

# WOMEN'S INTERNATIONAL CLUB OCTOBER 2017



## EXECUTIVE COMMITTEE 2017-2018

### President

**Janet Chawla**

janchawla@gmail.com  
98102 40416

### 1st Vice President

**Radhika Birla**

radhika\_birla@hotmail.com  
98112 22402

### 2nd Vice President

**Marjan Franzen**

marjanfranzen@gmail.com  
96501 18773

### Secretary

**Veena Hora**

veenahora1979@yahoo.com  
9811035648

### Membership

**Monika Sharma**

monika25sharma@hotmail.com  
9811076630

### Treasurer

**Vibhuti Sharma**

Vibutisharma@yahoo.com  
9811061461

### Hospitality

**Renu Gupta**

renusg@gmail.com  
9818271544

### Newsletter

**Anca Radulescu**

ank.radu@yahoo.com  
8375824739

DEAR WIC FRIENDS,

The weather is changing. There's a nip in the air. We are inspired and being inspired as the seasons change. As our topic this year is inspiration we will focus this month on the Art and Practice of Female Leadership and Social Entrepreneurship.

We inhabit a world in change and turmoil. It's time now for more women to step in and lead us to a better place, contributing concerned female leadership. And how do we ourselves lead? And support our other female (and male) leaders?

Pressing concerns of healthcare, education, nutrition and equity can all be addressed by social entrepreneurship. We will learn from eminent practitioners of female leadership in this month's General Meeting.

JANET CHAWLA

## OCTOBER GENERAL MEETING

The WIC General Meeting to be held at the Embassy of the Netherlands (6/50F Shantipath, Chanaykapuri, New Delhi 110021) on October 11th 2017 will be about 'The Art of Female Leadership and Social Entrepreneurship'.

We have the honour of The Ambassador of the Netherlands to India, Mr. Alphonsus Stoelinga, who will open the GM and a distinguished panel sharing their views and experiences about this topic.

The panel will consist of female leaders of the following companies: IKEA, General Electric, Bhagat Group Global and Women on Wings.

**Where? Embassy of Netherlands, 6/50 F Shantipath.**

**When? 11th October 2017, 3 PM**

## Remembering Pamela - WIC member from 1972 to 2017

Friends who knew her, will remember a warm and bubbly woman, an enthusiastic participant in all of WIC's activities. The last decade of her life was filled with physical disability, personal trials and tribulations. It was so sad to see Pamela in decline but it did not put a stop to her efforts to record her presence at functions. Indeed a admirably brave spirit. Our profound condolences go out to her bereaved family. May she find Peace and Comfort in the World Beyond.

Thank you.  
Gita Devi

# THE BOOK CLUB

## "Mr. and Mrs. Jinnah"

By Sheela Reddy

**"A good book makes you want to live in the story.  
A great book gives you no choice....."**

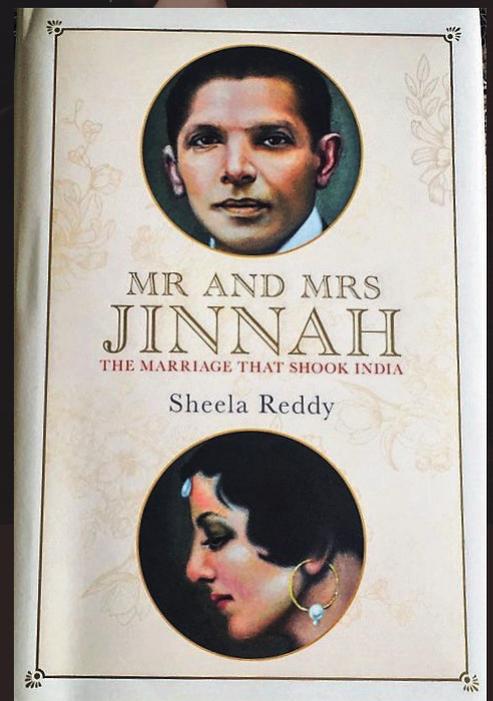
"Mr. and Mrs. Jinnah – The Marriage that Shook India" is a star-crossed love story set in the tumultuous backdrop of Pre-Independence politics. Sheela Reddy, journalist and former Book Editor of Outlook Magazine, has uncovered, with painstaking research, an important fragment of social history that was all but lost. She humanises the forbidding figure of Jinnah and brings immediacy to a period of history that has so far been relegated to dry, academic reporting - a brilliant portrayal of historical figures that reveals the social and cultural mores of a particular segment of upper class Indian society.

