



NEWS LETTER

WOMEN'S INTERNATIONAL CLUB DELHI
since 1970



Gwalior Fort

M A Y 2024

**DISCOVER OUR MONTHLY PROGRAM
CREATED ESPECIALLY FOR YOU**

**PRESIDENT'S ADDRESS - GENERAL MEETING
CIRCLE MEETINGS - CALENDAR - MEMORIES**



PRESIDENT'S ADDRESS

Fatimata KANE HAIDARA, *President*



**Dear Ladies
of the Women's International Club,**

I hope that you and your families are all doing well.

As the month of May is approaching, I would like to wish you a happy International Workers Day in advance. May your hard work and dedication be rewarded and fully blessed.

A warm welcome to the new members of Women's International Club (WIC)! It's an immense pleasure to see that our organization is growing more and more!

This month, the highlight activity of our Executive Committee (EC) and circle leaders is the Delhi Night Tour. A bright way to end the 2023-2024 EC's term with the lights of the capital illuminating our eyes!

A big thanks goes to all of our gracious hostesses of April and May.

Dear WIC family,

Looking forward to seeing you at the annual Gala, this year dedicated to Africa, on April 28th at the Claridges hotel.

And as summer has started manifesting with sunny days, don't forget to remain hydrated!

With my warmest wishes



EXECUTIVE COMMITTEE 2023/2024



PRESIDENT
Fatimata KANE HAIDARA

fakane2001@yahoo.fr
81307 77342



1ST VICE PRESIDENT
Anita DUA

anitadua@rediffmail.com
98109 89433



2ND VICE PRESIDENT
Ashwini PAI BAHADUR

Ashwini_pai_bahadur@yahoo.com
98101 29873



TREASURER
Anushree MAHAJAN

anushrem@gmail.com
98182 49594



MEMBERSHIP
Radhika BIRLA

radhika_birla@hotmail.com
98112 22402



SECRETARY
Anna JHA

annajha5@gmail.com
98185 45470



HOSPITALITY
Simrit SINGH

simritksingh@gmail.com
98107 52525



NEWSLETTER EDITOR
Isabelle TOUYAROU

touyarou@yahoo.co.in
9289027303

CIRCLE LEADERS 2023/2024



ART AND BOOKS

Art : Sunaina Suneja, Véronique Dieu
Books : Svetlana Romanova, Anita Dua



CULTURAL HERITAGE / INTERACTIONS

Seema Bhalla, Rene Singh , Yulia Aryaeva



FASHION AND TEXTILES

Madhu Jain, Leena Singh, Radhika Anand



FINANCE AND ECONOMICS

Gitanjali Mehta, Madhavi Divan Goradia, Smita Mankad



FOOD AND FITNESS

Frenny Billmoria, Sunaina Aggarwal, Bogusia Dhingra



LUNCH BUNCH

Bindu Talwar, Megan Reid, Surinder Sarna



MOVIES / DOCUMENTARIES / THEATRE

Sinia Duggal , Alice Cheng



PERFORMING ARTS

Shovana Narayan, Shivani Pasrich, Saskia Rao De Haas



SPECIAL PROGRAM MEMBERS CHOICE

Bubbles Suneja, Sunandini Kapur, Anita Dua



TRAVEL

Ruchika Rajan, Ashima Singh, Raveena Khurana



WORLD TODAY

Rosie Sahni, Anat Brenner, Peggy Bhohi



WORLD FESTIVAL (for information Only)

Sheila Ghatate, Smita Divan, Seità Vaidialingam



SPECIAL PROGRAMME

Friday May 3rd 2024, 6 pm till 10 pm →



Bus Heritage Tour de Force of SHAHR-I-DILLI

Venue : meeting point at Radhika Birla's residence, 27C, Dr APJ Abdul Kalam Road, New Delhi 110011

Limit : 14. Please register yourself with Simrit SINGH (Hospitality Chairperson) mobile 98107 52525 and email simritksingh@gmail.com



Join us for a memorable **Bus tour** that celebrates the rich heritage and vibrant culture of Delhi as we take you on a captivating voyage through its historical landmarks and hidden gems beautifully lit by the night.

We assemble at 6pm at Radhika Birla's Residence for a delightful evening of drinks and hearty snacks and proceed from Abdul Kalam Road at 7pm cruising along the tree lined boulevards of New Delhi, designed by renowned British architect towards the following monuments, heritage sites and iconic landmarks of Delhi.

