



WIC News

The President's Letter October 2000

Dear Members,

October this year is a month of festivals - a time of celebration, fire crackers, *diyas*, and also a period of religious rites.

For us, this month offers a variety of stimulating programs that challenge our minds as well as our bodies. Trips & Tours will take us to unknown and interesting places in style and comfort; on the other hand, in our Focus program we visually visit Nagaland, a beautiful part in the north-east corner of our country, to learn about its people, its culture and its rich plant life.

This time, our General Meeting will coincide with the Diwali program, which will begin at 4:00 pm on October 20. Do please note the change in timing. Music, dance, artistic decorations, and a pleasing ambience are the highlights, so enjoy!

Sincerely,

Shireen Khemchand
President



**GENERAL MEETING
OCTOBER - 2000**



DIWALI MEETING

This month the General Meeting coincides with the Festival of Lights - Diwali, India's best-loved and most beautiful holiday. Amidst colour and gaiety Shovana Narayan, a renowned exponent of Kathak dance and recipient of the President's *Padma Shri* award, will, with her troupe, perform for us a dance with lit *diyas*. Members are invited to dress with festive flair.

Let us celebrate Diwali with music and joy!

Friday, October 20, at 4:00 pm
At the home of Anita Meattle
26 Prithviraj Road, New Delhi
Tel : 301-2289



WOMEN'S INTERNATIONAL CLUB

EXECUTIVE COMMITTEE 2000-2001

Shireen Khemchand	<i>President</i>	C-2 Gulmohar Park New Delhi 110 049	Tel: 651-7573 651-5123 e-mail: marysk@ndb.net.in
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Nandita Lahiri	<i>Treasurer</i>	J-1089 Palam Vihar Gurgaon Haryana 122 001	Tel: 916-360-539 916-367-882 e-mail: pranandita@yahoo.com
Amrita Mankad	<i>Secretary</i>	1 Lodhi Estate New Delhi 110 003	Tel: 464-0282 e-mail: piyushmankad@hotmail.com
Geraldine Hoekstra	<i>Membership</i>	9, Ashoka Avenue Chattarpur Farms New Delhi 110 030	Tel: 680-5506 Fax: 680-1399 e-mail: alexander.hoekstra@gems.vsnl.net.in
Stella Kirton	<i>Hospitality</i>	186 Jor Bagh New Delhi 110 003	Tel: 464-2875 Fax : 464-9826 Mobile: 98101-41339 e-mail: jkirton@del3.vsnl.net.in
Susan Boggs	<i>Newsletter Editor</i>	5 Aurangzeb Lane New Delhi 110 011	Tel: 301-5068 e-mail : sgrkboggs@mantramail.com



CIRCLE LEADERS

2000-2001

CELEBRATING
30th
YEAR

ABOUT TOWN	Anita Meattle	26 Prithviraj Road New Delhi 110011	301-2289
	Margaret Ridland	British High Commission Bungalow No. 4 New Delhi 110021	687-2161 ext. 2321
	Rupa Sahni	20 Amrita Shergill Marg New Delhi 110003	461-1977 461-9553
ART	Abidah Qazi	Pakistan House 8-B Tilak Marg New Delhi 110001	338-6023
	Vinu Baig	G-7 Maharani Bagh New Delhi 110065	683-8946 691-8496
BOOK MARK	Sunita Kohli	31 Golf Links, Grnd. Floor Front Apartment New Delhi 110003	461-1568 461-6963
COMPUTER CIRCLE	Janet Chawla	120 Sunder Nagar New Delhi 110003	461-1821 462-1190
CULTURE & MUSIC	Shameem Varadarajan	33 E IFS CGHS Apts. Mayur Vihar Phase - 1 New Delhi 110091	249-2727 685-8830
	Lakshmi Chandra	D-3/8 Vasant Vihar New Delhi 110057	614-5545 614-9503
FOCUS	Sheila Ghatate	901 Asha Deep 9 Hailey Road New Delhi 110001	332-9823 332-9346
	Monica Modak	P.O. Box 5277 Chanakyapuri New Delhi 110021	680-9365 680-3065
HEALTH-WISE	Kavita Ratra	Vasundhara Farm C/o The SPMIA Dharuhera Dt. Gurgaon, Haryana 122100	01274-42266 01274-42244
	Seita Vaidyalingam	8 Nizamuddin East New Delhi 110013	461-6227
MIND-BODY LINK	Prama Bhandari	8 Padmini Enclave Hauz Khas New Delhi 110016	686-2807
TRIPS & TOURS	Bina Deogun	1-3 Maharani Bagh New Delhi 110065	683-2736
	Sarabjit Anup Singh	16-A Palam Marg Vasant Vihar New Delhi 110057	506-3788 91-634-0365

