



WIC *News*

SEPTEMBER 1998

Celebrating our 28th year with Songs of the Seasons...

Dear Members,

Welcome to the 28th year of our Club and a fresh start of Club activities!

Bountiful rains will have washed away memories of a blistering summer. The tormented earth has now healed under a soothing coverlet of green. A time for renewal, as we look forward to the joyous months that lie ahead – a renewal too of our resolve to use our collective energies to bond the Club and fill the year with excellence.

While I am honoured to be at the helm of this, our twenty-eighth year, I am fortunate to have such a committed team to work with, for all in all, it is the team effort that is judged and called to account. I thank last year's Executive and Circle Leaders for the splendid programmes organised for us through nine months and I warmly thank my own, who did not let heat 46°C get in the way of putting in motion exciting plans for the current year.

I appeal to all of you to be especially careful with the little courtesies expected of us – punctuality at attendance and consideration for our hostesses. It makes for so much smoother sailing!

With 'limited' Circle programmes there is bound to be disappointment for some members. However, it is the Hospitality Chairperson's responsibility to use her discretion. There is no other way, and we have really thought about this. We have two 'limited' programmes this month. Do take time to study the 'Notice board'. We have an important announcement with regard to appointment of Honoured Members, which requires your thoughtful attention.

A 'Welcome Committee' had been suggested to help ease new members into active Club life. There will be a sign-up sheet for those who'd like to join, at the September General Meeting and we'll print the names in the next Newsletter. New members, we'd like you to enjoy your time with us to the full, so do take advantage of the 'Welcome Committee'.

During my tenure I have been entrusted to address an issue which has been of ongoing concern – that of Sponsorship and Endorsements. A Sub-Committee has been formed to look into this issue and to develop Guidelines, which will be circulated for your response.

Many of us have found the need, having enjoyed the best this unique Club has had to offer, to 'give back' a little now - in terms of time and talent, in order to make a difference, however humble, to much that needs to be resolved in the city we live in. We are not a Charity, we are purely social club. This is true. But does this rest easy on our minds? And so, without extending our brief, we felt we would like to organise a Special Interest Group, and within this Group, have a Section we've decided to call 'Outreach'. Outreach will volunteer the collective energy of those members who'd like to join, to the betterment of our city, in terms of participation in various fields of activity. Our second

Section

Our ~~second~~ group, 'Rhythm of Life' will be of interest to those of you who want to join with musical groups to sing or dance or express yourselves through movement. The Special Interest Group is NOT a Circle. There will be no need for a hostess. We plan to have a co-ordinators to organise active participation and the Newsletter will carry the Calendar of Events. This is a purely voluntary group, no funds are involved, no endorsements, no sponsorship, but perhaps some of us will find a worthy cause to lend a hand to, or enjoy joining with others to sing-a-long and let ourselves go ... I hope this will meet with your approval. Prama Bhandari and Nandita Lahiri are the co-ordinators for 'Outreach', while Zohra Shaw and Usha Venkateswaran are co-ordinators for 'Rhythm of Life' Please get in touch with these ladies for details. I hope many of you will find satisfaction and a sense of fulfilment through this Special Interest Group. The organisations we hope to assist through 'Outreach' will be asked to acknowledge the contribution of the Women's International Club.

Now for some changes in Circles :

"Recipe for Living", a new Circle, to help us 'realise' ourselves and move along the path to Well-being.

"Visual and Performing Arts" will now be part of "Culture".

"GOURMET and Garden" becomes "International Cuisine and Garden" suggesting delicious menus minus the backbreaking search for those elusive ingredients demanded by 'gourmet'.

In order to allow for maximum attendance, our September General Meeting will be held on Wednesday the 16th, at 10:30 a.m. at the India International Centre. The Treasurer will collect dues from 10 a.m. Do arrive early so we can begin our meeting on time. With our very own Veena Dass' floral tribute to the changing panorama of nature, this promises to be a not-to-be missed treat!

All good wishes,



President

"THE SONG OF THE SEASONS"



The first General Meeting of this year will be held at 10:30 a.m. on Wednesday 16th September at the India International Centre Auditorium, Our very own Veena Dass will present the Song of the Seasons in a floral tribute to the beauty of nature's changing panorama. Members will recall that Veena was honoured by the Sogetsu School of Ikebana with the Eiyo-Sho award for "the creative distinction with which you have marked your artistic endeavour and activity" we are happy to celebrate the great honour done to Veena, and are delighted that she will share her immense creativity with us.