1/ Qutab Minar 2/ Tughlaqabad Fort 3/ Abdul Rahim Khan-i-Khan's Tomb
4/ Humayun's Tomb 5/ Lodhi Garden 6/ Safdarjung's Tomb -Stop over at IIC
7/ India Gate 8/ Bangla Sahib Gurudwara 9/ Connaught Place 10./ Birla Mandir/
St Thomas Church 11/ Gyarah Murti 12/ TeenMurti.

The entire tour shall be interspersed and foregrounded with the historicity of Delhi as also its evolution as a metropolis. Anecdotes, trivia, vignettes, references to primary sources, oral records comparative religion, art history shall be all juxtaposed in the course of the narration.

Beeba Sobti serves as heritage and historical consultant to several prestigious organisations. Sobti is known for her avant garde heritage walks in Delhi. Her own research publications are entitled "Urban Cognition and Experience: The Story of Delhi" and "Dillinama". She is currently researching on a collaborative series titled, "Krishna Sobti ki Dilli", which is due for publication next year. Her book titled "Remembering Delhi" is an attempt to celebrate and dignify the city and its past heritage. "Indraprastha: She is currently heading the History Department at Modern School, Barakhamba Road, New Delhi, where she has been teaching since 35 years.



Wednesday May 8th 2024, 10.30 am

54th Annual General Meeting

Venue : Multipurpose Hall,
Kamladevi Chattopadhyaya Block,
IIC - India International Centre,
40 Lodi Road, Max Mueller Marg.

Dear Members

You are cordially invited to the Annual General Meeting.

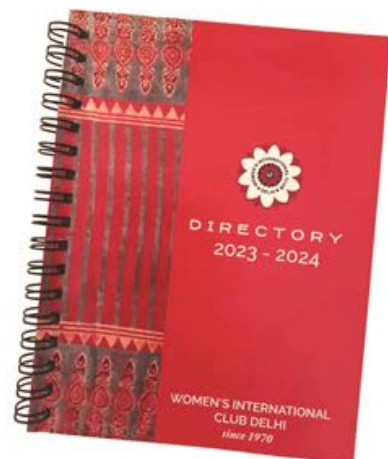
The order of events is as follows:

10:30 - 11:00 – registration

11:00 - 11:30 – distribution of new directories

11:30 - 13:00 – AGM

13:00 - 14:00 – lunch



The Executive Committee 2023-24

Fatimata , Anita , Ashwini , Anushree , Radhika , Anna , Simrit , Isabelle



CIRCLE MEETING

ART AND BOOKS

Friday May 17th 2024, 3 pm

Revival of historical estates in Russia : the story of an artist and the arts patron"

Venue : Embassy of Russia, Shantipath, Chanakyapuri, New Delhi - 110021

No limit but for security reason please register yourself with RSVP form and kindly let us know your car numbers.

Galina Stepanova is a renowned Russian patron of art and artist. She is famous for reviving the ancient manor called Maryino near St.-Petersburg (abandoned palace and park), which historically belonged to the noble family of the Stroganov-Golitsyns.

After 15 years of tireless work, the estate regained its former lustre and became a magnificent pearl in the necklace of palace suburbs of St. Petersburg. Due to Galina's efforts, the Maryino estate was not only restored, but also became a favourite place for artists to work and for many guests of the city to relax.

Now it is a vivid illustration of how historical heritage is being preserved in Russia



About the speaker

Galina Stepanova is an active member of the Association of Owners of Historic Estates and the National Association for the Revival of Historic Gardens and Parks. Galina made an amazing journey across India in 2009. It deeply touched her soul and raised lots of inspiration. The exhibition of paintings "Discovering India" is a kind of travel diary of the author.





M A Y

2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1		3 SPECIAL PROGRAM Bus Heritage Tour de Force of Shahr-i-Dilli 6 pm	4
5	6	7	8 Annual General Meeting 10.30 am	9	10	11
12	13	14	15	16	17 ART & BOOKS Revival of historical estates in Russia 3 pm	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Welcoming our new members

Svetlana IAKUSHEVA

Country : Russia

April 2024

Jor Bagh 125, 2nd floor

New Delhi 110003

Mobile : + 91 70420 16464

svetik.lyapina@gmail.com



Diviani VERMA

Country : India

April 2024

B-32, Sector 14

Noida 201301 (U.P)

Mobile : + 91 99993 60738

diviani.k@gmail.com



Khursheed NARIMAN

Country : India

April 2024

E-24 Geetanjali Enclave,

New Delhi - 110017

or 92, Golf Links, New Delhi - 110003

Mobile : + 91 98 990 97693

khursheednariman@gmail.com



Welcoming our new members

Boyoung SHIN

Country : South Korea

April 2024



D 395 Defence Colony, 2nd floor
New Delhi

Mobile : + 91 98113 54202

a01076690518@gmail.com



MEMORIES

LUNCH BUNCH

A taste of Italy

Some images of well attended Delicious Taste of Italy , lunch bunch circle program this afternoon at Jamie Oliver.



