



# WIC *News*

September, 2002

## General Meeting - September, 2002

### 'Conservation challenges in India'

**Amita Baig**, a heritage management consultant who has worked extensively with the most important conservation foundations of the world, will present a talk with slides about the special challenges facing those working to conserve and protect heritage sites in India.

**Wednesday September 18th at 3 p.m.**

At the Residence of the Syrian Embassy

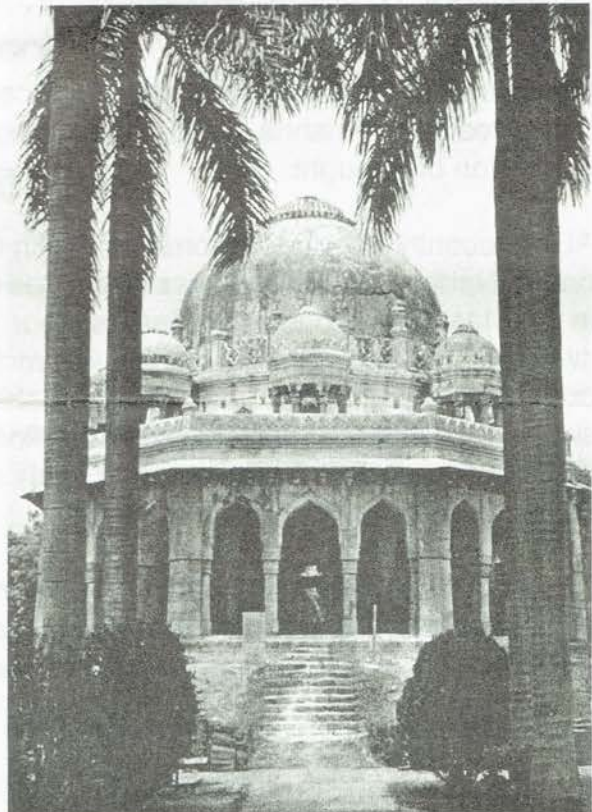
**Marcelle Mahfoud**

**15, Olof Palme Marg, Vasant Vihar**



Above: Interior walls of the Jaisalmer Fort

Left: Lodi Garden monument (currently undergoing a facelift).





## The Presidents Letter, September, 2000

### Dear friends

Now that the new club year has started, I would like to extend a very hearty welcome to all of you. I expect many of you to have gone away on holidays to visit your families and friends and come back relaxed and refreshed. Those who have braved the summer in Delhi, which was particularly intense and unusually long this year, deserve commendation. I imagine you'd be all ready to plunge into the new years activities now...

We have formed some new circles to cover the wide range of activities of the club in a specialized way and I must congratulate the leaders for the hard work they have put in in planning. Of course, as we go along, suggestions from members will be welcome. Please feel free to put in your suggestions in the suggestion box kept next to the signatures register.

We have quite a lineup for you ....

**Focus** begins this year on the theme of love. We have a past-life therapist and a counselor on "partner" to talk to us on love myths. **Health and fitness** begin on an astrological note. And **Culture** has a special programme on Syria. For our **General Meeting** on the 18<sup>th</sup> Sept. we have a well known conservation expert, Amita Baig tell us about conservation challenges in India.

India has elected an eminent scientist and a recipient of the 'Bharat Ratna'.. Dr. Abdul Kalam as the President. Children have been the main inspiration for authoring some of his widely read books. He invited over a hundred children for his swearing in. His biography and scientific outlook will inspire us to work towards a healthy and a prosperous nation and for the future generations.

However, this summer, India lost her Vice President, We sincerely mourn the death. of Vice President Krishna Kant, a respected freedom fighter and a person known for his conviction of thought.

At the recently concluded Commonwealth Games at Manchester, an inspiring figure has been Natalie du Toit who was named as the outstanding athlete. She had competed in the last Commonwealth Games four years ago at Kuala Lumpur as a promising swimmer, but tragically lost her leg in a motorbike accident last year. She was back in the pool three months later and this year she not only won gold medals in the disabled swimming events but also made it to the final of the able bodied 800 m event at Manchester. We find inspiration from persons such as these who have fought against odds and contributed to making the world better.

This month, on the 11<sup>th</sup> September, we join in spirit, with the memorial services which will be held all over the world for those who succumbed to the tragic events of last year. We do hope there is an end to violence and we are all able to live in this world where love and peace prevail.

with best wishes.

Neil Shalata

# Women's International Club Executive Committee 2002-3

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**Sheila Ghatate, President**

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Email: [sghatate@satyam.net.in](mailto:sghatate@satyam.net.in)

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**Jane Priestman, Treasurer**

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Phone: 42 1012/431 5048 Fax: 431 4016

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**Kusuma Rao, Hospitality**

Phone: 696 1230 (h)

To reply for events: 685 6503, 656 3496, 685 2587 Only between  
10 am - 5.30 p.m Monday - Friday or email to: [sterling@net4india.com](mailto:sterling@net4india.com)

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**Carolyn Fitzpatrick, Newsletter**

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Mobile: 9810 096493

Email: [cminindia@vsnl.in](mailto:cminindia@vsnl.in)

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It is time to pay membership dues again -  
so please come prepared to the September meeting!



# Circle Leaders - 2002-2003



History of  
Art and Crafts

Nathalie Trouveroy  
Fiorenza Richter  
Lakshmi Chandra

Belgium  
Italy/Germany  
U.S.A.



