



# WIC *News*

## The President's Letter September 1999

Dear Members,

Welcome back to Delhi and this club, after a long hot summer! I hope all of you had a wonderful time with family and friends, and enough time for relaxation and rejuvenation.

I trust everyone has come back energised and full of great ideas as to how to make this millennium club year a truly unforgettable one.

I am happy to tell you that it is starting with a bang, thanks to the efforts of our enterprising circle leaders, the month of September is full of interesting, informative and entertaining ideas. The highlights of this month's programme include a visit to the National Museum for a dazzling exhibition of the Nizam of Hyderabad's jewels, as well as a round - table discussion on new trends in the Indian publishing industry. Others are a sobering presentation on molestation - facts and prevention, in addition to a hands-on demonstration on pearls, and cookery at the Hyatt.

The first general meeting will be a panel discussion on allopathy and alternative medicine and how the two complement each other.

So let us begin 1999-2000 with an attitude of gratitude, and wish each other happiness, good health, success, continued and new friendships, and many fun programmes together.

Sincerely,

Mona Madi  
President

### GENERAL PROGRAMME SEPTEMBER

At this time of the year it is easy to focus on health and the lack of it. So it is fitting that our first general meeting should be a discussion on allopathy (orthodox medical practice of treatment by drugs) and alternative medicine (herbal, homoeopathic and other fringe practices). The Treasurer Smita Diwan will be available from 2.15 pm to receive Annual Dues.

**Wednesday 15th September, at 3 pm.**  
in the Napoleon II Hall  
at Meridian Hotel



## WOMEN'S INTERNATIONAL CLUB

### EXECUTIVE COMMITTEE 1999-2000

|                            |                           |  |   |
|----------------------------|---------------------------|--|---|
| <b>Mrs. Mona Madi</b>      | <i>President</i>          | 1/50M, Niti Marg,<br>Chanakyapuri,<br>New Delhi - 110021 | Tel. : 6114094,6114097<br>Fax : 6885355<br>Email : monamadi@hotmail.com |
| <b>Mrs. Nima Malhotra</b>  | <i>1st Vice-President</i> | B-30 Maharani Bagh<br>New Delhi - 110065                 | Tel. : 6831080<br>Fax : 6836193   |
| <b>Mrs. Janet Chawla</b>   | <i>2nd Vice-President</i> | 120 Sunder Nagar<br>New Delhi - 110003                   | Tel. : 4611821/4621190<br>Email : matrika@unv.ernet.in                  |
| <b>Mrs. Josefina Young</b> | <i>Membership</i>         | A-35 Vasant Nagar<br>Vasant Vihar<br>New Delhi - 110057  | Tel. : 6141683  |
| <b>Mrs. Smita Divan</b>    | <i>Treasurer</i>          | C-70 Neeti Bagh<br>New Delhi - 110049                    | Tel. : 6862616/6863664<br>Fax : 6862899                                 |
| <b>Mrs. Kamla Sondhi</b>   | <i>Secretary</i>          | D-1034 New Friends<br>Colony,<br>New Delhi - 110065      | Tel : 6840246/6840492   |
| <b>Mrs. Titli Sahni</b>    | <i>Hospitality</i>        | 67 Friends Colony West<br>New Delhi - 110065             | Tel. : 6311962/6311944<br>Email : titlisahni@hotmail.com                |
| <b>Mrs. Annie Howard</b>   | <i>Newsletter Editor</i>  | 3 Central Lane,<br>Babar Road<br>New Delhi - 110001      | Tel. : 3352272<br>Fax : 3351272   |



# CIRCLE LEADERS

1999-2000

CELEBRATING  
29th  
YEAR

## BOOK MARK *Formerly Books*

- Mrs. Maya Carolli** 129 Sainik Farm,  
New Delhi - 110062 Tel. : 685 9153
- Mrs. Nina Dey Gupta** Bulbul House  
5 Mahatma Gandhi Marg,  
New Delhi - 110024 Tel. : 643 4836
- Mrs. Nicky Gablin** B-31 Soami Nagar  
South  
New Delhi - 110017 Tel. : 628 8877

