ashram (Aurobindo Marg, opposite IIT) at 10 a.m. sharp!

PLAN AHEAD FOR THE NOVEMBER EXCURSION! November 22-25

Pushkar Fair - Ajmer - Kishangarh -- an event not to be missed

With its forts, palaces, magnificently-moustached men with their dazzling turbans and women with their colourful ghagras and odhnis, Rajasthan is India at its exotic best. This "Land of the Kings" is the home of the Rajputs, known for their bravery, who ruled this part of the country according to a code of chivalry and honour. One of the most spectacular sights of Rajasthan, overwhelming in its magnitude and impact, is the Pushkar Fair held on the full moon in the month of Kartik. Camel races, folk dancers and musicians from all regions of Rajasthan make Pushkar Fair a riot of colour and a photographer's delight.

We plan to stay at the Roopangarh forte, home of the former rulers of Kishangarh, a few kilometres away from Pushkar. We will visit Ajmer and also view exquisite paintings for which Kishangarh is famous.



Bookings have to be made in advance for this internationally-known fair. Please hurry and book your place. Rs 6,250 covers transportation, room and board, and sightseeing. **LAST DATE FOR BOOKING IS SEPTEMBER 20.** Anita Batra and Anthea Marsden will collect payment. Don't miss this extravaganza.

Membership

We hoped we had said all our sad good-byes for the year, but this month we are losing five more cherished members. Farewell and best wishes to --

Gayle Gathercole
Sunita Kripalani
Beata Stier

Maggie Kenwood
Laila Nelson

We welcomed the following new members in September:

Alison DRAPER
(Robin)
UK

1/31 Shanti Niketan
New Delhi 110021
Tel: 6110484

Mako LUTYENS
(Charles)
Japan

88 Sunder Nagar
New Delhi 110002
Tel: 4649556, 4649557

Carol MEASHAM
(Anthony)
Canada

B-59, Paschimi Marg, 2nd Floor
Vasant Vihar, New Delhi 110057
Tel: 606610

Dorothea METTEN
(Amb Guillaume)
Belgium

Belgium Embassy
Nyaya Marg, Chanakyapuri
New Delhi 110021
Tel: 609224

Shushma NANDA
(K.K. Nanda)
India

E-122 Malcha Marg, Chanakyapuri
New Delhi 110021
Tel: 3013091, 3792921

Shirin PAUL
(Late Surrendra)
India

2, Aurangzeb Lane
New Delhi 110021
Tel: 3016252, 3016253

Saiqua SAMI
(H.C. Shafi)
Bangladesh

536 Patel Farm, Sainik Farms
New Delhi
Tel: 6854742, 665167

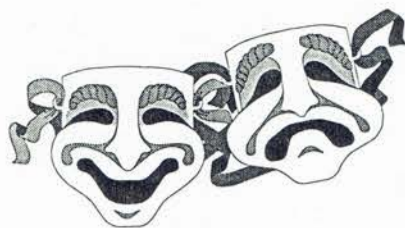
The new directory will be issued just as soon as we fill some of the 25 vacancies!

Changes to note in your directory:

Sarla Daga
Anthea Marsden
Helga Sarna

6143467; 6886228
4675074
6103319, 6166095

Please note - If you cannot attend the General Meeting of the month you should send your regrets in writing (see Constitution Pages 15-6a) to: Maggie Knight, 1/29 Shanti Niketan, New Delhi 110021. Thank you.

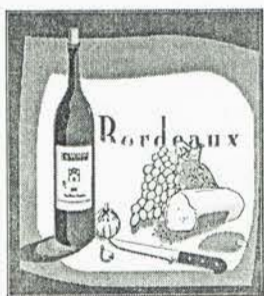


EXTRA! EXTRA! EXTRA!

Sushma Deshpande, journalist and theatre personality from Bombay, will perform a one-woman musical/theatrical show on **Friday, September 20, at 3 p.m. at 4 Amrita Shergill Marg** (at the home of Mrs. Lois de Beer-Terlouw). The show entitled, "I am Savitri Bai Phule," describes the development of women's education and social reform over the last 100 years, drawing on the pioneering work of Jyoti Bai Phule and his wife, the first woman teacher and pioneer of girls' education, in Maharashtra. The spectacle is in Hindi but commentary in English will be provided.

Please sign up on the sign-up sheet provided at the reception desk or call Zakia Zaheer at 332-7382 or 332-9472.

CORRECTION - PLEASE NOTE CORRECT DATE & TIME



GOURMET & GARDEN

Join us for an Indian Cuisine cooking demonstration at the Handi Restaurant at the Taj Palace - Wednesday, October 16, 10:15 a.m. - Up to 40 members.

For your November schedule reserve **Friday, November 29, 10:15 a.m.** for a demonstration of Chinese cooking for up to 40 ladies at the Taj Mansingh Hotel.