Please remember this is a morning meeting. The treasurer will be available from 10:00 a.m. to receive annual dues.



WIC EXECUTIVE COMMITTEE 1998-1999

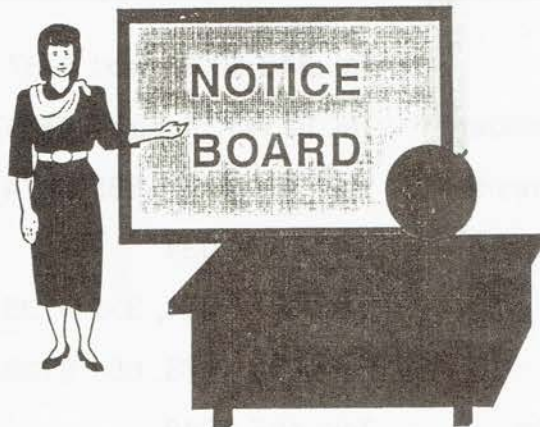
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|--------------------------------|--------------------|-----------------------------|
| Gita Devi of Kapurthala | President | Tel.:648 4029. Fax: 6287199 |
| Etelka Dallos | 1st Vice-President | Tel.:6114737. Fax: 688 6742 |
| Jyotsna Govil | 2nd Vice-president | Tel.: 651 4787, 685 5174 |
| Jacqueline Dalbousiere | Secretary | Tel.: 467 1034 |
| Sohinder Nabha | Treasurer | Tel.: 371 4824, 332 4725 |
| Shireen Khemchand | Hospitality | Tel.: 651 7573, 651 5123 |
| Sharon Graefe | Membership | Tel.: 467 9248 |
| Priscila Confiado | Newsletter | Telefax: 651 9020 |

CIRCLE LEADERS 1998 - 1999

| | | |
|--|--|---|
| BOOKS | Deep Dugal Annie Howard | Tel.: 556 3525, 9134 0010 Tel.: 463 1143. 461 1750 |
| CULTURE PERFORMING ARTS | Lakshmi Chandra Kanta Stanchina | Tel.: 641 5545, 614 9503 Tel.: 611 3643 |
| FOCUS | Ina Freifrau Von Welk Sheila Ghatate Smita Divan | Tel.: 687 3658 Tel.: 332 9823, 332 9346 Tel.: 364 8277 364 1705 |
| INTERNATIONAL CUISINE & GARDENS | Ramindra Ajit Singh Jovenita Geöppert Josefina Young | Tel.: 617 6507 Tel.: 467 6106 Tel.: 614 1683 |
| RECIPE FOR LIVING | Kavita Ratra Sigrun Srivastava | Tel.: 01283, 42244/2266 Tel.: 647 1619 |
| EXCURSIONS | Gugu Anup Singh Bina Deogun | Tel.: 556 3788, 9134 0365 Tel.: 683 2736 |

SPECIAL INTEREST GROUP

| | | |
|-----------------------|-----------------------------------|---|
| OUTREACH | Prama Bhandari Nandita Lahiri | Tel.: 686 2807 Tel.: 91- 360 539 |
| RHYTHM OF LIFE | Zohra Shaw Usha Venekateswaran | Tel. : 686 7976 Tel. : 225 0730, 2256804 |



The Executive Committee accepts with regret the resignation due to unforeseen family commitments of Hospitality Chairperson Nandita Lahiri. We thank Shireen Khemchand for accepting to serve in place of Nandita.

