



NEWS LETTER

WOMEN'S INTERNATIONAL CLUB DELHI
since 1970



Sri Lanka
8 nights & 9 Days

FEBRUARY 2024

DISCOVER OUR MONTHLY PROGRAM
CREATED ESPECIALLY FOR YOU

PRESIDENT'S ADDRESS - GENERAL MEETING
CIRCLE MEETINGS - CALENDAR - MEMORIES



PRESIDENT'S ADDRESS

Fatimata KANE HAIDARA, *President*

Dear members of the Women's International Club,



February is coming with its share of freezing cold which only makes us want to stay under the covers and enjoy watching our favorite film through the steam of a hot chocolate. But with professional and social obligations taking precedence over everything, we have no other choice but to face the extreme cold for these two noble causes. However, the month of February is also the month of love, something truly uplifting.

This year, WIC will devote a special general meeting to Valentine's Day with a dress code: all in red.

Therefore, I dedicate the sweet love song of Chris de Burgh: «The Lady in Red», to all the wonderful WIC ladies.

Dear wic members,

Interesting programs on wellness, food and art are elaborately prepared this month for you by the Executive Committee and the Circles leaders. We will have also the opportunity to learn more about artificial intelligence.

Furthermore an exciting domestic trip at Gwalior and another trip, in one of the most beautiful Island-nations in the world, Sri Lanka, are also in process for great experiences and unforgettable memories.

As usual, many thanks to all of our gracious hostesses of January.

I wish to everyone a wonderful month filled with peace and love.



EXECUTIVE COMMITTEE 2023/2024



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CIRCLE LEADERS 2023/2024



ART AND BOOKS

Art : Sunaina Suneja, Véronique Dieu
Books : Svetlana Romanova, Anita Dua



CULTURAL HERITAGE / INTERACTIONS

Seema Bhalla, Rene Singh , Yulia Aryaeva



FASHION AND TEXTILES

Madhu Jain, Leena Singh, Radhika Anand



FINANCE AND ECONOMICS

Gitanjali Mehta, Madhavi Divan Goradia, Smita Mankad



FOOD AND FITNESS

Frenny Billmoria, Sunaina Aggarwal, Bogusia Dhingra



LUNCH BUNCH

Bindu Talwar, Megan Reid, Surinder Sarna



MOVIES / DOCUMENTARIES / THEATRE

Sinia Duggal , Alice Cheng



PERFORMING ARTS

Shovana Narayan, Shivani Pasrich, Saskia Rao De Haas



SPECIAL PROGRAM MEMBERS CHOICE

Bubbles Suneja, Sunandini Kapur, Anita Dua



TRAVEL

Ruchika Rajan, Ashima Singh, Raveena Khurana



WORLD TODAY

Rosie Sahni, Anat Brenner, Peggy Bhohi



WORLD FESTIVAL (for information Only)

Sheila Ghatate, Smita Divan, Seità Vaidialingam



CIRCLE MEETING

LUNCH BUNCH

Friday February 9th 2024, 1 pm

Olive Bar and Kitchen at Qutab

Venue : Olive Bar and Kitchen, One Style Mile, 6-8, Kalka Das Marg Mehrauli, New Delhi, 110030

Rs 2100/- per person including taxes

"Olive Qutub is a hideaway where good food, laughter, culture and conversation come together in a delightful melting pot. Fashion, art, music and style fuse here to create an unforgettable Mediterranean mosaic.

Dappled sunlight on soft arm chairs. A white pebbled courtyard punctuated by bougainvillea. Worlds collide and time stops in this Mogul mansion turned alfresco Mediterranean restaurant. Casual elegance with its beautiful white walls, a vast Banyan canopy, and a stunning, star-lit, and a tree-top terrace bar under the shadow of the Qutub

Minar makes it the best restaurant in Delhi. Welcome to a space so that the Condé Nast Traveler US rated this multi-award winning restaurant as one of the world's best new restaurants in 2004."





GENERAL MEETING

Wednesday February 14th 2024, 3 pm

Love in Today's Parlance : Unraveling its Essence in the era of St Valentines Day.