CIRCLE PROGRAMMES



Protecting your Treasurers

Rupika Chawla, art restorer and conservationist, will be our guest speaker. She will show us, with the help of slides, how we can protect our own treasured art works at home.

Monday, October 30, at 3:00 pm
At the home of Noni Indrajeet Singh
B-41 Maharani Bagh (20 Eastern Avenue)
Tel: 684-8817 or 682-1188



Pavan Varma

Author

Pavan Varma, author of the critically acclaimed *The Great Indian Middle Class* (Viking/Penguin, 1998) and its sequel *Maximize Your Life: An Action Plan for the Indian Middle Class* (Penguin, 2000), will discuss both his books.

Mr. Varma is a career diplomat who has served in several interesting posts. He has been Director of the Jawaharlal Nehru Cultural Centre in Moscow, Press Secretary to the President of India, Spokesman in the Ministry of External Affairs, and is currently on the Africa Desk.

Mr. Varma's parallel career is that of author, columnist and public speaker. His other books are *Ghalib. . .*, *Mansions at Dusk: The Havelis of Old Delhi*, *Krishna. . .*, *Delhi* with Raghu Rai and *Yudhistar and Draupadi*.

Wednesday, October 11, at 3:00 pm
At the home of Hemant Pasrich
212 Jorbagh, New Delhi • Tel: 462-1699 or 463-1899
Limit: 30

PLEASE NOTE: Regrettably, the September talk on MOTH SMOKE is postponed. The Guest Speaker has to be in Jaipur on the 28th with the Pakistan Polo Team. We hope to have this programme at a later date as we know that several of you have already read the book and enjoyed it immensely.



COMPUTER CIRCLE

Organisational Meeting

For those of you who would like to enhance your Computer Knowledge and Skills, *this group is for YOU!* At our first meeting **Ms. Arthi Bindra**, from NIIT's (National Institute of Information Technology) Leda Family Club, will present an overview of learning options. Come prepared to put forward your own goals for the Circle. Any resources in Delhi you could share with the group would also be useful.

Wednesday, October 4, at 3:00 pm
At the home of Lakshmi Chandra
D 3/8 Vasant Vihar, New Delhi
Tel: 614-5545 or 614-9503
Limit: 25

Culture & Music

Qawwali

*A Fabulous Evening with the QAWWALS of
Nizamuddin Dargah*

Ghulam Farid Nizami and Party, a leading Qawwali group of Delhi, will present old favorites and music based on the traditions of the great Amir Khusrau, who raised devotional singing to ethereal heights. This form of music is associated with Sufi *dargahs* and is considered to be nourishment for the soul. To continue the Diwali festive mood this program will be held later than usual, and *spouses are welcome!*

The music programme will be followed by *kathi kebabs* and *kulfi* and *chai* at a nominal price.

Friday, October 27, at 5:30 pm
At the home of Rupa Sahnii
20 Amrita Shergill Marg, New Delhi
Tel: 461-1977, 461-9553
Limit: 60

FOCUS

NAGALAND

It's Culture and Flora

The eastern, hilly state of Nagaland is known for its rich cultural heritage, exquisite crafts and amazing diversity of flora. The tribes are differentiated by their hairstyles and by the patterns woven in their colourful shawls. They possess an intimate knowledge about the indigenous plants and the biodiversity of their environment.

Mr. Achyut Gokhale will speak to us about and show slides of the culture and the flora of this interesting and remote state. Mr. Gokhale is the Additional Secretary in the Ministry of Environment and Forests in the Government of India. He was awarded the *Padma Shri* for his work on the Village Development Board of Nagaland, and has published the book *Signature of Plants Through the Camera*.