1. All dues should be paid at the latest October 15 to our treasurer, Sohinder Nabha, a table for payment of dues shall be set-up from 10:00 am inside the Auditorium on 16th Sept. at the General Meeting.
2. Regrets for General meetings, should be sent in writing to Membership Chairperson Sharon Graefe.
3. Regrets for Circle Meetings should be referred to Hospitality Chairperson Shireen Khemchand, at least one week before set date after which, notices should be referred to the hostess.
4. Guest charges for General Meetings are Rs. 100. Please pay to Hospitality Chairperson Shireen Khemchand.
5. Guests (if prospective members) should be introduced to Executive Committee members.
6. Notices of Resignation should be submitted in writing to Membership Chairperson Sharon Graefe.
7. There will be a Sign-up sheet for volunteers to the Welcome Committee at the General Meeting, thank you for signing up.
8. We will be preparing our new directory for this year. Changes of addresses and telephone nos. should be submitted at the General Meeting to the Membership Chairperson.
9. All reply cards should be sent to Hospitality Chairperson Shireen Khemchand by the end of each month.
10. No REPLY CARDS WILL BE ACCEPTED AT ANY CLUB MEETING, WHETHER GENERAL MEETINGS or CIRCLE MEETINGS REMEMBER TO PUT RS. 2.00 STAMP ON YOUR REPLY CARD.
11. **Please Note:**
Hospitality Chairperson Shireen Khemchand will be available to take your calls and queries from 9.00 am to 11a.m. Monday to Friday.
12. During "limited" Circle programmes please extend utmost courtesy to the hostess, Hospitality Chairperson and Circle Leaders. If you can't make it due to unavoidable circumstances make sure to inform the Hospitality Chairperson (one week in advance) or the hostess

thereafter. This is the only way other members can take your place to enjoy the programme.

13. A fresh Sub-Committee on Membership has been selected in accordance with the new Bye law voted in at AGM on 13th May. The roll over of two members of this Sub Committee will commence from 1999.

Important

14. Guidelines have already been established for the appointment of Honoured Members taking into account the following.
- i) Length of membership
 - ii) Served on Executive Committee
 - iii) Served as Circle Leader
 - iv) Served on adhoc Committees

WE WELCOME THE FOLLOWING FOUR NEW MEMBERS INTO THE CLUB:

Megan AGHA (Oliver)
Taj Mahal Hotel (# 122)
New Delhi 110011
USA/Ireland Tel: 301 6162

Nicky GABLIN
B-31 Soami Nagar South
New Delhi 110017
(Jean) France
Tel: 628 8877

Sunita (Nitti) JUDGE
23 Prithviraj Road
New Delhi 110003
(Bhupinder Singh)
2B Tata Apartments
India Tel: 463 5057, 460 2512

Shameem VARADARAJAN
33 E IFS CGHS Apartments
Mayur Vihar Phase 1
New Delhi 110091
(M Varadarajan)
India
Tel: 249 2727
Fax: 686 5392

- v) Hostessed programmes
- vi) Recommended by active members

At the last EGM on 3rd March, 98, there was a tie in option of whether this category should continue, with strict criteria in the Bye Laws or whether to stop the addition to this category altogether. Since this issue was to be decided by secret vote, it is proposed that the ballot be completed by the September General Meeting. Voting slips will be given to you there. Please ensure that you tick the appropriate box and put your voting slips into the ballot box in order to express your option.

WE BID A FOND FAREWELL TO THE FOLLOWING MEMBERS

Bessie Aguirre
Ronnie Coleshill
Indira Hathiramani
Virginia Hawkins
Titia Knoops
Amrita Mankad
Anna Sturgess
Fariba Thomson
Alexandra Tomasikova
Elaine Wild
Masako Yamanaka
Sophie Neat
Aloo Hathikanavala

CHANGE OF ADDRESS

Yuni Mochny, D15, Anand Niketan,
Tel.: 467 2652.

CIRCLE PROGRAMMES (September)

BOOKS



Book title:
"UNCIVIL
WARS"

Pathology of Terrorism in India written by VED Marwah. The author is a former member of the Indian Police Service and has held many important assignments in different states of India, as well as a diplomatic one in London. A much decorated civil servant, he was awarded the Padmashree in 1989. At present he is a research professor and an analyst in internal security issues. Ved will not only talk to us but will also answer questions.

23 September 1998, Wednesday at 3:00 p.m. at the home of Hemant Pasrich, 212, Jor Bagh, Tel.: 463 1899 Limited to 30-35 people.

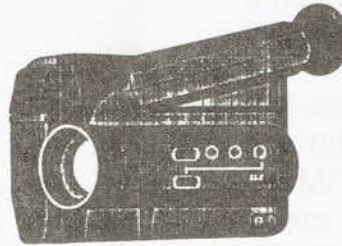
CULTURE/ PERFORMING ARTS



"The Body as
Site-How Women
Paint Women"

Lecture and slide show by GAYATHRI SINHA, Scholar and eminent art critic, author of the book, "Expressions and Evocations".