Venue : Residence of Ravina Khurana, 49 Lodi Estate New Delhi
Tea hosted by Ravina Khurana / Dress code : **red**

Nandini Bhalla, a senior journalist with over 18 years in fashion, beauty, and lifestyle, made waves as one of the world's youngest Editors by launching Grazia at 24. Later, she led Cosmopolitan India, infusing it with a fierce feminist voice. In 2020, she took on the roles of Editor at Harper's Bazaar and Brides Today. Currently, as Editor-in-Chief of The Word Magazine, Nandini blends print quality with digital speed, disrupting the media landscape.



We will be in conversation with **Arati Singh** CEO Goodtimes (Formerly NDTV Goodtimes) and **Nandini Bhalla** Editor-in-Chief The Word Magazine to discuss the intricate facets of love in today's context. We will delve into the evolving dynamics shaped by modern influences. From the traditional ideals of St Valentine's Day in the west and the God and Goddess of love as Kama Dev and his consort Rati in India - to the contemporary expressions of love - this evening aims to explore the multifaceted nature of relationships and emotions in our fast paced digitally connected world. Let's dissect the impact of technology, changing societal norms, and individualistic perspectives on the essence of love, and how these factors shape the way we celebrate and comprehend Valentine's Day today.

Arati Singh started her career at NDTV news in 1995 and later became the head of the team that launched India's first daily breakfast show, "Good Morning India." In 2003, she played a crucial role in establishing NDTV's news channels, setting up the production division in Mumbai.

Arati conceptualized and produced the award-winning show, "Jai Jawan." In 2007, she contributed significantly to the launch of NDTV Goodtimes, pioneering wedding programming in India. As the CEO since 2019, she guides the company towards a digital, multi-platform, and multi-lingual strategy for broader audience reach.





CIRCLE MEETING

ART AND BOOKS

Friday February 16th 2024, 3 pm

Khursheed R Nariman, Sculptor : talk and presentation

Venue : Residence of of Madhavi Divan Goradia, 9 Nizamudin East, New Delhi 10013

Limit 30. Please register yourself with Simrit SINGH (Hospitality Chairperson), mobile 98107 52525 and email simritksingh@gmail.com
Confirmation based on first come basis in view of limited slots.

K R Nariman is a Bronze Sculptor. She was born in New Delhi, where she currently resides and works. Her artistic inspiration comes from her learnings at the studio of K.S. Radhakrishnan where she spent three years honing her sculpture skills before completing her masters (MFA), from the University of the Arts, London. She has had her first set of solo exhibitions in Delhi, Mumbai and Ahmedabad. Some of her notable group exhibitions have been at the 'Paris Art Fair' in France, 'Milan Art Fair' in Italy, 'India Art Fair' in India, India's first Art, Architecture and Design biennale 'Wildlife artist of the year' and 'Royal Society of British artists' at the 'Mall Galleries' in London and 'Van Gogh Art Gallery' in Spain. She has been featured in AstaGuru auction house among Contemporary Artists. She has won numerous awards for her Bronze Sculptures. She won the 'Special Award 2019' by Delhi Minorities Commission, and has been the Wildlife Artist of the Year Award, NCT Delhi for Sculpture the Year Award, and the John Ruskin Prize: Agents of Change.



«As an artist, I respond to the world around me, as well as try to shape it, by raising awareness and encouraging critical thinking. I have always been an animal lover and have a profound appreciation of nature. So, inevitably, the issue that engages me the most is the basket of critical interconnected ecological problems facing our planet. Increasing awareness about these matters is a crucial factor in bringing about change in the way people think and behave. It is the first step towards any meaningful transformation and is one of the main reasons I make art.

My topic of choice is therefore one that has engaged my being for the past decade: bronze sculpting. Bronze casting can be traced back 2500 BC and these techniques are still being used by bronze casters throughout the world today. My presentation is a small video clip on the process of making these sculptures from point A to Z. I shall explain with visual aid the process of making a bronze artwork by hand using sustainable practices from scratch.» *K.R Nariman*





CIRCLE MEETING

FINANCE AND ECONOMICS

Monday February 19th 2024, 3 pm

Artificial Intelligence: how it will impact the economy and our lives

Venue : Hemant and Shivani Pasrich's residence,
212, Jor Bagh, New Delhi - 110003

Limit : 25/30. Please register yourself with Simrit SINGH (Hospitality Chairperson), mobile 98107 52525 and email simritksingh@gmail.com
Confirmation based on first come basis in view of limited slots.