Wednesday, October 18, at 3:00 pm
At the home of Veena Dass
27 Aurangzeb Road, New Delhi
tel: 301-2713

HEALTH-WISE

A Recipe for Living

This month we invite you to a very special afternoon at the Gnostic Centre. AMEETA MEHRA hosts workshops at her Centre on Meditation. In this tranquil setting we are invited to discover how to unlock the creative potential within ourselves, to regain and maintain well-being by living in harmony with the rhythm of our own beings. We will learn the ability to arouse the *Life Force* within us.

The Centre has a collaborative working partnership with CODE, Homerton College, University of Cambridge, U.K. Ms. Mehra is also an author, a theatre director, and owns the surrounding stud farm.

Please note: Car pools can be arranged both from IIC at 2:00 pm and at the Radisson Hotel parking lot at 2:30 pm with advance notice. For those who wish to come on their own, maps can be provided.

Friday, October 13, at 3:30 pm
At the Gnostic Centre, Bijwasan, New Delhi (Near Palam Vihar)
Tel: 91-636-0351 - Ameeta Mehra, or 506-3070/60 - Anuradha/Kirti
Limit: 35



We depart Delhi on Friday, 6 October at 7:30 am and return Sunday 8 October at 3:30 pm, giving us two days in and around beautiful Nalagarh. The cost of the trip is Rs 6000/- (Rupees six thousand only) and includes transportation and stay in the prestigious Nalagarh Fort Heritage Resort with all meals and visits to other interesting historical places.

In order to finalize and confirm the travel and accommodation arrangements, we would very much appreciate if the members wishing to join the excursion confirm their intentions over the telephone by Friday, 22 September. We apologize for the rush, but we want to make the most of the good weather in the foothills of the Himalayas!

Please phone either Bina Deogun at 683-2736 or Gugu Anup Singh at 506-3788 or 91-634-0365 immediately.

Notes from the Membership Chairperson

1. If you cannot attend a General Meeting, kindly inform the Membership Chairperson, Geraldine Hoekstra, as we do keep a record of attendance. Please be sure to sign your name on the *Sign-up Sheets* at the General Meetings.
2. We would like to add e-mail addresses of our members in the new Directory. If you would like your e-mail address to be included, please send a note to the Membership Chairperson with your e-mail address.
3. Please check last year's Directory and advise the Membership Chairperson in writing of any changes to be made to your address/phone number.
4. When proposing a new Member for the Club please note:
 - a) The Proposer and Secunder must have been a member of WIC for at least one year;
 - b) The new member must attend a General Meeting where she is introduced to members of the Executive Committee before submitting the application;
 - c) The form must be completed in full and *signed* by the Proposer and Secunder before returning to the Membership Chairperson.

from the Editor's Desk...



Change of Address:

1. Gbemi OGUTUGA change to:
5-285 Pancheel Park
New Delhi 110017
Tel: 601-3539

We bid farewell to:

1. Christine Mueller, moving to Berlin, Germany
2. Martine Walsh, moving to Izmir, Turkey



A call for Singers- Encore

We would like to gather together WIC members who can sing for a program of Christmas music at the December Christmas Programme. Previous experience and the ability to read music would be very helpful. Please contact Bapsi Nariman by FAX at 696-4718 or by e-mail at bapsinariman@hotmail.com. (If you don't have FAX or e-mail you may phone Bapsi at 686-2980, before 9:30 AM please.) Usha Shrivastava has agreed to accompany the singers, and Susan Boggs will direct.

DEADLINE FOR NOVEMBER NEWSLETTER:

FRIDAY, 6 OCTOBER

Please!

October - 2000

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 COMPUTER CIRCLE Organisation Meeting 3.00 pm. D 3/8 Vasant Vihar	5	6	7
8	9	10	11 BOOK MARK Pavan Varma Author 3.00 pm. 212 Jorbagh, New Delhi	12	13 HEALTHWISE A Recipe for Living 3.30 pm. The Gnostic Centre	14
15	16	17	18 FOCUS Nagaland 3.00 pm. 27 Aurangzeb Road	19	20 GENERAL MEETING Diwali 4.00 pm. 26 Prithviraj Road	21
22	23	24	25	26	27 CULTURE & MUSIC Qawwali 5.30 pm. 20 Amrita Shergill Marg	28
29	30 ART CIRCLE Protecting your Treasures 3.00 pm. B-41 Maharani Bagh	31				