



OCTOBER 2009

ENLIGHTENED MINDS



GENERAL MEETING

Wednesday, 14th October 2009, 4.00 pm

At the residence of Mona Aggarwal
2 Church Road, Delhi Cantonment,
New Delhi-110011
Tel: 9810238810

WIC DIWALI CELEBRATION

Glitter, Lights, happiness and cheerfulness – this and much more is Diwali for all of us. It is a time of friendship, sharing and generosity. Exchanging sweets and gifts with neighbours, friends and loved ones.

We celebrate the triumph of Good over Evil and Light over Darkness.

Friends, Join us in your finest silks and jewellery to celebrate this important festival with joy and fervour.

**An ODISSI DANCE recital will be performed by
Shivani Wazir Pasrich**

The President and the Committee wish all members of the WIC and their families a joyous Diwali.

WIC NEWS

WIC COMMITTEE

2009 - 2010

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PRESIDENT'S LETTER

Dear Friends

As I had mentioned in the first Newsletter, "Let us grow together with friendship." this will be a major theme in our plans for this year. I and my committee will do our best to make it happen.

The New Year starts with an exciting program where H.E. Ambassador Daniele Smadja, will speak to our members at German Embassy Residence. I would like to thank our member Mrs Eva Schlager for hosting this important event. It would be interesting to know the unifying factors and thoughts which brought so many European countries together as this has opened a new horizon for that region.

The detailed trip to Turkey has been organized with great care to details and seems like a lot of fun. Thanks to Barbara, Sheila and Niti. I am sure our members will have a super tour and tell us about all the wonderful time they had. We wish them good luck and Bon Voyage.

The book Circle has chosen a wonderful book "In other rooms, other wonders" It is a contemporary book which I am sure you all will enjoy and have an animated discussion about. Thank you Geeta, Reva and Erica. I am sure we will have many stimulating books and discussions during the course of the year.

In a lighter note Radhika and her team will provide us an afternoon of the much needed laughter and comedy and while on entertainment subject we will see a lovely movie "Duchess" the story of a brave woman, thanks to Leena and Niru.

Let me not fail to mention what Rosie and Sylvia have in store for us, how not to give a complex to vegetarians, by cooking all look like meat dishes for them. If you still want more there is lunching out at Spaghetti Kitchen for you and tête à tête over a meal with Bindu and Vibhuti.

So this is the potpourri of programmes for all of you. Hope you will enjoy them and give us suggestion as to what you would like us to do which can cement our friendship further.

October is here which means a change of season and also the beginning of festivals and festivities from Dussehra to Eid to Diwali and Christmas. Let us wish each other and enjoy our Diwali, Meeting in Mona's garden and light up candles together and enlighten our minds.

Here is a message for all of us.



Peace



Faith



Love



Hope

CIRCLE LEADERS

The Written Word

Geeta Devi Kapurthala 9810149150
Erica Chammas 9958436655
Reva Singh 9810135716

Gourmet Delights

Sylvia Kaelin 9811376569
Roseleen Sahni 9899117527

Pack a Bag: Voyages Limite

Barbara Bilman 9711371006
Sheila Ghatare 9868125252
Niri Judge 9810564346

Know Your City

Nandita Lahiri 9811988366
Emma Horne 9810579143

International Interaction

Gugu Anup Singh 9811007710
Fanciskano Toscano 9958555179

Art Appreciation and

Museum Tours

Bina Deogun 9810136589
Marie Eve Celio 9711201457

Burning Issues

Nina Malhotra 9811031436
Rita Garekhan 24339740

Performing Arts

Radhika Birla 9811222402
Ala Madhu 9999986573
Ariane Grey 41756516

Relaxed Moments

Niru Kapur 9810076063
Leena Singh 9810032426

Secret of Good Health: Yoga

Anita Dua

Fun and More

Nima Malhotra 9810128029
Sheila Dobson 9891988832
Meera Juneja 9810347333
Kelly Jarvis 9958870714
Josephina Young 9810009634

Tete a Tete over a meal

Bindu Talwar 9818077882
Vibhuti Sharma 9811061461

Shake a Leg

Vibhuti Sharma

Speak in Delhi like a Delhiite

Bina Deogun 9810136589

The Four Candles

Four candles slowly burned.
The ambiance was so soft; one could almost hear them talking...