About the speaker

Samit Tandon is a strategic consultant, with nearly 30 years of experience in helping governments, corporations, philanthropies and social movements envision their futures and shape their own pathways in the context these futures.

Samit has worked in tech, media, healthcare, education in over 15 countries.

He is also a registered strategy faculty for the Harvard (HBSP) Global Learning team.

For now, he is trying to raise his 3.5 year daughter, struggling to multi-task and hoping that women from WIC will have some advice to offer him!



CIRCLE MEETING

FOOD AND FITNESS

Frenny , Sunaina and Bogusia present Food and Fitness event :

**The power, mysteries and magic of the mind:
reference to dementia and alzheimer etc.**

by the renowned Dr. Mohit Gupta

Wednesday February 28th 2023, 11.15 am

**Venue : Prama Bhandari's residence, 8 Padmini Enclave,
Hauz Khas, New Delhi.**

Followed by Vegetarian Lunch.

Limit : 35 plus.

Dr Mohit D Gupta is currently working as Professor of cardiology in GB Pant Hospital. He is also the Cardiologist in Parliament Health Annexe. He did his postgraduation and super specialization from Maulana Azad medical college and associated Lok Nayak Hospital and GB Pant Hospital. Dr Gupta has been nominated as fellow of American College of Cardiology, European society of cardiology and Cardiological Society of India and Fellow of Royal College of Physicians, Edinburgh. He has been recipient of prestigious DP Basu memorial award for the young scientist of the year by Cardiology society . He received National Cardiology Best innovation award for the year 2021 by Cardiological society of India for his excellent collaborative work in Artificial Intelligence in heart attack patients.



He has been awarded DMA excellence award for contribution to Medical fraternity for the year 2020. In 2019, He received Prestigious KL Wig oration by association of Physicians of India.

Gupta was recently honored with "Excellence in Cardiology 2018" award by Honorable Minister of Health and Family welfare (Mr J P Nadda). For his excellent research in genetics, he was awarded Bishan Swaroop young scientist of the year award 2018 by Honorable Vice President of India. He has been awarded

DMA excellence award for contribution to Medical fraternity for the year 2020. He is well known personality with dynamic prospective towards life. His kind enlightening words have been an inspiration to millions around the world. He has given numerous lectures and conducted symposias all over the world (In USA, UK, Oxford and Cambridge University, Africa). He has also spoken to reputed institutes like IIM, IIT, SCOPE, IOL, KGMC, SGPGI, Siemens global and many more. He has blended scientific evidence of spirituality in his lectures.



FEBRUARY

2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1		3
4	5	6	7	8	9 LUNCH BUNCH Olive bar and kitchen at Outab 1 pm	10
11	12	<i>Happy Valentine's Day</i>		14 General Meeting 3 pm	15	16 ART & BOOKS Khursheed R Nariman Sculptor 3 pm
18	19 FINANCE ECONOMICS Artificial intelligence, its impacts 3 pm	20	21	22	23	24
25	26	27	28 FOOD & FITNESS The power, mysteries and magic of the mind 11-15 am	29		

TRAVEL CIRCLE
Sri Lanka 12 th March -21 March
Gwalior 1st April - 4 th Apr



WIC TRAVEL CIRCLE

DOMESTIC TRIP

A road trip to Enchanting Gwalior : A UNESCO world heritage city

3 nights and 4 days tour to Gwalior - 1st to 4th April 2024 [Monday - Thursday].

- Travel by luxury bus from Delhi to Gwalior on the refurbished Agra Expressway.
- Stay at the newly renovated Taj Usha Kiran Palace for 3 nights.
- Private curated viewing of the Palace and Jai Vilas Palace museum.
- Night tour of Gwalior.
- Visit to Gwalior Fort and Tansen's tomb.
- Day trip to Orchha
- Bit of shopping.
- Back to Delhi

Bring your walking shoes.



Taj Usha Kiran Palace



WIC TRAVEL CIRCLE DOMESTIC TRIP

The trip is being organised solely by the WIC members and no travel Agency is involved. Therefore we have time constraints to hold onto the bookings for best rates and request you to confirm if you would like to go on the trip ASAP.