Culture

Parbeen Kaur  
Veena Dass  
Marcelle Mahfoud  
Priya Khanna

India  
India  
Syria  
India



Travel

Monika Sharma  
Sigrun Shrivastava

Germany  
Germany



Focus

Nayana Goradia  
Sheila Thadani-Chauhan  
Alexandra Faesler

India  
India  
Mexico



Cuisine

Bapsi Nariman  
Petro Potgieter

India  
South Africa



Music and Dance

Nandita Lahiri  
Monia Kasri

India  
Tunisia



Health and Fitness

Bozena Volkova  
Serita Kakar  
Dr Shankuntala  
Dawesar

Slovakia  
India  
  
India

## About our new Circles....

Dear Ladies,

By the end of this WIC-season we will have conducted about 50 circle programs and I am sure we will have contributed to the main objective of our club: To bring ourselves closer together in friendship.

The first thing that came into my mind when I started framing my ideas was the fact that 'we ourselves' do have a great potential of highly interesting personalities in our club. I would like to share time and knowledge with all of you!

While choosing the circles together with our president Sheila, I tried to keep a balance between existing topics like Culture, Focus (earlier Face to Face), Health and Fitness (includes Body and Mind) and Cuisine (who wants to miss that one?). Getting brilliant ideas from some of you about programs on History of Art, I decided to focus on that special issue this year.

We all come from about 40 different countries. Imagine! So let us hear more about these countries from your point of view in our Travel Circle and we will organise some nice little trips (and maybe one bigger one).

And last but not least, the circle of 'Music and Dance' will bring us joy and happiness. Let me say 'thank you' to all my circle leaders for raising so many good ideas, it is you, who will be the backbone of this years activities. I am looking forward to work with all of you!

Best regards,  
Cosima Klinger-Paul  
1st Vice President

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### Health and Fitness Circle 'Astro Remedies'

presented by Ahok & Joshi Acharya



Medical astrology is a science of cosmic synergy, which can help you maintain the life-force in your body, mind and soul.

**Tuesday 24th September at 3 p.m.**  
**At the home of Radhika Birla and Veena Dass at**  
**27 Aurangzeb Road, New Delhi**

**Contact Kusuma Rao 685 6503,656 3496, 685 2587**  
Only between 10 am - 5.30 p.m Monday - Friday

or email: [sterling@net4india.com](mailto:sterling@net4india.com)

**Limited to 30 people**





## Focus

### "Romantic Love: East Vs West - Radha and Krishna/ Tristan and Isult"

Presented by Rashna Imhasly

Rashna will give us a slide lecture on love myths between east and west. Rashna Imhasly is a practising psychologist and author of the book "Psychology of Love - Wisdom of Indian Mythology". She is a past therapist and a counsellor on 'partner' therapy. She and her Swiss husband live in Delhi. Rashna is actively involved in ecological, peace and reconciliation projects and regularly leads training workshops and courses in Switzerland, Germany, Holland, Mexico and India.

**Thursday September 26 at 3 p.m.**

**At the Henry Lawson Centre, Australian High Commission Compound,**  
**(entry through Gate 7, Niti Marg). Hosted by Sandra Power**

Contact Kusuma Rao 685 6503, 656 3496, 685 2587

Only between 10 am - 5.30 p.m Monday - Friday

or email: [sterling@net4india.com](mailto:sterling@net4india.com)

**Limit 50 People**



## Culture Circle 'Archaeological Sites'

Presented by Marcelle Mahfoud

The talk which will include a slide show will focus on sites that are of historical importance in this ancient land.

**Friday September 20th at 3 p.m.**

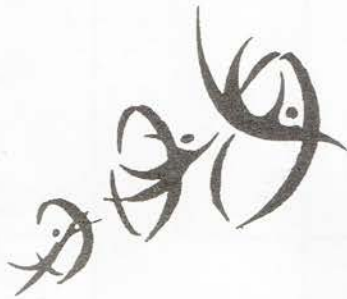
**at 15, Olof Palme Marg, Vasant Vihar**

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**Limit 50 people**



## WIC Farewells some friends

Sadly we have had to farewell three WIC friends over the past couple of months.

We wish Susan Boggs, who is now living in Kathmandu, Michiyo Sielecki and Janet Macan well in their new endeavours.

Please note these address and telephone changes:

### Dr Kusum Ansal

'Vishranti', 26 Ferozshah Road, New Delhi, 10001  
New Telephone numbers: 3737755, 3737744

### Vinu Baig

New address and telephone number:  
D/1997, Palam Vihar, Gurgaon, 122017, Haryana  
Ph: 91 646 1187, 91897 1346 Mobile 98100 77278  
Email: vinubaig@vsnl.com

### Fremmy Billimoria

New telephone number 865 2520

### Shireen Khemchand

New telephone number 864 1731

### Ms Seita Vaidialingam

New Address and Telephone number:  
Advocate, 15 Lawyers Chambers, Supreme Court of India, Tilak Marg, New Delhi  
New telephone number 33 88716 and 33 87424 mobile: 98101 37479

## Cuisine News



This year we have some bright new ideas for the 'Cuisine' program. As we go along you will come to hear what they are so please read your newsletter carefully.

The first idea is to ask all members to send one or two of your favourite, easy, recipes, (not more), typewritten, with your name, country, serves how many people - and if using a microwave at what power setting it has to be cooked.

At the end of the year we hope to compile a book for our members ONLY - so be quick as we are sure you would not like to have your name left out! All the recipes must be in by the end of October if you wish to be in the book. We wish you good luck and we will see you at our first Cuisine program which will be in October,

Bapsi Nariman, Petro Potgeiter



# September-2002

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 <i>General Meeting</i> 15 Olof Palme Marg, Vasant Vihar 3 pm.	19	20 <i>Culture Circle</i> 15 Olof Palm Marg, Vasant Vihar 3 pm.	21
22	23	24 <i>Health and Fitness</i> 27 Aurangzeb Road, New Delhi 3 pm.	25	26 <i>Focus</i> Henry Lawson, Australian High Commission Compound 3 pm.	27	28
29	30					