FROM THE EDITOR

As many of you enjoyed my synopsis of Khushwant Singh's and Suddhasattwa Basu's "*Nature Watch*" and Kavita Ratra's garden column for August and September, I am continuing with a synopsis for October:

"**October** is the pleasantest of all the months of the year in countries in the northern hemisphere, including India. The summer monsoon has washed the dust and dirt off the vegetation; the earth is still damp; not every gust of wind that blows sends up clouds of dust as it does at other times of the year. The air is clean, clear and wholesome. You do not have to go very far from Delhi to be able to see lofty snow-covered mountains over a hundred miles away."

The rainy season has brought many festivals throughout India. "Durgapuja (early October) is a nine-day affair largely confined to the Bengali community. But Dussehra, which comes about the same time, is celebrated on an elaborate scale with open-air performances of Ramayana ending with the burning of mammoth effigies of Ravana and his kinsmen. Dussehra is also Warriors' Day, when arms and weapons are worshipped."

"Apart from choryzzias and India myrtles there are hardly any other flowering trees or bushes to be seen in October. Choryzzia is a quick-growing tree and has the additional advantage of bearing blossoms that remain on the bough for over a month. The myrtle is in fact a native of China as its Hindi name *Chinai mehndi* indicates. While in India its bark is regarded as a stimulant, in China its bark, leaves and flowers are used as purgatives. You can see them in pink crimson, mauve and white in many gardens, roundabouts and parks.

"During October nature generally assumes a low profile. Few flowers are seen and few birds can be heard. It is a time of fulfillment of past endeavours."

October is a month of brisk activity for gardeners. If a well-planned and colorful winter garden is your target, work left incomplete in September due to rains, must now be completed.

Recommended soil mixture for flower and vegetable beds: 2 parts well-decayed farmyard manure, 1 part garden soil, 1 part leaf mould, 1 part sand.

Seedlings: Begin transplanting now. Annuals: Sow all winter seeds before 10 October or it will be too late

Vegetables: Finish sowing batches of vegetable seeds by the middle of the month to ensure a continuous supply. Seedlings such as beans, carrots, methi, peas, radish, spinach and turnips may be sown straight away in their permanent beds; the rest will need transplanting.

Chrysanthemum: Remove buds, basal growth and offshoots regularly and apply liquid manure once a week.

Roses: Begin pruning roses between October 10 to 15--depending on the weather. Stop watering the bushes 2-4 weeks beforehand. Avoid severe pruning of the bushes, unless the roses are to be exhibited, since heavy pruning drastically shortens the life of the plant in Delhi's hot summers. More flowers will be produced if the bush is pruned to only half its original size. For yellow roses only one third of the top of the bush should be pruned. Remove all woody dead and sickly stems along with those that criss-cross the center of the bush. Climbers need only trimming and removal of weak and spindly wood. After pruning add about 2" of well-rotted farmyard manure to the soil and flood the bed immediately after this.

Lawns: Weed and mow as growth increases. Give a light sprinkling of Ammonium Sulphate. An organic fertilizer such as Sterameal should be applied once this month.

Happy Gardening!

October

1996

1996

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		RECREATION 1 Swimming @ Christine Wisner's, Roosevelt House, US Embassy, 10 a.m.	INDIAN HOLIDAY 2 MAHATMA GANDHI'S BIRTHDAY	3	4	5
6	7	RECREATION 8 Swimming @ US Embassy, 10 a.m.	GENERAL SOCIAL METING 9 @ Christine Wisner's, Roosevelt House, U.S. Embassy, Shantipath 3 p.m.	EXCURSION 10 Begumpur-Bahai Temple - Meet at Aurobindo Ashram 10 a.m. sharp!	11	12
13	14	RECREATION 15 Swimming @ US Embassy 10 a.m. FOCUS Child Relief & You @ Noni Singh's, B-41, Maharani Bagh, 3 p.m.	GOURMET & GARDEN 16 Indian Cuisine Demonstration @ Handi Restaurant, Taj Palace Hotel, 10:15 a.m.	17	INDIAN & INTERNAT'L CULTURE 18 Manipuri Lecture Demonstration @ Slovak Embassy, 50 M Niti Marg, 3 p.m.	19
20	INDIAN HOLIDAY DUSSEHRA	RECREATION 21 Swimming @ Christine Wisner's, US Embassy, 10 am Get Acquainted Games & Chat @ Gugu Singh's, 16-A Palam Marg, 10 a.m.	22	23	24	25
27	28	RECREATION 29 Swimming @ US Embassy, 10 a.m. ARTS Street Play by CRY @ Amrita Mankad's, D-1/59 Satya Marg - 3 p.m.	30	31		

NOVEMBER GENERAL SOCIAL MEETING

November 13, 3 p.m.

Hostess: Shirin Paul

2, Aurangzeb Lane

Annual Diwali Program