Once confirmed no cancellations or refunds will be possible.

All inclusive price

Rs 55,000/- per person based on double occupancy - 2 people sharing a double/ twin bedded room.

Rs 78, 895/- per person based on single occupancy room.

Cost is based on 20 people travelling.

Price excludes

Alcoholic beverages and personal shopping.

Please contact for any queries, question, details required.

Ashwini Pai Bahadur : 9810129873

Ravina Khurana : 9810061250

Ashima Singh : 9711163353

Ruchika Rajan : 8800117259

Payment modes : amount Rs. 55000:-

ONLINE PAYMENTS

W O M E N S INTERNATIONAL CLUB

ACCOUNT No: 50100075742084

RTGS/NEFT/IFSC CODE: HDFC 0000003

HDFC BANK 209-214 KAILASH BUILDING

26 KASTURBA GANDHI MARG N E W DELHI 110001

CHEQUE PAYMENTS

Please make all the cheques in the name of WOMEN'S INTERNATIONAL CLUB and mention your name in CAPITAL LETTERS and PHONE NUMBER at the back of the cheque.

Cheques can be handed over to the following:

Anushree Mahajan : 98182 49594 / Ashwini Pai Bahadur : 9810129873 / Ravina

Khurana : 9810061250 / Ashima Singh : 9711163353 / Ruchika Rajan : 8800117259

You can also contact them for any further queries. Questions and details .



WIC TRAVEL CIRCLE

Sri Lanka 8 nights & 9 Days

Brief Itinerary

Day 01: Arrival at Colombo Airport

- Arrive Colombo and transfer to the hotel. Breakfast & Early Check-In to the hotel
- Later, proceed for Colombo City Tour
- Dinner at the hotel
- Overnight in Colombo

Day 02: Colombo to Dambulla

- Breakfast and check out from Colombo hotel
- Proceed to Dambulla. En-route visit **Pinnawala Elephant Orphanage**
- **Visit Dambulla Cave Temple.**
- Check-In to the hotel
- Dinner at the hotel
- Overnight in Dambulla

Day 03: Dambulla

- Breakfast at the hotel
- **Visit Sigiriya Rock**
- Visit the **Ancient City of Polonnaruwa**, a World UNESCO Heritage Site.
- Later evening **Safari Ride in Minneriya**
- Return to the hotel and relax
- Dinner at the hotel
- Overnight in Dambulla

Day 04: Dambulla to Kandy

- Breakfast and check out from Dambulla hotel
- **Visit Spice Garden**
- **Visit Sri Muthumariamman Temple.**
- **Visit the Kandy Tooth Temple**
- Check-In to the hotel
- Dinner at the hotel
- Overnight in Kandy

Day 05: Kandy to Nuwara Eliya

- Breakfast and check out from Kandy hotel
- **Visit Royal Botanical Gardens, Peradeniya**
- **Visit Sri Bhaktha Hanuman Temple & Ramboda Falls**
- Learn about Tea Production.
- Check into the hotel and relax
- Dinner at the hotel
- Overnight in Nuwara Eliya

Day 06: Nuwara Eliya

- Breakfast at the hotel
- **Visit Gayathri Pdam**
- **Visit Seetha Amman Temple**
- Later explore the **City of Nuwara Eliya - Gregory Lake, Victoria Park & Hakgala Botanical Garden**
- Return to the hotel
- Dinner at the hotel
- Overnight in Nuwara Eliya



WIC TRAVEL CIRCLE

Day 07: Nuwara Eliya – Ella - Galle

- Breakfast and check out from Nuwara Eliya hotel
- **Train ride from Nuwara Eliya to Ella**
- **Visit Nine Arch Bridge, Ella**
- **Visit the Ravana Waterfall**
- **Explore the Galle Fort and the City Center of Galle**
- Check into the hotel and relax
- Dinner at the hotel
- Overnight in Galle

Day 08: Galle to Colombo

- Proceed Whale watching tour (Optional)
- Breakfast at the hotel and check out from Galle hotel
- **Visit Galle Mesum**
- Shopping tour in Colombo
- Check into the hotel and relax
- Dinner at the hotel
- Overnight in Colombo

Day 09: Departure from Colombo

- Breakfast at the hotel and check out from Colombo hotel
- Transfer to the airport.