Thanks to Megan, the hostess and Bindu, Surrinder, Grace of lunch Bunch Circle.

MEMORIES

ART & BOOKS

«The gallery» - book discussion

Seema Kohli in conversation with Manju Kapur

Sharing images of the wonderful Book program : The Gallery, publisher: Penguin - by Manju Kapur in conversation with the well known Artist Seema Kohli.



Thanks to Jyoti for hosting the program! Humility of both the speakers is worth noting, acceptance for our program was instant and they arrived before time!!



MEMORIES

FOOD AND FITNESS

A lecture about «sleep»

Gratitude to Frenny, the organiser, Nima Malhotra the perfect hostess and the Food and Fitness Circle- Frenny, Sunaina Aggarwal and Bogusia for this excellent program on Sleep on the 3rd April with wonderful ambience .



You need rest, not sleep

People are often stressed as they are unable to sleep. However, you need rest and not sleep. It's a fact that if you rest for 7 hours even without sleeping you will feel fresh. However, people are unable to rest for even 15 minutes. They start changing positions on the bed, get restless, watch TV, check their phones etc. Lie down in a comfortable position. Adjust yourself such that you don't have to move. Slowly let go this body and tell yourself that you need rest.



Remain calm on the bed and tell yourself.

I need rest.

If I get rest it's enough.

I just need rest.

Just keep repeating these statements. Once you get the required rest the physiological rejuvenation will also happen.

Some pearls of wisdom from speaker's philosophy !!

MEMORIES

TRAVEL

Gwalior and Orchha, Unesco World Heritage site

After a Scenic road journey , siting the Dholpur Palace and famed Chambal valley , (Phoolan Devi's ravines) , we packed our day with a carriage tour at Gwalior afternoon walk tour of Scindia Dynasty Chattris and an evening tour of Maharaj Bada.



Next day we saw The Gwalior Fort which dominates the city and is the most significant monument. It has been the scene of events, imprisonment, battles and jauhars . Within the fort are some marvels of medieval architecture. The 15th century Gujar Mahal is a monument to the love of Raja Mansingh Tomar for his intrepid Gujar Queen, Mrignayani. We were back in the evening , to watch sound and light show.



A steep road winds upwards to the fort, flanked by statues of the Jain tirthankaras, carved into the rock face.



MEMORIES

TRAVEL

Gwalior and Orchha, Unesco World Heritage site

Museum tour of Jai Vilas palace post lunch was a treat . Deobagh, Neemrana tucked in wilderness was a complete surprise .



Excursion tour of Orcha, we saw beautiful architecture reminiscent of the Glorious era of the Bundelas. The ceiling paintings are still visible .



Stopped at The Jhansi fort, a living testimony of ancient glamor and valour, the eventful history of Bundelkhand.



Concluded the trip with a visit to Tansen's Chattri (tomb) and stone craft workshop .



MEMORIES

GENERAL MEETING

Upside Down : Polar Expeditions and more by Latika Nath



MEMORIES

FINANCE & ECONOMICS

Electric vehicles - truly green or not ? by Yatish Rajawat

An Excellent , educative , engaging program this afternoon on Electric vehicles v/s combustion vehicle . Our members were totally convinced by Yatish Rajawat's data based explanation that to reduce green house gas emissions, hazardous to our health we need to switch to not only electric vehicles in due course of time but to run our AC's / geysers with solar panels and thereby reduce carbon emissions !!



Members queries about the cost effectiveness and the kinds of EV in the market were all handled with such finesse by the speaker !! Thanks to Finance and Economics circle particularly Smita Mankad for organising and to Smita Divan , our ever generous , warm hospitable hostess for opening her house to us . The program had a very large attentive audience .

MEMORIES

WORLD TODAY

Morroco with Karima Kaderi

A big thank you to Karima for organising and hosting the program. Special thanks to Rosie of "World Today" circle for being catalyst for the lovely program.