## CULTURE PANORAMA *Formerly Culture & Performing Arts*

- Mrs. Veena Dass** 27 Aurangzeb Road  
New Delhi - 110011 Tel. : 301 2713  
Fax : 301 0128
- Mrs. Mona Aggarwal** 2 Church Road,  
Delhi Cantonment  
New Delhi - 110010 Tel. : 569 3824  
569 4552  
Fax : 335 4712
- Mrs. Ruth Max** 134 Golf Links  
New Delhi - 110003 Tel. : 463 6846  
Fax : 463 6594

## FOOD & FLOWERS *Formerly International Cuisine & Gardens*

- Mrs. Aruna Varma** A123 New Friends Colony  
New Delhi - 110065 Tel. : 684 8925  
692 6743
- Mrs. Parbeen Kaur** 16 A, Palaam Marg,  
Vasant Vihar  
New Delhi - 110057 Tel. : 611 5425  
688 0064  
Fax : 611 3705

## HEALTHWISE *Formerly Recipe for living*

- Mrs. Frenny Billimoria** A2/2 Safdarjung Enclave,  
New Delhi - 110029 Tel. : 618 2520  
618 2444
- Mrs. Tess Herzog** 35, Poorvi Marg, Vasant  
Vihar, New Delhi - 110057 Tel. : 614 0187  
Fax : 614 0187
- Mrs. Neena Malhotra** E-51, 2nd Floor Greater  
Kailash - II  
New Delhi - 110048 Tel. : 628 3677  
Fax : 622 8039

## SPOTLIGHT *Formerly Focus*

- Mrs. Priscilla Confiado** J-1204/A, Palam Vihar  
Gurgaon, Haryana Tel. : 91-36 5420
- Mrs. Smita Ghatate** 901 Asha Deep,  
9 Hailey Road  
New Delhi - 110001 Tel. : 332 9823  
332 9346
- Mrs. Indra Rani Jerath** 74 Anand Lok,  
New Delhi - 110049 Tel. : 625 0560

## TRIPS & TOURS *Formerly Excursions*

- Mrs. Harash Kapur** 3-B Mathura Road  
Jangpura Ext. B  
New Delhi - 110014 Tel. : 432 1012  
431 4016  
431 5048
- Mrs. Rupa Sahni** 20 Amrita Shergill Marg  
New Delhi 110003 Tel. : 461 1977  
461 9553
- Mrs. Helga Sarna** 31 Poorvi Marg, Vasant  
Vihar, New Delhi - 110057 Tel. : 615 1297  
615 1298

November 1<sup>st</sup>.  
Tess Hertzog.

## CIRCLE PROGRAMMES

### TRIPS & TOURS

*Get Ready to be dazzled by  
the Nizam's jewels.*

**T**he fabled collection of the Nizam of Hyderabad's jewels, lying for years in the vaults of the Reserve Bank of India, will shortly be on display at the National Museum - from 14th August to 15th September, 1999.

These priceless jewels consist of a 173 piece collection, including the world-famous Jacob diamond, said to be the seventh largest diamond in the world.

We are hoping to arrange a knowledgeable guide to enhance the value of this visit for the group. We shall meet in the lobby of the museum,

**on Wednesday 8th September, 10.15 am, at the National Museum, Janpath  
(just south of Rajpath).**

*\*At the time of going to Press the National Museum were not able to confirm that this exhibition would take place on these dates. Please check with the circle leaders.*

### Healthwise

### Molestation - Facts & Prevention

**I**t is prevalent and needs to be talked about. Molestation comes in many guises: harassment, assault, rape and incest, and women are the silent victims regardless of age and generation. These social crimes remain largely cloaked in secrecy despite their great prevalence not only in India, but many other countries too.

With over 25 years of medical experience and a comprehensive commitment to social development, Dr. Shakuntala Dawesar, physician and family counsellor, columnist (Hindusthan Times) and notable resource person on AIDS and gender matters, shares her knowledge and sheds some light on these controversial issues, including possible measures for further pursuit.

**Friday 10th September 1999, at 3.00 pm  
at the home of Tess Hertzog, 35 Poorvi Marg, Vasant Vihar,  
Tel : 614 0187.  
Limited to 35.**

### Food & Flowers

### Italian Theme

**H**otel Hyatt Regency has kindly agreed to host a demonstration of Italian cooking at their La Piazza restaurant. Chef Piermario Cremella, with a vast experience of his country's cuisine, will be revealing to us some of the secrets of how he makes his favourite dishes so deliciously mouth-watering.