Tour End

Package Details and Pricing

No. of nights	Destination	Hotels	Rooms
1	Colombo	Taj Samudra 5* https://www.tajhotels.com/en-in/taj/taj-samudra-colombo/?utm_source=Google&utm_medium=Local&utm_campaign=Taj-Samudra	Deluxe
2	Dambulla	Cinnamon Village Hotel, Habarana 4* https://www.cinnamonhotels.com/habaranavillagecinnamon	Superior
1	Kandy	Clove Villa 4* http://www.clovevilla.com/en/the-villa.php	Superior
2	Nuwara Eliya	Heritance Tea Factory 5* https://www.heritancehotels.com/teafactory/	Superior
1	Galle	Radisson Galle 5* https://www.radissonhotels.com/en-us/hotels/radisson-blu-galle?cid=a%3Ase+b%3Agmb+c%3Aapac+i%3Alocal+e%3Ardb+d%3Aseap+h%3ALKCMBGAL	Deluxe
1	Colombo	Taj Samudra 5* https://www.tajhotels.com/en-in/taj/taj-samudra-colombo/?utm_source=Google&utm_medium=Local&utm_campaign=Taj-Samudra	Deluxe

Land Package Cost:

INR 1, 05,599/- per person on Twin sharing basis + TCS

INR 1, 58,450/- per person on Single Occupancy + TCS

Tentative Airfare – INR 34,550/- per person on Sri Lankan Airways (Based on 10 Passengers)

**For further queries and reservations please contact
Travel Circle : Ruchika Rajan , Ashima Singh and Ravina Khurana**

Nominating Committee 2024

Chairperson :

Nayana Goradia

Email : nayana.goradia@gmail.com / Mobile : +91 9873441744

Members :

1. Sheila Ghatate
2. Leena Singh
3. Geetanjali Mehta
4. Megan Reid
5. Sunaina Aggarwal
6. Parbeen Kaur



Reminder from the nominations committee

Dear Members,

We invite nominations/self nominations for the position for the Executive committee 2024-2025.

The closing date for receiving nominations is **28th February 2024**.

As per the constitution the Executive Committee consists of 4 Indian officers and 4 from the International community.

We urge all our talented members to come forward and volunteer. It is time to give back to our Club, which gives us such a splendid platform for forging friendships and exchanging our cultural diversity.

So please reach out to the Chairperson of Nominating Committee via email or phone.

All nominations will be kept confidential.