The first candle said:

“I am Peace!”

“The world is full of anger and fighting. Nobody can keep me lit.”

Then the flame of peace went out completely.

The second candle said:

I am Faith!”

“I am no longer indispensable. It doesn't make sense that I stay lit another moment.”

Just then a breeze softly blew Faith's flame.

Sadly the third candle began to speak:

“I am Love!”

“People don't understand my importance so they simply put me aside. They even forget to love those who are nearest to them.”

And waiting no longer Love's flame went out.

Suddenly ...

A child entered the room and saw the three unlit candles.

“Why aren't you burning? You're supposed to stay lit till the end.”

Saying this, the child began to cry.

Then the fourth candle answered:

“Don't be afraid.”

“I am Hope.”

“While I am still burning we can relight the other candles.”

With shining eyes the child took the candle of hope and lit the other candles.

The Greatest of these is Love...

With hope each of us can live with Peace, Faith and love

But the flame of Hope should never go out of your life.

With warm regards,

Vaneeta Podewils
President

TÊTE A TÊTE OVER A MEAL

This huge 2-level restaurant is starkly and smart in the ultramodern sense as one of the greatest additions to eating out. Join us for Lunch.

Date : Thursday 8th October

Time : 1:00 PM

Venue: Mainland China

E-4, Local Shopping Centre

Masjid Moth, Greater Kailash -2

This is in the same square as the Smoke House Grill

Approx. Cost: Rs 800/-

SECRET OF GOOD HEALTH: YOGA



“The positive role of Yoga in muscle fatigue and Muscular Dystrophy”

The talk is based on the research work done by Dr. Andrews Marx, the inventor of stent in heart surgery. He is from the United States.

Date : 9th October

Time : 3:00 PM

Venue : At the residence of Delice Gan

Embassy of Sweden

4-5 Nyaya Marg, Chanakyapuri

Delhi-21

GOURMET DELIGHTS



Manisha Bhasin is a senior Executive chef at The ITC Maurya. She will demonstrate Dum Pukht Biryani and the right way to prepare the Indian chicken gravy especially for our foreign members. There will be recipe handouts and ingredients familiarisation as part of the demonstration.

Date : 15th October, 2009

Time : 11:30 AM

Venue : West View, Maurya Sheraton,

Diplomatic Enclave

Limits 30

RELAXED MOMENTS

Australia

"Sweeping,romantic and exciting..a wonderful must see"

Set against the scenic backdrop of the pre-world war II Australia, Baz Luhrmann's romantic period adventure stars Nicole Kidman as an English aristocrat who inherits a sprawling ranch and Hugh Jackman as the rough-and-tumble cattle driver who helps protect her property from greedy English barons. As the pair attempt to herd 2,000 heads of cattle hundreds of miles across the Australian outback, they are stunned to bear witness to the bombing of Darwin by the Japanese forces-who just a few months prior launched a devastating attack on Pearl Harbour.

Date : Monday, 19th October, 2009
Time : 2:30 PM
Venue : N-58, Panchsheel Park,
New Delhi (Kind courtesy Mrs.Zakia Zaheer)
Limit 25

FUN AND MORE

We debut to you a colourful start with Arshiya Sethi, the unusual amalgam of Scholar, Artist, Administrator and cultural visionary. Arshiya will speak on "Varna the symbolic exploration of colour". This Lecture is a multi media exploration of colour at three levels – physical, symbolic and metaphysical. Come explore and question the close connection that we have with colour in our everyday life!