**Friday 17th September, 1999, at 10 am, Hyatt Regency Hotel,  
Bhikaji Cama Place, New Delhi  
Limited to 40 people.**

# CIRCLE PROGRAMMES

## Spotlight

## Pearls

**T**hey say pearls are for tears, but few worldly wise ladies will be found without a pearl ring, earring, choker or necklace. Unlike mineral gems, which are hard and reflect light, pearls are rather soft and absorb as well as reflecting light. Oysters and other shell-forming molluscs make a special substance called *nacre* that lines the inside of their shells. This smooth lining, called the nacreous or pearly layer, is often wonderfully lustrous, and when a grain of sand or such intrudes inside the mollusc shell, to make it tolerable, it is covered with *nacre* and slowly grows into a pearl. This lustre and light absorption allows the pearl to blend well with the human skin, making pearls one of the world's most loved items of jewellery.

Come and listen to our very own Milagros "Jiji" Rentsch, as she shares with us her passion for pearls. *Jiji* has been studying pearls as a hobby for the past sixteen years. Through a talk and slide show she will tell us about the different kinds of pearls, how they are formed, how to care for them and how to choose good pearls for yourself and your loved ones. She will also show us how to string pearls! If you have an interesting piece, do wear it or bring it along so that *Jiji* can talk about it.

Thursday 23rd September 1999, at 3 pm.  
at the home of Jiji Rentsch, C-30 Pushpanjali Farms, New Delhi  
98110 25408 Tel. : 556 9082  
Limit 50 persons

*Transport: For those who wish to convoy, we will meet at the IIC Parking lot and will leave at 2-15 pm sharp. To arrange a lift, contact Priscilla Confiado (91 365 420) or Smita Ghatate (332 9823/9346) or Indra Jerath (625 0560)*

## CULTURE PANORAMA

## SACRED SOUNDS

**A**um and Amen, Ameen Shalom ..... sacred sounds from different epochs, different yet so similar. This talk will attempt to glide from difference to oneness, from grosser to the more subtle.

The thesis : experience inner silence and you can tune in to your sacred sound. Remember, sound comes first. God said "let there be light".

The speaker is Mr. Sanjiv Kakar, who is Professor of English at the Delhi University. He has done extensive research into leprosy, different kinds of energy healing like Reiki and pranica. He is studying Sanskrit and experimenting with various systems of meditation.

Friday 24th September 1999, at 3 pm  
at the home of Aruna Varma, A-123 New Friends Colony, New Delhi 110065  
Tel.: 684 8925, 692 6743  
No restriction on numbers.



# CIRCLE PROGRAMMES



## Book Mark

## Publishers' Panel Discussion

**W**e kick off with a panel discussion group, comprised of three speakers - Miss Poonam Malhotra of the Full Circle, Mr. Sanjiv Seth of India Ink and Mrs. Shiela Sandhu of Kamal Prakashan. They will explore for us the joys and tribulations of their publishing world.

**Tuesday 28th September 1999, at 3 pm**  
**at the home of Nayana Goradia, 145 Sunder Nagar, New Delhi - 110003**  
**Tel. : 461 7859, 461 5703**  
**Restricted to 30**

## From the Editor's Desk



- 1 You will note that in this millennium year we have changed the names of all of our Circles. Although innately the same, they will reflect fresh inputs and new perspectives. We hope that you will welcome the new team and their initiative, and enjoy their programmes.
2. ATTENDANCE REMINDERS: members unable to attend the monthly general meeting, for whatever reason must give prior notice in writing to the Membership Chairperson - this year Josefina Young.
3. Circle Leaders have worked hard not only to provide interesting and diverse activities but also to find venues for their programmes. Please be considerate and R.S.V.P. if attending. Having done that, of course, if for some reason you subsequently cannot attend, please let one of the Circle leaders or the Hostess know.
4. ANNUAL SUBSCRIPTION: Members are reminded that all dues must be paid by 15th October, but preferably immediately. Dues are now Rupees 850, an increase of Rupees 25 over last WIC year, to cover increased printing and postage costs. The Treasurer has asked that all cheques be crossed and annotated "A/C PAYEE ONLY"
5. FAREWELLS: We bid fond farewell to:
  - Saiqa Sami
  - Malkanthi Nanayakkara
  - Suhardini Suwardi
  - Jacqueline Dalbousiere