Welcoming our new members

Francene Basalyga

Country : U.S.A

January 2024

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Mobile : + 91 9667742615

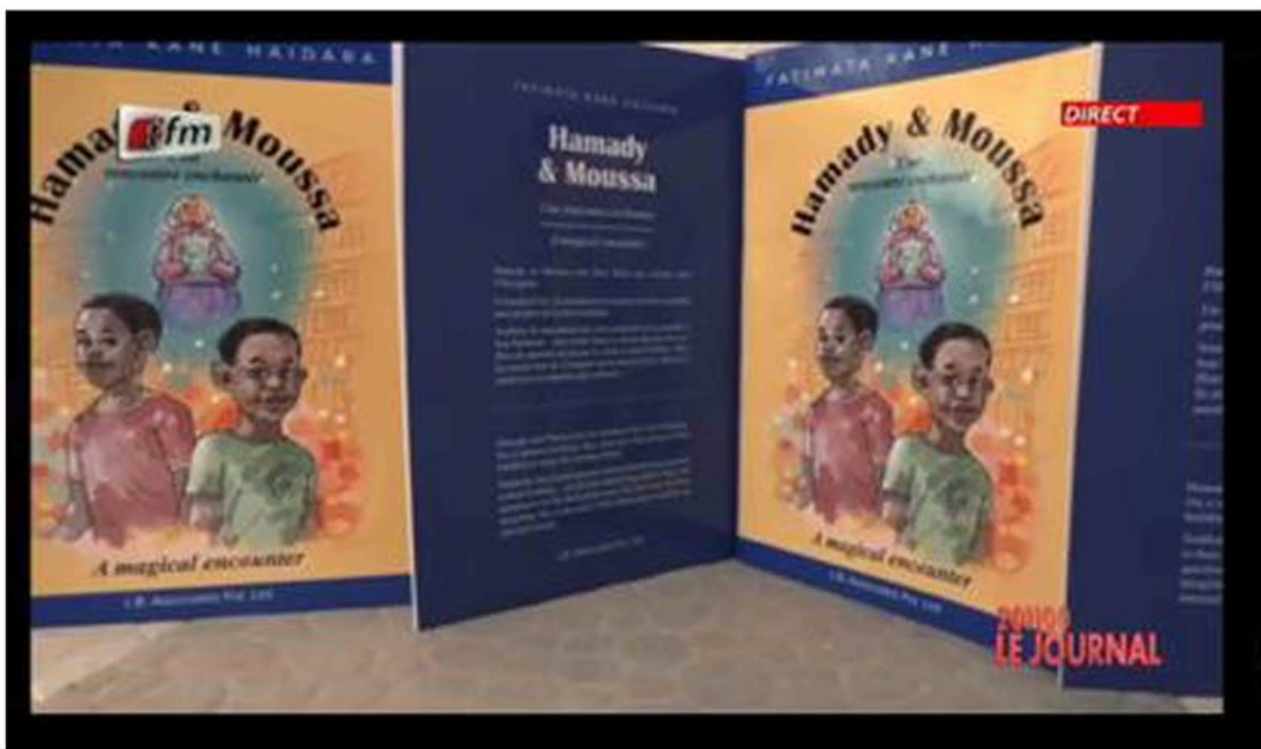
fbasalyga@gmail.com



Proud moments for the WIC Family



Congratulations to our President **Fatimata Kane Aidara** for her interview on National Senegalese Television about her storytale book called Hamady and Moussa, a magical encounter.



MEMORIES

GENERAL MEETING

Fabric defines life : Malvika Singh in conversation with Lakshmi Chandra
January 2024



MEMORIES

SPECIAL PROGRAMME

Russian New Year and Christmas traditions: Russian Old New Year, Christmas, Epiphany, and festive future-telling

Thank you to Kate and Svetlana for sharing a wonderful presentation detailing the interesting celebrations of Christmas and new year in Russia.



Followed by the highlight of us all making a wish the traditional way and indulge in some fortune telling with multiple and traditional props. Traditional song and dance by children from the Russian embassy school was the icing on the cake.



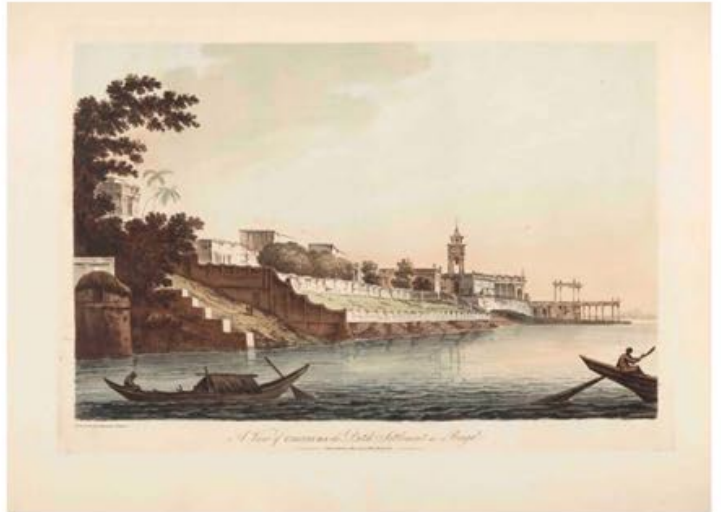
To end it all a sumptuous and magnificent high tea filled with Russian goodies helped us handle the winter chill.

MEMORIES

CULTURAL HERITAGE

India's architectural heritage by William Hodges

Our members at DAG attending a program of India's architectural heritage by William Hodges organised by Cultural Heritage Circle, Seema Bhalla, Yulia Aryaeva and Rene Singh.