A graduate of Osmania University, with over 35 years in journalism, Delhi based Sheela has written extensively for leading Indian newspapers and journals. She will tell us how this fascinating book came to be written.

**When?** Tuesday, 3rd October 2017 at 3 PM  
**Where?** The residence of Ms. Reva K. Singh,  
9810135716  
C-320 Defence Colony  
New Delhi - 110024

**How many guests?** 20

**Who to contact for RSVP?** Renu Gupta, by SMS at 9818271544.



## BODY & SOUL 'Art of Living' By Prama Bhandari

Do you want to be happy? Do you want to be successful? What skills do you need to be happy or successful or do you need any skills at all? Are you leading the life you really want?

A Stanford University study says that 85% of success in anything is due to what they call "Soft Skills" & only 15% due to what you know. What you know comes from your education, books, expertise but where do the "Soft Skills" come from? The Answer: From the mind!

In other words the quality of your life is dependent upon the state of your mind. But how much and what do we know about mind? We have never been taught, have we?

The Art of Living takes knowledge from the ancients, makes it relevant to the present, organically creates a support system through techniques of Sudarshan Kriya, Yoga & Meditation and gives you the chance of leading the life you want rather than the one you have to lead.

As Duke Ellington so famously put it, "It don't mean a thing, If it ain't got the swing."

Our Speaker is our very own member, Prama Bhandari, who says her life was transformed by learning the Art of Living. If you want to know more, if you are interested, do join us.

**When?** Thursday, October 5th, 2017 at 3 PM

**Where?** The Residence of Ms. Prama Bhandari, 9810645467  
8 Padmini Enclave, Hauz Khas  
New Delhi - 110016 (between IIT Flyover & Aurobindo Market on a slip road parallel to Aurobindo Marg)

**How many guests?** 35

**Who to RSVP to?** Renu Gupta (hospitality chair) by SMS at 9818271544.



# THE ART OF LIVING

# CULINARY TRAILS

## Rise and Shine - Breakfast morning

*"When you wake up in the morning, Pooh," said Piglet, "what's the first thing you say to yourself?"*

*"What's for breakfast?" said Pooh. "What do you say, Piglet?"*

*"I say, I wonder what's going to happen exciting today?" said Piglet.*

*Pooh nodded thoughtfully. "It's the same thing," he said."*

A.A. Milne

Food, to the majority of us, is synonymous with Good Times. Every special occasion demands a beautiful spread of food...you bet!

Simi Kohli: Food stylist; photographer; writer and our guest speaker believe, good food on any regular day, can make that day rather special! So, here we are with a morning full of Nutritious, Scrumptious and Picture Perfect breakfast, which promise to be – tastefully good looking!

Simi's gastronomical philosophy is to respect produce and make it shine by investing all her skills and knowledge in it to design a palatable dish around it and, artfully styling it. And finally, capturing the still in a way, that tells the Story of Food from within the Frame.

Let's participate in an interactive breakfast workshop where you will learn to prepare healthy breakfast meals and how to entwine it with your life and style.

**When?** Tuesday, October 10th, 2017 at 11 AM

**Where?** The residence of Ruchika and Vimla Rajan, 8800117259  
L-21 Green Park (main), New Delhi 110016

**How many guests?** 20

**Who to contact for RSVP?** Renu Gupta, 98182 71544



# THE PERFORMING ARTS

## A Musical Afternoon with Ranjana Narayan (Talk cum Demonstration)

*"Music is not what I do. It's who I am."*

Ranjana Narayan, an eminent lawyer and disciple of Pandit Mani Prasadji of Kirana Gharana, has been harmoniously blending the demanding requirements of the legal profession with her abiding interest in music. She has been a graded radio artiste of semi classical music imbibing the nuances of ghazal rendering from Ustad Iqbal Ahmad Khan.