Date : 20th October, 2009
Timed : 3:00 PM
Venue : Home of Niti Judge
2 B Tata Apartments
23, Prithviraj Road.
Limits 25

THE PERFORMING ART



Theatre in life and life in theatre all of us have a part to play in our homes, in our community, without our knowing it! We are the hinges on which our homes open. Let's look at what the stage demands and the home demands just the same. Our Speaker, Bubbles Sabharwal, is a woman who says she is one part mother, one part wife, one part theater director, one part actress, one part novelist. It is us, women, who keep the home fires burning, who nurture the world around us, who bring value to our lives. Woman empowerment is what we are about!

Date : Thursday, 22th October
Time : 3:00 PM
Venue : Residence of Mrs. Veena Dass
27, Aurangzeb Road
Limit 40

WRITTEN WORD



"The White Tiger" Aravind Adiga

Aravind Adiga is the winner of the Man Booker Prize, 2008. 'Blazingly savage and brilliant..' 'Angry and darkly humourous an unexpected journey into a new India'

Date: 28th October, 2009
Time: 3:00 PM
Venue: At the home of Erica Chammas,
19 Maulsari Avenue,
West End Greens.
Tel:9958436655
Limit 30

INTERNATIONAL INTERACTION

The Deputy High Commissioner of Pakistan, Mrs. Rissat Masood, will talk on the Indus Valley Civilizations of Mohenjo-Daro and Harappa alongwith a slide show.

Date : Friday 30th October 2009
Time : 3:00 PM
Venue: Mrs. Ghazale Malik,
8-B, Tilak Marg, New Delhi
Limit 35

MEMBER'S PAGE

(This Page is dedicated to News and views Contributed by our members. Your suggestions are welcome)



Deepawali (दीवाली)



(Specially for our Foreign Members an Insight into Diwali)



Deepawali or the festival of lights is celebrated during the last of Ashvina (September - October) or at the beginning of Kritika (October - November exactly twenty days after Dusshera (October - November)

This is a religious festival, one of the main feature of this festival is the worship of Lakshmi, the goddess of Fortune, Beauty, Prosperity and Wealth. Deepawali is celebrated on Amavasya the darkest night of the month when houses, shops and other places of work are lit all through the night lest Lakshmi will turn her back on a house that is dark. Since she will not enter a dirty place, the residence or the place of work is thoroughly washed and cleaned. Lakshmi has an elder sister called Jyeshtha Devi, who loves dark and dingy corners. The understanding between the two sisters is that neither will enter a house if the other is present. This custom of cleaning the house may have started in ancient times when it was realized that the hot summers followed by the rains made the houses musty and encouraged the prevalence of germs by washing the houses with lime water and the germs were killed. It is till today, a perfect method of disinfecting a house.

On Deepawali night, first Lakshmi is worshipped and then silver coins are offered to her. Clay figure of Lakshmi, Vishnu and other gods are also worshiped invoking their blessings. Lit earthenware lamps decorate the roof, the walls and the door. In fact the entire house, the rows of lights apart from making this dark night bright and gay are also meant to welcome the souls of the departed ancestors who visit the family on Deepawali night.

The lighting of lamps on Deepawali night is so important that even when a family is in mourning and no festivities take place, fire lamps are always lit at strategic places in the house. Fire works and crackers are set off not only for enjoyment but also to scare away the evil spirits that wander on this night.



Wishing you All a very Happy and Prosperous Diwali.



Sudershana Singh
(Second Vice President)

MEMBERSHIP SUSCRIPTION

Please pay your membership subscription of Rs.2000/- . Cash preferred.
Last date is the 15th of November

We are sorry for any omission and mistakes in the last Newsletter and have corrected them. Hope this one is perfect:

OCTOBER 2009

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11	12	13	14  General Meeting 4.00 pm	15  Gourmet Delights 11.30 am	16	17
18	19 Relaxed Moments 2.30 pm	20 Fun & More 3.00 pm	21	22 The Performing Arts 3.00 pm	23	24
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