MEMORIES

FASHION AND TEXTILES

Sunil Sethi and the India Story

Taking Indian Fashion, Craft and Textiles to the World

Our gratitude to Madhu, Leena and Radhika of Fashion and Textiles circle for an excellent program, Sunil Sethi, chairman, FDCI was in conversation with Rajiv Makhani and took the members through the journey of taking Indian fashions, crafts and textiles to the world.



WIC is grateful to Diana for hosting the event and the gourmet refreshments.

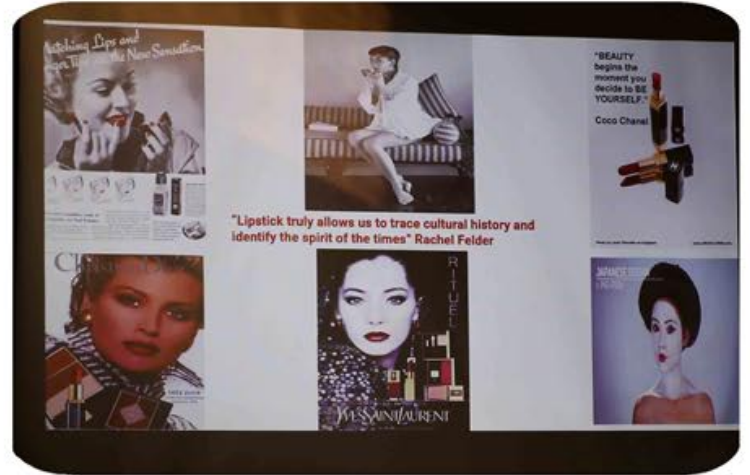


MEMORIES

ART AND BOOKS

The insolent history of lipstick, a symbol of emancipation and oppression

Few images of Art and Books circle's fascinating program on the insolent history of lipstick by Véronique Dieu.



The well attended program was graciously hosted by Sohinder Nabha and organised by Sunaina Suneja .



Thanks to the organisers and to the members who attended this beautiful program.

«If you are sad, put on lipstick and attack !» Coco Chanel



MEMORIES

LUNCH BUNCH

Introducing the Swiss cuisine «Zürich Geschnetzeltes

«Dear Ohn Ohn, I would like to thank you and all the members for feast we had this afternoon! It was such happy occasion - relaxing before lunch with glasses of wine and then enjoying an epicurean meal.»



«Thanks Ohn Ohn and everyone for putting together such a sumptuous meal. I loved meeting everyone today.»



WIC condolences



A Toast to Gita Devi Kapurthala by Prama Bhandari

Many people come into our lives; some stay a short while; some longer; some we even forget but there are some who leave an indelible mark in our hearts. Gita Devi was one such person.

I first met Gita in college, at Miranda House, before we were married. She came from the Royal Family of Jasdan in Gujrat whilst I was a commoner, a Punjabi refugee from Lahore. But she never let us feel different.

We all laughed, shared jokes and told stories.

Gita and I grew apart but then life brought us together again in Delhi. Always so elegant in her chiffon saris, she remained the same warm, caring interested in everything, be it books, poetry, music, people, social justice, Gita.

We shared a love of dogs. Her Doberman's were always so well behaved; mine were not. And then we became related through our German Shepherds. In the last two years, though we promised to meet in my garden over carrots and "moolis" from my farm, it never happened due to her ill health or mine. But she was always there for the DCWA and WIC.....she brought her warmth, her wither care, her dedication to both organizations. We shall all miss her elegant presence.

Ode to Gita Devi Kapurthala - by Frenny Billimoria

*To the Manor Bourne,
Saved by body frail with age and ill ness-
Even leaves have their time to fall!
In life - eloquent and accomplished, kind to mankind an animals alike,
With compassion ruled them all.
The cards of life were delt to her, as to all,
And she played the game of life with dignity, erudition, intellegence and a glass of wine.*

«We will all try but we will fail to express our sorrow at Gita Devi's passing with the eloquence, erudition, grace and charm she so richly embodied. May we attempt to emulate her warmth underwritten with dignity. Condolences to her family.» Peggy Sood

«She was a great lady - another of our wonderful members who make our club so very special - how much we are going to miss her exquisite manners, beauty and keen intelligence. She was engaged with the world till the end.» Lakshmi Chandra



H H Maharani Gita Devi of Kapurthala