9th September 1998, Wednesday at 3:00 p.m. at the home of Taru Kanwar,



FOCUS

"POLLUTION
MENACE
IN DELHI"

3/3 Shanti Niketan, Tel: 687 6613/3486.
Delhi has the dubious distinction of being the fourth most polluted city in the world. The pollutants that are pumped into the air in Delhi by the Transport Sector, is more than the total amount of Vehicular Pollutants emitted by Mumbai, Calcutta and Bangalore put together. We have invited the Transport Minister of Delhi Mr. RAJENDRA GUPTA who has taken this problem as a serious challenge. He will share his thoughts with us and talk to us on the pollution menace in Delhi and the steps that are being taken to control it.

24th September 1998, Thursday at 3:00 p.m. at the home of Ina Freifrau Von Welk C-27, West End, Tel. 687 3658

INTERNATIONAL CUISINE AND GARDENS



"CENTENNIAL DISHES – FOOD OF THE
REVOLUTION"

The location of the Philippines astride the

CIRCLE PROGRAMMES (September)

great sea routes to Asia has resulted in varied foreign influences in its history and culture. The Filipinos are basically Malayan. However more than 300 years of Spanish colonization and half a century of American tutelage have left deep impressions on the islands and its people. The result is an exotic blend that is characteristically unique and the variety of regional and racially influenced dishes is a never ending source of gourmet surprises.

As the Philippines celebrates its 100 years of Independence, the Filipino ladies of WIC will do a cooking demonstration on some centennial dishes – typical food of the revolutionaries.

25th September 1998, Friday at 10:30 a.m. at the home of Jovenita Geöppert, A16-B, Anand Niketan, Tel.: 467 6106



**“RECIPE FOR LIVING
STRESS MANAGEMENT
THROUGH RELAXATION
RESPONSE”**

How to maximise good feelings, minimise bad ones and live life to its fullest.

The wisdom of our ancient tradition of medical treatment, Ayurveda, a holistic system, and Yoga have always maintained how our minds have control over our bodies. Tensions and anxieties give rise to situations which affect our health.

In order to develop a strong core of healthy life preserving values, we hope to offer you a variety of stress management techniques.

We start these new series by exploring our inner world to discover how it influences

our external world; affecting both our mental and physical well-being.

KAVITA RATRA is a Psycho-therapist and Yoga teacher who incorporates techniques to activate the Relaxation Response – that is latent within each of us when faced with problems causing stressful feelings.

11th September 1998, Friday at 3:00 p.m. at the home of Harash Kapur, 30B, Mathura Road, Jangpura Extension-B, Tel.: 432 1012, 431 5048, 431 4016.

SPECIAL INTEREST GROUP

Outreach

All those who are seriously interested in active participation to save our heritage and environment are invited to Prama Bhandari's Home at 8, Padmini Enclave on 22nd September at 3.00 P.M. There will be an introduction by Ashis Banerjee, Secretary, INTACH, a slide presentation on heritage by Shobita Punja, a brief on the history of Delhi by O.P. Jain, Convener, Delhi Chapter of INTACH.

CO-ORDINATORS :

Prama Bhandari : Tel. : 686 2807
Nandita Lahiri : Tel. 91-360539

SEPTEMBER

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--------------------------------|--------------------|---|--|---|-----|
| <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> ☒ ☒ September Sapphire Wisdom ☒ ☒ </div> | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 Labour Day | 8 | 9 CULTURE "The Body as Site.." 3:00 pm Taru Kanwar 3/3 Shanti Niketan | 10 | 11 RECIPE FOR LIVING "Stress Management" 3:00 p.m. Harash Kapur 3-B, Mathura Rd., Jangpura Ext.B | 12 |
| 13 Grand Parent's Day | 14 | 15 | 16 GENERAL MEETING "The Seasons" 10:30 am India Int'l Center Main auditorium 40 Maxmuller Marg | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 BOOKS "UNCIVIL WARS" 3:00 pm Hemant Pasrich 212 Jor Bagh. | 24 FOCUS "POLLUTION MENACE IN DELHI" 3:00 pm Ina Von Welk C-27, West End. | 25 INT'L CUISINE "CENTENNIAL DISHES..." 10:30 am Jovenita Geöppert A-16B Anand Niketan. | 26 |
| 27 | 28 Dussehrah (Maha Saptami) | 29 Maha Ashtami | 30 Dussehrah (Maha Navami) | | | |