Ranjana has participated in various festivals in India and abroad. With her mellifluous voice and felicity of expression, she has also been the narrator of the literary works of eminent poets including Khalil Gibran.

All food for the soul Ranjana...play on...

**When?** Monday, 16th October, 2017, at 3 PM

**Where?** The Residence of Ms. Kusum Ansal,

9810016006

"Vishranti"

26 Feroze Shah Road

New Delhi - 110001

**How many guests?** 30

**Who to contact for RSVP?** Renu Gupta,  
by SMS at 9818271544.

# CULTURAL KALEIDOSCOPE

## The Indian Wedding

Ambika Anand Bajaj is an Indian TV anchor and the Editor in Chief, Fashion, at NDTV Good Times, the Lifestyle Channel. She anchors one of the top shows 'Band Baja Baraat' on TV. Indian weddings are known for their style, grandeur, tradition and magnificence. The weddings last for 3-7 days and are full of rituals & ceremonies.

Ambika talks about her experience as an anchor of 'Band Baja Baraat' and her journey through it, creating a Cinderella-like story for the bride and the groom.

Founder of 'Wedding Design Company' and a renowned wedding planner, Vandana Mohan has created many spectacular & memorable weddings with art and technology, with the desire to help people live their dreams through fantasy weddings.

Ambika and Vandana will take us through the beautiful journey of the Indian wedding.

**When?** Tuesday, 31st October, 2017 at 11.30 AM

**Where?** The residence of Ms. Rosie Sahni, 9899117527

F 3, Roseleen Farm, Pushpanjali,  
Dwarka Link Road, Bijwasan,  
New Delhi, 110061

**How many guests?** Everyone is invited.

**Dress code:** Wedding / festive Indian outfits.

**Who to contact for RSVP?** Renu Gupta, by SMS at 9818271544.



# ANNOUNCEMENTS FROM THE EXECUTIVE COMMITTEE

JOIN US FOR THE WIC GALA



**KEEP  
CALM  
AND  
WEAR  
BLUE**

## PRESENTING OUR PARTNER FOR GUESTS' GIFTS

May we introduce to you Mr. Prem Parivartan,  
Founder and Head of Peepal Baba 'Give me Trees Trust'.  
We, at the Women International Club, are very happy to work  
with our partner for the trees and to be able to thank our guests  
for their contribution to the WIC programmes.



## FROM TREASURER

Guest Charges: As in the past, Guest Charges will be applicable  
@ Rs.300/- per guest at the General Meetings.

## FROM HOSPITALITY

Those members who are unable to send an e-mail or an SMS,  
may call hospitality chair, Renu Gupta, at 9818271544,  
between 8-10 AM, Monday-Friday, for RSVP.

## FROM NEWSLETTER EDITOR

Please confirm the receipt of the E-newsletter by email at [wic.exec@gmail.com](mailto:wic.exec@gmail.com).

Also, please send us your updated phone number, email address and  
a mention if you require a basic print-out of the newsletter to be handed to you at the GM.

Thank you!

SUN	MON	TUE	WED	THU	FRI	SAT
1 Muharram	2 Gandhi Jayanti	3 The Book Club (3 PM)	4	5 Body & Soul (3 PM)	6	7
8 Karvachauth	9	10 Culinary Trails (11 AM)	11 General Meeting (3 PM)	12 Ahoi Ashtami	13	14
15	16 Performing Arts (3 PM)	17	18	19 Diwali	20 Govardhan Puja	21 Bhaidooj
22	23	24	25	26 Chhat Puja	27	28
29	30	31 Cultural Kaleidoscope (11:30 AM)				

# OCTOBER 2017